Campus Recreation*
Student Recreation Center
Room 360 • (208) 282-4854
- Fitness equipment and programs‡
- Massage therapy†‡
- Personal training‡

Center for New Directions#
Roy F. Christensen Building
Room 372 • (208) 282-2454
- Career counseling services
- Personal counseling services
- Single parent support services
- Non-traditional occupation support services

Central Academic Advising
Pocatello: (208) 282-3277
Museum Bldg, Room 307
Idaho Falls: (208) 282-7800
Bennion Student Union
- General Education requirements information
- Major or minor selection

Dietetic Programs
(208) 282-2961 or (208) 282-3091
- Nutrition questions
- Eating concerns

Disability Services
Pocatello: (208) 282-3599
Rendezvous, Room 125
Idaho Falls: (208) 282-7759
Bennion Student Union, Room 223
- Disability accommodations

Janet C. Anderson Gender Resource Center
Rendezvous, Room 235 • (208) 282-2805
- Identity exploration
- Sexual assault/relationship violence

University Counseling and Testing Service
Pocatello: (208) 282-2130
351 Gravely Hall South, Room 351
Idaho Falls: (208) 282-7750
Bennion Student Union, Room 223
Free and confidential individual, group, and couple counseling for currently enrolled ISU students

Stress Management & Biofeedback Center
(operated by University Counseling and Testing Service)
- Reduce anxiety/stress
- Decrease tension/pain
- Sleep difficulties
- Promote relaxation
- Improve awareness of mind and body

Wellness Center*
Reed Gym, Room 205A • (208) 282-2117
- Fitness assessments‡
- GET-FIT Program†‡
- Personal training‡
- Wellness coaching‡

*This program offers many free services to students, but some services require a reasonable fee.
†This service is available for a reasonable fee to students.
‡This service is available for a reasonable fee to faculty and staff.
#This program is available for College of Technology students only.
Bengal Lab  
Leonard Hall, Room 161 • (208) 251-6260  
- Diagnostic testing  
- General wellness testing (i.e., CBC, lipid and chem panels)  
- Pregnancy testing  
- Pre-rotation drug screens  
- Screening tests (i.e., HIV, HCV)  
- STD/STI testing

Bengal Pharmacy  
990 Cesar Chavez Ave (above the ISU Health Center) • (208) 282-3407  
- Medication therapy and education

Dental Hygiene Clinic  
999 Martin Luther King Jr. Way  
(208) 282-3282  
- Preventive care  
- Bleach trays  
- Cleanings  
- Fillings  
- Fluoride application  
- Oral health education  
- Periodontal therapy  
- Sealants  
- X-rays

Health West ISU Clinic  
465 Memorial Drive • (208) 234-4700  
Services available on a sliding-fee scale  
- Laboratory services  
- Medical care

Human Performance Lab  
Reed Gym, Room 125 • (208) 282-4852  
Testing and assessments for:  
- Peak aerobic power  
- Anaerobic power and capacity  
- Blood lactate analysis  
- Body composition  
- Pulmonary function  
- Flexibility  
- Muscular strength, power, and endurance  
- Nutritional analysis  
- Resting cardiac function  
- Performance cycling package

ISU Health Center  
Pocatello: 990 Cesar Chavez Ave • (208) 282-2330  
Idaho Falls: Bennion Student Union • (208) 282-7826  
- Laboratory services  
- Medical care  
- Medical nutrition therapy (Pocatello)  
- X-ray services

ISU Hearing and Balance Clinic  
Communication Sciences and Disorders Building • (208) 282-3495  
- Auditory processing evaluation  
- Balance/dizziness evaluation  
- Cochlear implant services  
- Hearing aid services  
- Hearing evaluation  
- Tinnitus evaluation

ISU Physical and Occupational Therapy Associates and Balance Clinic  
Garrison Hall, Room 202 • (208) 282-2590  
- Balance/dizziness evaluation  
- Emotional self-regulation  
- Ergonomic work place assessments  
- Home safety assessments  
- Joint health: injuries (sprains and strains)  
- Post-surgical care  
- Repetitive strain injuries (carpal tunnel syndrome)  
- Sensory processing issues  
- Women’s health (continence)  
- Written communication/penmanship  
- Visual fine motor integration

ISU Pocatello Counseling Clinic  
Garrison Hall, Room 725 • (208) 240-1609  
- Anxiety  
- Depression  
- Grief/loss  
- Improve wellness strategies  
- Relationship concerns  
- Social anxiety/communication  
- Stress management  
- Other personal/emotion concerns:

ISU Psychology Clinic  
Individual, couple, and family counseling available on a sliding-fee scale  
Garrison Hall, Room 533 • (208) 282-2129  
- Treatment for depression, anxiety, and other DSM-5 Disorders  
- Treatment for impulse control difficulties  
- Treatment for trauma-related problems and interpersonal/relationship issues  
- Assessment and treatment for externalizing and internalizing problems in children and adolescents, including specializations in feeding difficulties, selective mutism, developmental disabilities, and Autism Spectrum Disorders  
- Child and adult evaluations for ADHD, learning disorders, and intellectual disabilities

ISU Speech and Language Clinic  
Communication Sciences and Disorders Building • (208) 282-3495  
Evaluation and treatment for:  
- Accent modification/reduction  
- Adult neurogenics (individual and group)  
- Alternative and augmentative communication (AAC)  
- Articulation/speech articulation  
- Brain injury (TBI and stroke)  
- Language impairments  
- Preschool Communication Program  
- Stuttering/fluency  
- Swallowing and/or feeding disorders  
- Voice disorders

Pocatello Family Dentistry  
465 Memorial Drive • (208) 282-6000  
Services available on a sliding-fee scale  
- Hospital dentistry  
- Implants Endodontics (root canals)  
- Oral surgery  
- Pediatric dentistry  
- Preventive care  
- Prosthodontics (crowns, bridges and dentures)