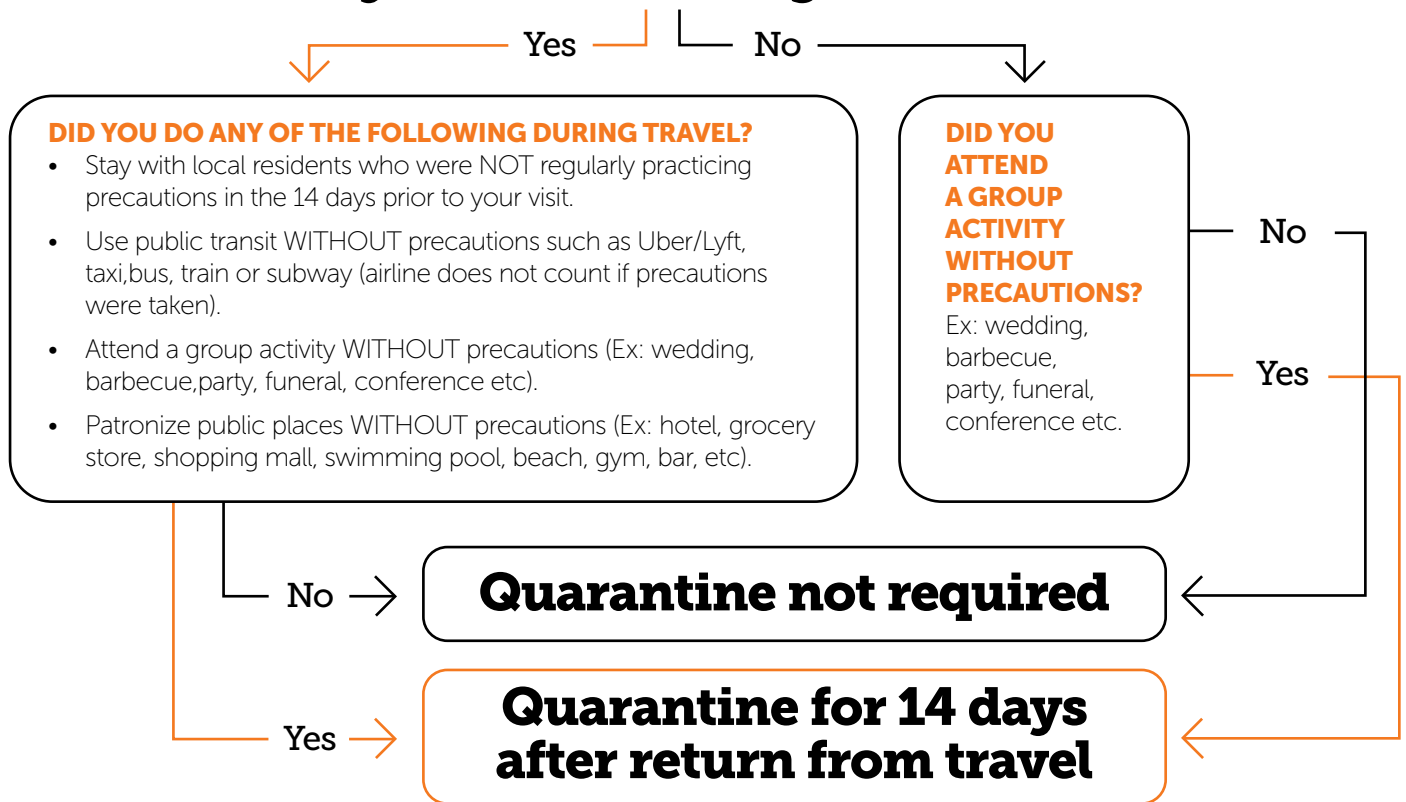


Guidance Flow Chart to Determine the Need for Quarantine After Travel

The COVID-19 disease activity of your destination is important in determining the need for quarantine after travel; however, even more important are the precautions you and your travel companions take while in transit and at your destination. Precautions include physical distancing, appropriate use of a face covering and frequent hand washing. Use the algorithm below to determine if you should quarantine after travel.

Did you travel to a high risk* area?



CDC Travel Guidelines

HIGH RISK* AREA:

Any specific county with case rates greater than 10 (# cases per 100,000 people) over the previous 7 days on the [Harvard Global Health Institute Map](#)

PRECAUTIONS INCLUDE:

- Maintain physical distancing of at least 6 feet; if within 6 feet, contact is less than 15 minutes
- Appropriately wearing a face covering
- Regular handwashing/ sanitizing



Idaho State University

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