The COVID-19 disease activity of your destination is important in determining the need for quarantine after travel; however, even more important are the precautions you and your travel companions take while in transit and at your destination. Precautions include physical distancing, appropriate use of a face covering and frequent hand washing. Use the algorithm below to determine if you should quarantine after travel.

**Guidance Flow Chart to Determine the Need for Quarantine After Travel**

**High Risk* Area:**
Any specific county with case rates greater than 10 (# cases per 100,000 people) over the previous 7 days on the Harvard Global Health Institute Map.

**Precautions Include:**
- Maintain physical distancing of at least 6 feet; if within 6 feet, contact is less than 15 minutes
- Appropriately wearing a face covering
- Regular handwashing/sanitizing

**DID YOU TRAVEL TO A HIGH RISK* AREA?**

- Yes
- No

**DID YOU DO ANY OF THE FOLLOWING DURING TRAVEL?**

- Stay with local residents who were NOT regularly practicing precautions in the 14 days prior to your visit.
- Use public transit WITHOUT precautions such as Uber/Lyft, taxi, bus, train or subway (airline does not count if precautions were taken).
- Attend a group activity WITHOUT precautions (Ex: wedding, barbecue, party, funeral, conference etc).
- Patronize public places WITHOUT precautions (Ex: hotel, grocery store, shopping mall, swimming pool, beach, gym, bar, etc).

**DID YOU ATTEND A GROUP ACTIVITY WITHOUT PRECAUTIONS?**

- No
- Yes

**Quarantine not required**

**Quarantine for 14 days after return from travel**

*CDC Travel Guidelines*