Bengal Pledge

Being a part of the Bengal community means taking essential steps to stay well and protect each other. Every student, faculty, and staff member has a responsibility to practice healthy behaviors and follow Idaho State University’s established safety guidelines to prevent the spread of COVID-19. Together, we can help protect our campuses, families, friends, and communities while focusing on Idaho State’s educational mission.

1. Protect Myself
   - Monitor for symptoms of COVID-19 and report to a medical professional if I experience: fever of 100.4°F (38°C) or higher, dry cough, difficulty breathing, chills, repeated shaking with chills, muscle pain, headache, sore throat, or loss of taste or smell
   - Wash my hands often with soap and water or use hand sanitizer
   - Avoid crowded activities or social gatherings where face coverings are not being worn and physical distancing is not possible

2. Protect Other Bengals
   - Wear an appropriate face covering and follow guidance as directed by the University
   - Maintain appropriate physical distancing of six feet when on campus
   - Stay home if I feel ill or after potential exposure to someone who is ill or has tested positive for COVID-19
   - Look out for others and encourage their continued commitment to the Bengal Pledge

3. Protect Our Campus Community
   - Keep my clothing, belongings, personal spaces, and shared common spaces clean
   - Report any symptoms or COVID-19 exposure and participate in testing and contact tracing, as applicable and required
   - Follow medical guidance and isolate for the required amount of time if I test positive for COVID-19 or have exposure to someone who has tested positive
   - Carefully observe instructional signs and follow University directions

Idaho State University

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