

# BENGAL MENU

## Healthy Dining Options on Campus

### Pond Student Union Building

#### Amazing Glaze Drinks

- Smoothie (banana, peach, raspberry, strawberry, wildberry)
- Organic Two Leaves Tea (Earl Grey, Assam, Mountain High Chai, Tropical Green, Green Tea, Herbal Tea)

#### Chick-fil-A

- Grilled Nuggets (8 and 12 ct.)
- Grilled Chicken Entrée
- Grilled Chicken Cool Wrap Entrée
- Market Salad
- Spicy Southwest Salad

#### Einstein Bros. Bagels

- Avocado Veg Out Sandwich
- Egg Turkey-Sausage & Cheddar
- Santa Fe Egg White Sandwich
- Bacon, Avocado, Tomato Egg White Sandwich
- Strawberry Banana Smoothie
- Iced Latte

### Rendezvous Bengal Street

#### Burger 208

- Turkey Burger
- Egg Scramble
- Grilled Chicken Sandwich

#### Mondo Subs

- Chicken Wrap
- Very Veggie
- Turkey Bacon Avocado

#### Build Pizza by Design

- Veggie Lover Pizza

#### Mandalay Express

- Pho Noodle Soup with Tofu (vegetarian)

#### Sono

- Chicken Macho Nachos
- Chicken Bowl (with lime rice and black beans)

#### Ikoma Sushi

- Vegetable Roll
- Nigiri Combo
- California Roll



### Turner Dining Commons

#### Pizza Counter

- BBQ Chicken Pizza (as available)

#### Cafeteria Snacks

- Apples/Fresh Fruit
- Pretzel Mix

#### The Kitchen (changes daily)

- Roasted Vegetable Blend
- Herbed Zucchini
- Zesty Vegetarian Couscous
- Pollo Street Taco

#### Salad Bar

- Greens
- Fruits
- Vegetables



### Starbucks @ Oboler Library

#### Starbucks Breakfast

- Turkey Bacon, Cheddar, and Egg White Sandwich
- Spinach Feta and Egg White Wrap
- Egg Bites: Egg White & Roasted Red Pepper or Kale & Mushroom
- Oatmeal

#### Starbucks Lunch

- Tomato Mozzarella Panini
- Variety of Protein Boxes

#### Starbucks Drinks

- Variety of Green, Black, and Herbal Teas
- Iced Teas (Green Tea, Passion Tea, Black Tea, with or without lemonade)
- Skinny Vanilla Latte (hot or iced, with a variety of milk options)