

# 8 week WELLNESS

— JOURNEY —>

**Each week you will have a chance to earn  
3 ENTRIES into our GRAND PRIZE DRAWING.**

Here's How:

**1**

Like and share our Instagram posts each week (2 posts a week = 2 entries)

**2**

Participate in the door activity at the Wellness Center each week! DM us a photo of your participation! (1 entry)

## Grandprizes

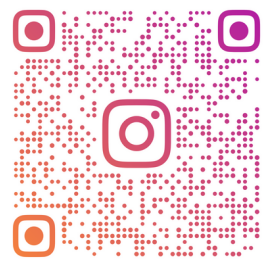
★ **\$75 Gift Card, RTIC Water bottle, Hydration Drink Mix, Stickers, Wellness Center T-shirt**

★ **\$75 Gift Card, Fit Bit, Stickers, Wellness Center T-shirt**



**WEEK 1 KICKOFF PRIZE!!**

**PARTICIPATE IN WEEK 1 AND  
BE ENTERED TO WIN  
ONE OF TWO \$50 VISA GIFT  
CARDS!**



ISUWELLNESSCENTER