What is Upward Bound?
Upward Bound is a federally funded program for high school students from low-income backgrounds and/or potentially the first generation in their family to complete a 4-year college degree. The primary objective of the program is to assist students in preparing for a post-secondary education.

In addition to school year services, the primary portion of the program consists of a six-week residential summer program. During this portion, the students live in University housing and participate in a wide variety of activities, including both academic and recreational/social activities. The academic schedule includes classes taught by high school teachers in the standard core areas as well as a selection of college preparation courses which are offered for credits toward graduation. Classes are very small and each student receives a great deal of individual attention. The program provides a positive learning atmosphere and personal interaction between teachers and students. Upward Bound students have full access to University facilities. The entire range of student participation is shared and supervised by tutor/mentors, college students who work for the program and live in the dorms with the students. It is felt that the unique combination of academic and personal experiences and the elimination of the problems of low motivation, support, and low core class proficiency can be very effective in allowing a student to pursue a postsecondary education.

Application Process:
All application materials must be turned in before you will be considered for UB.

- The application form must be completely filled out by you and your parents/guardians.
- We must have your social security number. If you do not have one, you should apply for it immediately.
- A signed copy of your parents'/guardians’ most recent federal income tax return, showing taxable income. We only need the first 2 pages. If you did not file, we need proof of income (SSI).
- The nomination form must be completed, either by a teacher, counselor, or other person in a similar position. This form must be placed in an envelope and sealed.
- A copy of your transcript, up to and including the last semester/trimester grades, is required. Recent midterm grades would also be helpful.
- A personal essay about yourself, at least one page long. You can write about what you like to do, what you don't like to do, your friends or your family, school or why you want to be a part of Upward Bound. The essay is used to get a rough idea of how good your writing skills are.
Thank you for your interest in TRiO Upward Bound Program. UB is a federal program funded by the United States Department of Education to help encourage first-generation, limited income students further their education. UB services help students explore college and career opportunities, and enter the college of their choice upon completion of high school. As a TRiO UB student you will be provided with information about college, careers, study skills, financial aid, and participate in college and career fieldtrips. UB students must be citizens or permanent residents of the United States. You may return your completed application to your school counseling office or mail it directly to:

Idaho State University TRiO Programs
921 S 8th Ave, Stop 8345
Pocatello ID 83209
Telephone: (208) 282-3242
Fax: (208) 282-4864

Please complete all items on the application. Incomplete applications will delay processing and student services. ALL UB SERVICES ARE FREE!

### Student Demographic Information
Please complete the information requested. Where multiple choices given, please indicate the correct item.

Date:_____________________________

1.) Last Name___________________ First Name_________________ M.I.________

2.) Social Security Number________ - ________ - ________ (required by U.S. Dept. of Ed)

3.) Mailing Address______________________________________________________________

   City________________ State__________ Zip_________________

4.) Parent/Home Telephone/Cell_________________ Student Cell______________________

5.) Student e-mail______________________________________________________________

6.) Current Grade 9  10  11 School__________________________________________________

7.) Date of Birth_____/_____/________ Sex: M  F

8.) Citizenship

   □ US Citizen
   OR
   □ Permanent Resident (Please attach a copy of your alien registration card or I-94 form)
   If born outside the U.S., please specify which country______________________________

9.) Ethnicity/Race

   Is the applicant Hispanic/Latino? □ Yes □ No

   Please check all boxes that the applicant considers him/herself (if any):

   □ American Indian/Alaskan Native    □ Black/African American
   □ Asian                             □ Native Hawaiian/Pacific Islander    □ White/Caucasian

10.) Is a language other than English spoken at home? □ No □ Yes Which language______________________________

11.) Are you currently enrolled in any of the following programs: □ Gear-Up □ Educational Talent Search
**THE FOLLOWING SECTION MUST BE COMPLETED BY PARENT/LEGAL GUARDIAN**

*UB is required to verify that our participants meet federal criteria based on educational background and household income level. All information provided is keep completely confidential.*

Please indicate the highest education level completed by each of your biological/adoptive parents.

1.) Who does student primarily live with? (Father, Mother, Both, if other, explain)___________________________

2.) Mother Name:___________________________ Mother Cell:___________________________
   Mother Education: □ Elementary □ High School □ College (if checked complete college/degree) Certificate or
   □ 2 year college, Institution Name___________________________ Associates in___________________________ Level of
   □ 4 year college, Institution Name___________________________ Degree Awarded __________________________

3.) Father Name:___________________________ Father Cell:___________________________
   Father Employer:___________________________
   Father Education: □ Elementary □ High School □ College (if checked complete college/degree) Certificate or
   □ 2 year college, Institution Name___________________________ Associates in___________________________ Level of
   □ 4 year college, Institution Name___________________________ Degree Awarded __________________________

4.) Is the student eligible for Free Lunch?      Y     N         Is the student eligible for Reduced Lunch?      Y      N

5.) Number of People in your Household________

6.) Household Income Information (required by U.S. Dept. of Ed)
   **Taxable Income** from most recent taxes (income after all deductions)
   (Refer to IRS form 1040 line 43, or IRS Form 1040 A line 27, or IRS form 1040EZ line 6)
   $___________________________ (do not estimate, exact amount from taxes is required)

   If you did not file a tax return – Please list your parental monthly take home pay
   (including child support, social security, etc.) $___________________________

**Certification and Signatures**
I/We certify that all of the above information is true and complete to the best of our knowledge.
I/We certify that the information provided concerning citizenship is accurate.
I/We authorize the release of my high school and college records (transcripts, standardized tests scores, PowerSchool records, special needs documentation, enrollment status) to Upward Bound (UB).
I/We authorize the release and exchange of the student financial aid information from colleges and federal government to UB.
I/We understand that the completion of this application does not guarantee acceptance in the UB program.
I/We understand that the completion of this application will be held in confidence by the UB program.
I/We authorize the use of my photograph in ETS publications and media releases to the UB program.
I/We understand that if I need accommodation for a disability to participate in UB, or any of its scheduled activities, I must contact Upward Bound at 208-282-3242 at least 30 working days prior to the activity.
I/We understand it is the responsibility of the parent to provide transportation to and from UB activities.
I/We give permission for my student to attend UB tutoring and other activities.

Program goals are to work with eligible participants to graduate from high school and enroll in post-secondary programs of study.
I am aware that I (the parent/guardian) have a responsibility to support and encourage my son/daughter to successfully complete the goals of the program.

**Student Signature** __________________________________________  **Date** __________________________

**Parent/Guardian Signature** ________________________________  **Date** __________________________
This survey contains a number of statements about student needs. We ask students to give their honest opinion about how Upward Bound can meet your needs. Your answers will be kept confidential.

Student Name:__________________________

1. I need to get better grades in school.........................................................1 2 3 4 5
2. I need to learn how to take better notes .....................................................1 2 3 4 5
3. I need to learn test-taking strategies and techniques ....................................1 2 3 4 5
4. I need to develop strong study skills and habits ..........................................1 2 3 4 5
5. I need to learn how to read a textbook more effectively ..............................1 2 3 4 5
6. I need to develop or improve my time management skills and habits ..........1 2 3 4 5
7. I need to know how to prepare for a career that interests me ......................1 2 3 4 5
8. I need to learn how to get involved in clubs and organizations ..................1 2 3 4 5
9. I need help visiting college campuses .......................................................1 2 3 4 5
10. I need to experience more cultural activities .............................................1 2 3 4 5
11. I need to learn which high school courses are necessary for college ..........1 2 3 4 5
12. I need information on college prep courses and dual enrollment ..............1 2 3 4 5
13. I need to learn about college programs and degrees ..................................1 2 3 4 5
14. I need to learn more about ACT/SAT testing ...........................................1 2 3 4 5
15. I need help applying to colleges and understanding the application process ..1 2 3 4 5
16. I need to learn more about filling out financial aid applications ...............1 2 3 4 5
17. I need to learn about searching for scholarships ........................................1 2 3 4 5
18.) What college(s) or university(ies) are you interested in attending?__________________________
19.) What are you interested in studying or majoring in?_______________________________
20.) How did you hear about TRIO Upward Bound?________________________________

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* UB OFFICE USE ONLY*************************************************************************
□ LEP (Limited English Proficiency)
□ First Generation  □ Low-Income  □ Both  UBAvisor(date & initial)_______________________
Director Approval________________________________________________________ On Database ____________________________
(Revised 8/21/2013)
TRiO Upward Bound Counselor/Teacher Recommendation

Upward Bound is a federally funded program for high school students from low-income backgrounds and/or potentially the first generation in their family to complete a 4-year college degree. The primary objective of the program is to assist students in preparing for a post-secondary education. It is felt that the unique combination of academic and personal experiences and the elimination of the problems of low motivation, support, and low core class proficiency can be very effective in allowing a student to pursue a postsecondary education.

Student Name: ___________________________ School: ___________________ Current Grade: ______
Current Cumulative GPA: _______ Potential GPA:_________

Which of the following best describes this student’s high school curriculum?
☐ Advanced Placement/College Prep ☐ General
☐ Remedial ☐ Vocational ☐ Other___________

Student’s area of interest or aptitude: _______________________________________________________

To help us best serve the students needs can you please tell us if the student has a 504 or IEP in place?

How would you describe the student’s attendance?
☐ Excellent ☐ Good ☐ Fair ☐ Poor

Has the student ever been subject to school disciplinary action or suspension?  ☐ Yes  ☐ No
If yes, please explain: ___________________________________________________________________

Student Need:
☐ Low achievement test scores
☐ Low GPA
☐ Predominately low income community
☐ Diagnosed learning disability
☐ Low education aspirations
☐ Lack of confidence and/or self-esteem and/or social skills
☐ Lack of opportunity, support, and/or guidance to take college prep courses
☐ Lack of career goals and/or need for accurate information on careers
☐ Interest in careers in math and/or science
☐ Limited English proficiency

Please indicate your recommendation of the student for participation in this program:
☐ Strongly Recommend ☐ Recommend ☐ Recommend with Reservations ☐ Do not recommend

Additional Comments: ___________________________________________________________________
_________________________________________________________________________________

Name: ___________________________ Title: ___________________ Date: ______________