

## What is Upward Bound?

Upward Bound is a federally funded program for high school students from low-income backgrounds and/or potentially the first generation in their family to complete a 4-year college degree. The primary objective of the program is to assist students in preparing for a post-secondary education. Upward Bound students are chosen on the basis of having above average ability and below average achievement.

In addition to school year services, the primary portion of the program consists of a seven week residential summer program. During this portion, the students live in University housing and participate in a wide variety of activities, including both academic and recreational/social activities. The academic schedule includes classes taught by high school teachers in the standard core areas as well as a selection of college preparation courses which are offered for credits toward graduation. Classes are very small and each student receives a great deal of individual attention. The program provides a positive learning atmosphere and personal interaction between teachers and students. Upward bound students have full access to University facilities. The entire range of student participation is shared and supervised by tutor/mentors, college students who work for the program and live in the dorms with the students. It is felt that the unique combination of academic and personal experiences and the elimination of the problems of low motivation, support, and low core class proficiency can be very effective in allowing a student to pursue a postsecondary education.

## How can UB help you?

### Advising:

Academic Advising and Class Scheduling  
Postsecondary Education Selection  
Choosing College Majors and Careers

### Academic Support:

Weekly Academic Year Services  
After-School Tutoring  
Workshops

### Postsecondary School Selection:

Field Trips Exploring College Choice  
College Application Assistants

### Financial Assistance:

FAFSA Assistance and Workshops  
Financial Literacy Workshops  
Scholarship Assistance

### Summer Program

7-week Residential Program  
High School Credits  
Dual Credit and College Credits

## Application Process:

- The **application form** must be completely filled out by you and your parents/guardians.
- We must have your social security number. If you do not have one, you should apply for it immediately.
- A signed copy of your parents'/guardians' most recent **federal income tax return**, showing taxable income. We only need the first 2 pages. If you did not file, we need proof of income (SSI).
- The **nomination form** must be completed, either by a teacher, counselor, or other person in a similar position. This form must be placed in an envelope and sealed.
- A copy of your **transcript**, up to and including the last semester/trimester grades, is required. Recent midterm grades would also be helpful.
- A **personal essay** about yourself, **at least** one page long. You can write about what you like to do, what you don't like to do, your friends or your family, school or why you want to be a part of Upward Bound. The essay is used to get a rough idea of how good your writing skills are.

Thank you for your interest in TRiO Upward Bound Program. UB is a federal program funded by the United States Department of Education to help encourage first-generation, limited income students further their education. UB services help students explore college and career opportunities, and enter the college of their choice upon completion of high school. As a TRiO UB student you will be provided with information about college, careers, study skills, financial aid, and participate in college and career fieldtrips. UB students must be citizens or permanent residents of the United States. You may return your completed application to your school counseling office or mail it directly to:



**Idaho State University TRiO Programs**  
**921 S 8<sup>th</sup> Ave, Stop 8345**  
**Pocatello ID 83209**  
**Telephone: (208) 282-3242**  
**Fax: (208) 282-4864**

**Please complete all items on the application. Incomplete applications will delay processing and student services. ALL UB SERVICES ARE FREE!**

### Student Demographic Information

**Please complete the information requested. Where multiple choices given, please indicate the correct item.**

Date: \_\_\_\_\_

1.) Last Name \_\_\_\_\_ First Name \_\_\_\_\_ M.I. \_\_\_\_\_

2.) Social Security Number \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ (required by U.S. Dept. of Ed)

3.) Mailing Address \_\_\_\_\_  
 City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

4.) Parent/Home Telephone/Cell \_\_\_\_\_ Student Cell \_\_\_\_\_

5.) Student e-mail \_\_\_\_\_

6.) Current Grade      9      10      11      School \_\_\_\_\_

7.) Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_ Sex:    M    F

8.) Are you currently enrolled in any of the following programs:     Gear-Up       TRiO ETS

9.) Ethnicity/Race/Citizenship:

Is the applicant Hispanic/Latino?     Yes       No

Please check all boxes that the applicant considers him/herself (if any):

American Indian/Alaskan Native       Black/African American  
 Asian       Native Hawaiian/Pacific Islander       White/Caucasian

US Citizen

Permanent Resident **(Please attach a copy of your alien registration card or I-94 form)**

If born outside the U.S., please specify which country \_\_\_\_\_

10.) Is a language other than English spoken at home?     No       Yes Which language \_\_\_\_\_

11.) What college(s) are you interested in attending? \_\_\_\_\_  
 What are you interested in studying or majoring in? \_\_\_\_\_

12.) How did you hear about TRiO Upward Bound? \_\_\_\_\_

**THE FOLLOWING SECTION MUST BE COMPLETED BY PARENT/LEGAL GUARDIAN**

***UB is required to verify that our participants meet federal criteria based on educational background and household income level. All information provided is keep completely confidential.***

**Please indicate the highest education level completed by each of your biological/adoptive parents.**

1.) Who does student primarily live with? (Father, Mother, Both, if other, explain) \_\_\_\_\_

2.) Mother Name: \_\_\_\_\_ Mother Cell: \_\_\_\_\_

Mother Employer: \_\_\_\_\_

**Mother Education:**    Elementary                   High School                   College (if checked complete college/degree)

2 year college, Institution Name \_\_\_\_\_ Certificate or Associates in \_\_\_\_\_

4 year college, Institution Name \_\_\_\_\_ Level of Degree Awarded \_\_\_\_\_

3.) Father Name: \_\_\_\_\_ Father Cell: \_\_\_\_\_

Father Employer: \_\_\_\_\_

**Father Education:**    Elementary                   High School                   College(if checked complete college/degree)

2 year college, Institution Name \_\_\_\_\_ Certificate or Associates in \_\_\_\_\_

4 year college, Institution Name \_\_\_\_\_ Level of Degree Awarded \_\_\_\_\_

4.) Is the student eligible for Free Lunch?    Y    N                  Is the student eligible for Reduced Lunch?    Y    N

5.) Number of People in your Household \_\_\_\_\_

6.) Household Income Information (*required by U.S. Dept. of Ed*)

**Taxable Income from most recent taxes (income after all deductions)**  
**(Refer to IRS form 1040 line 43, or IRS Form 1040 A line 27, or IRS form 1040EZ line 6)**  
\$ \_\_\_\_\_

**OR**

**I did not file a tax return – Please list your parental monthly take home pay (including child support, social security, etc.)**  
\$ \_\_\_\_\_ **If applicable, state case #:** \_\_\_\_\_

**Certification and Signatures**

I \_\_\_\_\_ and \_\_\_\_\_ certify that all of the above information is true and complete to the best of our knowledge.

**Student Name**                                  **Parent Name**

- Certify that the information provided concerning citizenship is accurate.
- Authorize the release of my high school and college records (transcripts, standardized tests scores, Intouch, PowerSchool records, special needs documentation, high school and college enrollment status, financial information) to Upward Bound (UB).
- Authorize the release and exchange of the student financial aid information from colleges and federal government to UB.
- Understand that the completion of this application does not guarantee acceptance in the UB program.
- Understand that the completion of this application will be held in confidence by the UB program.
- Authorize the use of my photograph in UB publications, Facebook, and media releases to the UB program.
- Understand that if I need accommodation for a disability to participate in UB, or any of its scheduled activities, I must contact Upward Bound at 208-282-3242 at least 30 working days prior to the activity.
- Understand it is the responsibility of the parent to provide transportation to and from UB activities.
- Give permission for my student to attend and be transported from UB tutoring and other activities.

**Program goals are to work with eligible participants to graduate from high school and enroll in post-secondary programs of study. I am aware that I (the parent/guardian) have a responsibility to support and encourage my son/daughter to successfully complete the goals of the program.**

**Student Signature** \_\_\_\_\_ **Date** \_\_\_\_\_

**Parent/Guardian Signature** \_\_\_\_\_ **Date** \_\_\_\_\_

This survey contains a number of statements about student needs. We ask students to give their honest opinion about how Upward Bound can meet your needs. Your answers will be kept confidential.

Student Name: \_\_\_\_\_

<b>Strongly Disagree</b>	<b>Disagree</b>	<b>Neutral</b>	<b>Agree</b>	<b>Strongly Agree</b>
1	2	3	4	5

1. I need to get better grades in school.....	1	2	3	4	5
2. I need to learn how to take better notes .....	1	2	3	4	5
3. I need to learn test-taking strategies and techniques .....	1	2	3	4	5
4. I need to develop strong study skills and habits .....	1	2	3	4	5
5. I need to learn how to read a textbook more effectively .....	1	2	3	4	5
6. I need to develop or improve my time management skills and habits .....	1	2	3	4	5
7. I need to know how to prepare for a career that interests me .....	1	2	3	4	5
8. I need to learn how to get involved in clubs and organizations .....	1	2	3	4	5
9. I need help visiting college campuses .....	1	2	3	4	5
10. I need to experience more cultural activities.....	1	2	3	4	5
11. I need to learn which high school courses are necessary for college .....	1	2	3	4	5
12. I need information on college prep courses and dual enrollment.....	1	2	3	4	5
13. I need to learn about college programs and degrees .....	1	2	3	4	5
14. I need to learn more about ACT/SAT testing .....	1	2	3	4	5
15. I need help applying to colleges and understanding the application process.....	1	2	3	4	5
16. I need to learn more about filling out financial aid applications .....	1	2	3	4	5
17. I need to learn about filling out financial aid applications .....	1	2	3	4	5
18. I need to learn about searching for scholarships .....	1	2	3	4	5

ADDITIONAL COMMENTS/CONCERNS:

Student Name: \_\_\_\_\_ School: \_\_\_\_\_ Current Grade: \_\_\_\_\_  
Current Cumulative GPA: \_\_\_\_\_ Potential GPA: \_\_\_\_\_

Which of the following best describes this student's high school curriculum?

- Academic/College Prep     General     Honors Program     Remedial  
 Vocational     Other \_\_\_\_\_

Student's area of interest or aptitude: \_\_\_\_\_

To help us best serve the student's needs can you please tell us if the student has a 504 or IEP in place?

How would you describe the student's attendance?  Excellent     Good     Fair     Poor

Has the student ever been subject to school disciplinary action or suspension?  Yes     No

If yes, please explain: \_\_\_\_\_

Student Need:  Low achievement test scores

- Low GPA
- Predominately low income community
- Diagnosed learning disability
- Low education aspirations
- Lack of confidence and/or self-esteem and/or social skills
- Lack of opportunity, support, and/or guidance to take college prep courses
- Lack of career goals and/or need for accurate information on careers
- Interest in careers in math and/or science
- Limited English proficiency

Please indicate your recommendation of the student for participation in this program:

- Strongly Recommend     Recommend     Recommend with Reservations     Do not recommend

Additional Comments: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_.

Name: \_\_\_\_\_ Title: \_\_\_\_\_ Date: \_\_\_\_\_