



## *The Update in Brief*

December 15, 2025

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# It's Finals Week!

**Finals week can be stressful with studying, exams, travel plans, and preparing for the holidays.**

**UHP wants to remind everyone to...**

## **Take Care of Yourself!**

- **Study hard, but take breaks**
  - **Drink plenty of water**
- **Eat nutritious study snacks**
  - **Sleep plenty!**

# DO YOU KNOW? ???

## Let's find out!

Throughout this semester, we have included facts and helpful tips in the "Do You Know?" section of the UHPWU.

Now, we are giving YOU a chance to win a \$20 cash prize!

The first student to submit the correct answers to the following questions with a photo will win!

1. How many active UHP students are attending ISU this semester?
2. What was the original name of the ICCU Dome and how was it funded?
3. What app can you download that gives you a digital school ID on your phone?
4. What is the name of ISU's first female student body president and what year was she elected?
5. Who was the first director of the ISU University Honors Program and how many students were in the first cohort?
6. What material was the original Bengal statue made of and where was it located on campus?
7. Name three UHP resources you can access through the Honors Canvas Course.
8. Take a photo of yourself ROARing with the Bronze Bengal Statue!

**Email your answers & photo to  
[honors@isu.edu](mailto:honors@isu.edu)  
Good luck Bengals!**

## Announcements & Opportunities

# America Reads Program

The America Reads Program is providing an opportunity for students to be paid, earn an elective credit, and make a difference!

Students are placed in an elementary school where they work approximately two hours a week for 12 weeks and can be paid through work-study for up to 20 hours in the semester.

Interested students should register for EDUC 1170: Tutoring Reading, a 1 credit elective course

Any returning tutors may opt-out of the class and simply do the tutoring!

[Apply on Handshake](#)



Learn more about the program at:  
[isu.edu/education/students/america-reads](http://isu.edu/education/students/america-reads):

## ***Announcements & Opportunities***

# **2026 Research and Creative Works Symposium**

This event is an opportunity for undergraduate and graduate students, in all disciplines and degree levels, to present their in-progress or completed scholarly or creative works for a chance to win big \$\$!

**The 2026 Symposium will be on  
Wednesday, March 18, 2026**

**Submissions will be open on  
January 28 and are due by  
February 25, 2026.**

**Find more information at  
[isu.edu/researchsymposium](http://isu.edu/researchsymposium)**

# LAST UHP Event of the Semester!

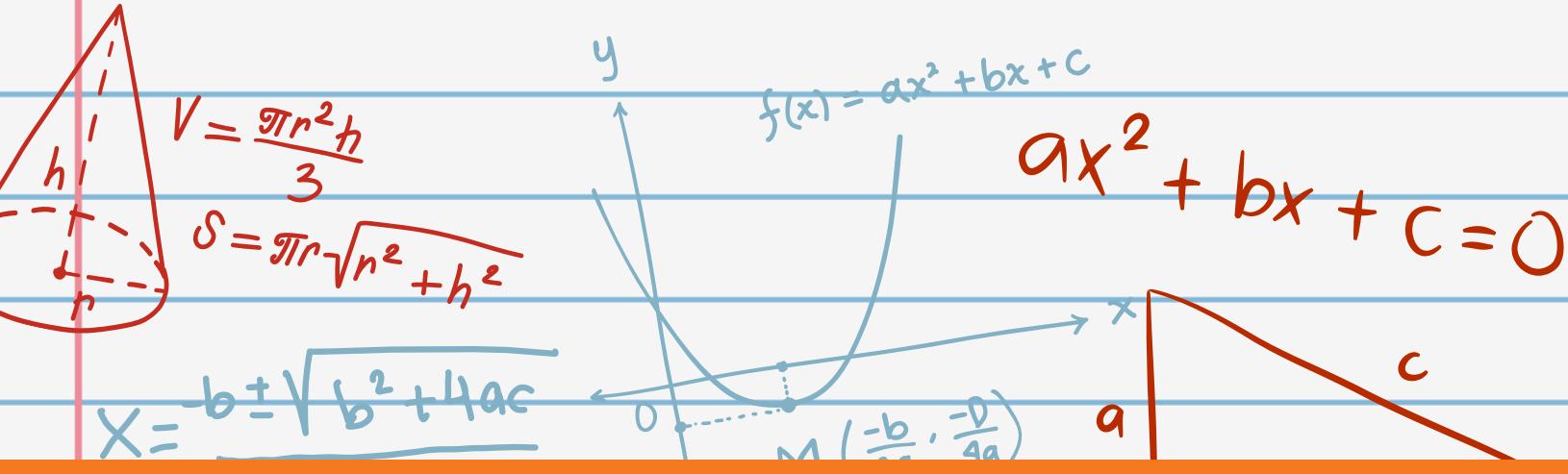
## COOKIES

&  
CRAM

Join us during finals week for some cookies and studying!

We'll be in the Rendezvous Atrium from 6:00 to 8:00pm

Tuesday 12/16/25





# Have a great Winter Break UHP Bengals!



**Idaho State  
University**

University  
Honors Program

Dr. Sarah Robey | Honors Director | [sarahrobey@isu.edu](mailto:sarahrobey@isu.edu)

Dr. Kathryn Holt | Instructor/Coordinator | [kathrynholt@isu.edu](mailto:kathrynholt@isu.edu)

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**[www.isu.edu/honors](http://www.isu.edu/honors)**



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