



The Update in Brief

December 1, 2025

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Do You Know?

The Bronze Bengal in front of the PSUB wasn't the first bengal statue on campus....



In 1953, a paper mache tiger was made for a Phi Sigma Kappa homecoming float. The tiger was so liked that it was preserved and added as a permanent fixture outside of Reed Gym on campus for many years. It was taken down in 2013, but plans to replace it began and were approved by an ASISU committee in 2010.

In October 2012, the bronze bengal outside the SUB was revealed and the tradition of giving the statue a high-five for good luck began.

www.isu.edu/cob/blog/articles/isu-traditions.html

Now You Know!

Announcements & Opportunities

FALL 2025 CRAMSESH

Rendezvous Suites | 3-6 PM

We will provide the pizza, the prizes, the powerstrips, the tables, and the quiet camaraderie. You arrive with your, laptops, big projects, and (optional: missed) deadlines.

To open the event, we will ask each participant to brainstorm for five minutes with the prompt:
What do you want to accomplish this afternoon?

You'll share this goal with your neighbor.

Then: Ready, Steady, Go!

Work for 1 1/2 hours. Then it's Halftime Break with pizza. Next return to work for another hour. The event will end with you and your neighbor reporting what you have accomplished to each other about.

Then Prizes!!

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HONORS THESIS SPOTLIGHT

Andrew Christensen

Effects on Different Directions of Load Application and Head Posture on the Strain Pattern of Upper Cervical Spine Segments



Andrew Christensen '26, spends a lot of time working on his Honors Bachelor of Science degree in Health Sciences and a Physical Therapist Assistant (PTA) associates degree, all while working as a research assistant in the [Applied Biomechanics Lab](#).

Andrew knew he wanted to work on a research project, so he reached out to one of the ISU Doctorate of Physical Therapy professors who connected him with Dr. Lucie Pelland. Dr. Pelland was in the planning stage of a research project to understand and quantify upper cervical spine injuries

utilizing a Multi-Cervical Unit (MCU, pictured below). Andrew's honors project is a feasibility study of methods to inform prospective studies. "I greatly enjoyed learning about different research technologies, like force collection, motion capture, and EMGs, and how they can be used simultaneously to record and analyze data." An electromyography (EMG) is a diagnostic procedure used to assess the health of muscles and the nerve cells that control them. "The MCU secures the participant to a chair and they push against a load cell secured to their head to record force. It was used to record force application in 8 directions around the head." You can read his [abstract here](#).

Andrew's long-term goals are to pursue a Doctorate of Physical Therapy (DPT) after he completes his final clinical affiliation for the PTA program next semester and graduates in May. His advice for students interested in undergraduate research is that you "should attend research events and learn what's out there because there are many things you may have never thought of before. Look for ways to learn from others and to share what you've learned."



HONORS EVENTS

Honors Thesis Defense

ANDREW CHRISTENSEN

Effects on Different Directions of Load Application and Head Posture on the Strain Pattern of Upper Cervical Spine Segments

Monday, Dec 1st | 3:00-4:00 pm | REND 124

ISU Tree Lighting



Get into the holiday spirit with your fellow UHP students and the ISU community at the annual ISU Tree Lighting event.

Enjoy treats, hot chocolate, crafts, and visit with Santa indoors!



Tuesday, Dec 2nd | 7:00-9:00pm | PSUB

UHPG Holiday Event

The UHP club leadership is planning a holiday event for next week. Watch your email and the next edition of the UHPWU for details!

Upcoming ISU Holiday Events

Holiday Cookie Decorating

Get in the holiday spirit with the ISU Wellness Center and come decorate a sugar cookie! Enjoy a sweet treat with friends and de-stress before the end of the semester.

Wednesday, December 3 | 3:30 – 5:30pm | PSUB

ISU Chotrs Holiday Concert

Support fellow Bengals and come enjoy the music that they have prepared! ISU's Treble and Chamber choir will be performing in Goranson Hall in the Fine Arts Building, along with the ISU Childrens Chorus!

Saturday, December 6 | 7:30 – 10pm | Fine Arts



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