

## Introduction to Sports Psychology

1. Honors course requirements:

The student is beginning an undergraduate thesis project in Sports Psychology. As such, the Honors contract activity for this class will be developing the background literature review for the thesis.

2. Description of alternative assignments:

The student will read 5 peer-reviewed research articles and write a 1-2 page summary analysis of each. The professor will provide the 5 research articles, and will be available during regular office hours to discuss the articles and questions that arise during analysis writing. Article analyses are due via email on 9/29, 10/15, 10/30, 11/15, and 12/1.

3. Final grade calculation:

Each article analysis will count for 10 points, with a total of 50. These points will be added to the Workshops section of the gradebook. (See syllabus for weighting of grade book sections.)



