Idaho Falls Community Assistance – Food

**Benny’s Pantry**  
Food pantry for current ISU-Idaho Falls Students, Faculty, and Staff  
Address: 1784 Science Center Drive Room 218, Idaho Falls  
(Bennion Student Union Building)  
Phone: (208) 282-2973  
Hours: Tuesday 12:30-2:30pm and 4:30-6:30pm, Wednesday 4:30-6:30pm, and Thursday 12:30-2:30pm.  
Website: [https://isu.edu/pantry/shop/](https://isu.edu/pantry/shop/)

**Idaho Falls Rescue Mission**  
Organization provides various types of assistance.  
Call for eligibility and services offered.  
**DINNER PROVIDED NIGHTLY.**  
Address: 840 Park Avenue, Idaho Falls  
Phone: (208) 552-5575  
Hours: Monday-Friday 9am-5pm  
Website: [https://ifrescuemission.org/what-we-do/](https://ifrescuemission.org/what-we-do/)

**Idaho Falls Community Food Basket**  
Community Food Pantry.  
Call for enrollment procedures.  
Address: 245 N. Placer Avenue, Idaho Falls  
Phone: (208) 524-9935  
Hours: Monday 3-5pm and Thursday-Friday 4-5pm.  
Website: [http://www.communityfoodbasketidahofalls.org/](http://www.communityfoodbasketidahofalls.org/)

**Cornerstone Pentecostal Church**  
Church food bank  
Address: 793 Cleveland Street, Idaho Falls  
Phone: (208) 529-1066  
Food Bank Hours: Thursdays 10:30-11am  
Website: [http://cpcif.com/](http://cpcif.com/)

**Community Council of Idaho**  
Organization provides various types of assistance.  
Call for eligibility and services offered.  
Address: 1349 S Holmes Ave, Idaho Falls  
Phone: (208) 524-0980  
Pantry Hours: Monday-Friday 8 am-5pm  
Website: [https://communitycouncilofidaho.org/](https://communitycouncilofidaho.org/)

**The Soup Kitchen**  
Community program.  
Call for eligibility and procedures.  
**LUNCH PROVIDED DAILY.**  
Address: 301 S Boulevard, Idaho Falls  
Phone: (208) 557-5750  
Meal Hours: daily 12-1pm  
Website: [http://www.ifoutreach.org/soupkitchen.aspx](http://www.ifoutreach.org/soupkitchen.aspx)

**Food Stamps**  
Government assistance program that helps with monthly food costs.  
Address: 150 Shoup Ave, Idaho Falls  
Phone: 1-877-456-1233  
Hours: Monday-Friday 8:00am-5:00pm  
Website: [https://healthandwelfare.idaho.gov/FoodCashAssistance/FoodStamps/tabid/90/Default.aspx](https://healthandwelfare.idaho.gov/FoodCashAssistance/FoodStamps/tabid/90/Default.aspx)

**Women, Infants, and Children (WIC)**  
Government nutrition program to help families save money on food.  
Call for eligibility.  
Address: 1250 Hollipark Drive, Idaho Falls  
Phone: (208) 522-3823  
Hours: Monday-Friday 8am-12pm and 1pm-5pm  
Website: [http://healthandwelfare.idaho.gov/FoodCashAssistance/WIC/AboutWIC/tabid/3340/Default.aspx](http://healthandwelfare.idaho.gov/FoodCashAssistance/WIC/AboutWIC/tabid/3340/Default.aspx)

**The Idaho Foodbank**  
Food services for children and seniors.  
Office located in Pocatello, but assistance is available throughout Idaho.  
Phone: (208) 233-8811  
Programs Website: [https://idahofoodbank.org/programs/](https://idahofoodbank.org/programs/)

**Surrounding Areas:**  
**North Bingham County Community Food Bank**  
Community food pantry  
Address: 180 S Holmes, Shelley  
Phone: (208) 881-5106  
Pantry Hours: Thursdays 12-2pm  
Website: [http://shelleyfoodbank.org/](http://shelleyfoodbank.org/)

**EICAP - Rexburg**  
Organization provides various types of assistance.  
Call for eligibility and services offered.  
Address: 275 Stationary Place, Rexburg  
Phone: (208) 356-8849  
Hours: Monday-Friday 8am-4:30pm  
Website: [https://www.eicap.org/](https://www.eicap.org/)

**Rigby Area Senior Citizens, Inc.**  
Senior citizens center with food pantry  
Address: 391 Community Lane, Rigby  
Phone: (208) 745-8211  
Pantry Hours: Monday, Wednesday, Friday 9:30-11am
Idaho Falls Community Assistance – Shelter and Housing

City of Refuge
Emergency housing for adult men.
Address: 840 Park Ave, Idaho Falls
Phone: (208) 552-5575
Hours: Monday-Friday 9am-5pm
Website: https://ifrescuemission.org/what-we-do/mens-ministry/

Ruth House
Serves only adult women and women with children
Permanent housing for chronically homeless.
Emergency housing.
Transitional housing.
Call for eligibility and procedures.
Address: 3130 S Yellowstone Highway, Idaho Falls
Phone: (208) 419-0808
Hours: Monday-Friday 9am-5pm
Website: https://ifrescuemission.org/what-we-do/womens-ministry/

The Haven Temporary Shelter
Emergency shelter, transitional housing, and supportive services for families and single women.
Many necessities provided at move in.
Call for eligibility and procedures.
Address: 2480 S Yellowstone Highway, Idaho Falls
Phone: (208) 523-6413
Hours: Monday-Friday 8am-6pm
Website: https://www.eicap.org/our-programs/family-services/haven

CLUB, INC
Permanent housing for chronically homeless.
Homeless prevention services.
Rental services for low-income individuals and families.
Address: 1820 E 17th Street, Idaho Falls
Phone: (208) 529-4673
Hours: Monday-Friday 9am-5pm
Website: http://clubinc.org/

Domestic Violence and Sexual Assault Center
Emergency shelter for victims and their immediate family in imminent danger.
Advocacy, support services, counseling, community education.
Address: 1050 Memorial Drive, Idaho Falls
Phone: (208) 529-4352
24 Hour Crisis Phone: (208) 235-2412
Hours: Monday-Friday 9am-5pm
Website: https://www.dvsacac.org/

Idaho Housing and Finance Association
Rental assistance.
Homelessness assistance.
Section 8 Housing Vouchers.
Call for a complete list of services.
Address: 506 S Woodruff Ave, Idaho Falls
Phone: (208) 522-6002
Hours: Monday-Friday 9am-5pm
Website: https://www.idahohousing.com/
Toll Free Idaho CareLine
Hotline that assists callers in finding childcare, housing, food, domestic violence, mental health, drug/alcohol abuse, transportation and much more in their area.
Phone: 211
Hours: Monday-Friday 8am-6pm
Website: https://211.idaho.gov/

Idaho Suicide Prevention Lifeline
Suicide prevention.
Crisis intervention.
Crisis chat.
Information on how to get help for yourself or others.
Text or Call: (208) 398-4357
Hours: 24 hours a day, 7 days a week
Website: https://www.idahosuicideprevention.org/

Counseling, Testing, and Career Services
Free personal, couples, and career counseling for ISU students.
Call for a complete list of services.
Address: 1784 Science Center Drive, Room 223, Idaho Falls (Bennion Student Union Building)
Phone: (208) 282-7750
Business Hours: Monday-Friday 8am-5pm
Website: https://isu.edu/idahofalls/idaho-falls-student-resources/counseling-testing-and-career-services/

Behavioral Health Crisis Center
Crisis management and referral to needed services.
The center can also assist in finding free and low-cost resources.
No appointment needed.
Address: 1650 N. Holmes Ave, Idaho Falls
Phone: (208) 522-0727
Website: https://www.eastidahocrisis.com/index.html
Business Hours: 24 hours a day, 7 days a week

Idaho Department of Health and Welfare
Government offices that provide mental health and crisis services, financial assistance, Medicaid, and other services.
Call for a complete list of services.
Address: 150 Shoup Ave, Idaho Falls
Phone: (208) 522-7700
Website: https://healthandwelfare.idaho.gov/ContactUs/Region7/IdahoFallsOffices/tabid/732/Default.aspx

Eastern Idaho Public Health – Bonneville County
Offers various public health services at a sliding scale cost.
Call for a complete list of services.
Additional offices in Clark, Custer, Fremont, Jefferson, Lemhi, Madison, and Teton Counties.
Address: 1250 Hollipark Drive, Idaho Falls
Phone: (208) 522-0310
Business Hours: Monday-Friday 8am-12pm
Website: https://eiph.idaho.gov/index.html

EICAP - Idaho Falls
Provides energy assistance, head start programs, GED programs and more.
Call for a complete list of services.
Serves all of Eastern Idaho.
Address: 935 E Lincoln Road, Idaho Falls
Phone: (208) 522-5391
Business Hours: Monday-Friday 8am-4:30pm
Website: https://www.eicap.org/

Idaho Falls Community Outreach Center
FREEMED – prescription assistance for low-income, uninsured persons.
FISH – last resort help for needs not met through normal channels: school supplies, hygiene products, etc.
Call for a complete list of services.
Address: 301S Boulevard, Idaho Falls
Phone: (208) 701-9096
Website: http://www.ifoutreach.org/

Salvation Army – Idaho Falls
Church that provides a food pantry and assistance with rent, utilities, prescriptions, and hygiene products.
Call for call for a full list of services, eligibility, and procedures.
Address: 605 N Boulevard, Idaho falls
Phone: (208) 522-7200
Hours: Monday, Tuesday, Thursday, Friday 9:30am-12:30 pm
Website: https://idahofalls.salvationarmy.org/

St Vincent de Paul – Idaho Falls
Organization that provides a food bank, prescription assistance, clothing, etc.
Call for a complete list of services.
Address: 805 S Holmes Street, Idaho Falls
Phone: (208) 522-6280
Hours: Monday, Wednesday, Friday, 9am-12pm and 1pm-4pm

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