

Shape the future of telebehavioral health and virtual care in Idaho!

- **Tell policy-makers** and legislators about your hopes and concerns.
- **Share information** across disciplines.
- **Listen and talk to providers** of tele/virtual mental health services in your service area.
- **Advocate** for better broadband access and infrastructure.
- **Connect** with key organizations!
 - Northwest Regional Telehealth Resource Center (NRTRC)
 - National Telehealth Technology Assessment Resource Center (TTAC)
 - Center for Connected Health Policy
 - Idaho Bureau of Rural Health and Primary Care
 - Idaho Telehealth Task Force
 - Your licensing board

I was really thankful because at the time when all of this happened [COVID-19]...I was really glad that the state was sort of like, "Yes! Do it! Use telehealth!"

If somebody says, "Oh, I didn't get a ride," we just say, "Well, jump on [your computer]!"

Older clients who are forced to self-quarantine tend to want to stay with teletherapy...The younger ones would be my young moms. They tend to like it for the convenience factor, and some live in rural areas.

We listened to providers in southeast Idaho, and these are things they told us.



Southeast Idaho AHEC

Where students and health professionals thrive!



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