

# Letter For Declaring Pregnancy

This form letter is provided for your convenience. To make a declaration of pregnancy, you may fill in the blanks in this form letter, or you may write your own letter.

## Declaration of Pregnancy

To: Radiation Safety Office

In accordance with the NRC's regulations 10 CFR 20.1208, "Dose to an Embryo\Fetus," I am declaring that I am pregnant. I believe I became pregnant in \_\_\_\_\_ (mm/yy)

Current Supervisor or Dosimeter Series Code \_\_\_\_\_

I understand the radiation dose to my embryo\fetus during my entire pregnancy will not be allowed to exceed 0.5 rem (5 mSv) unless that dose has been exceeded between the time of conception and submitting this letter. I also understand that meeting the lower dose limit may require a change in job responsibility during my pregnancy.

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Signature

Date

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Printed Name