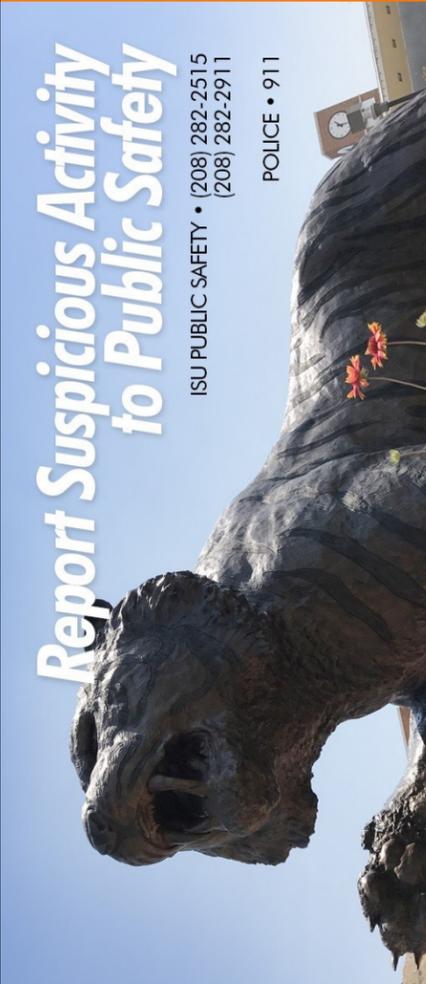


Report Suspicious Activity to Public Safety

ISU PUBLIC SAFETY • (208) 282-2515
(208) 282-2911

POLICE • 911



How to Prevent Your Child From Texting and Driving

There comes a time in every parent's life when they have to face reality: one day, your little one is going to grow, mature, and learn to drive. It's scary. Here are some tips to help keep their eyes off their phone and on the road.



When it comes down to it, keeping your kids safe from the small-screen distraction when behind the wheel is two parts communication and one part technology. The good news is that no matter what, you're being proactive about the situation.

Start By Talking to Them

With kids, talking goes a long way! They may not always act like it, but they're listening. They remember the things you say, and as much as they don't want to admit it, they know you're right.

Sometimes, however, talking to them in a way that doesn't seem overbearing or patronizing is difficult, especially when it's about something *important*. And there are few things as important as keeping them safe behind the wheel. So just talk to them. Have a conversation. Tell them how you feel, let them know that while it seems like just "quickly checking a text" doesn't seem like a big deal, it only takes a split second for an accident to happen. A car is like a loaded gun—and demands as much respect as one, too.

Lead By Example

I know, you have *years* of experience driving, so you know what to do. I'm with you there, but it's hard to tell your kids one thing when they see you doing the exact opposite! If you really want your children take to heart the things you say, leading by example is the absolute best thing you can do. Don't mess with your phone while you drive. Don't reply to texts. Don't even read them. It can wait. Think about it: if they see you doing it and think it's okay, could you ever forgive yourself if something terrible were to happen?

Make Putting the Phone Away in the Car Mandatory

The best way to avoid a distraction is to completely remove it from your view—you know: out of sight, out of mind. So make that a rule in the car. Put the phone away, somewhere it can't be seen (or preferably even heard): in the console, in the glove box, in the trunk—just somewhere out of sight. Not only will this make it harder for a casual grab-and-glance, but it will help keep curious eyes on the road if they can't hear the *ding* with every text message.

Put Tech to Work for You

The good news is that you don't have to rely on your little angels to be completely honest and obey your every wish once they're out and about—you can use their phone to your advantage.

If your child has an iPhone, you can set Do Not Disturb to automatically turn on in a moving vehicle. This prevent them from (easily) using it, as well as blocks all notifications to avoid distraction. It's cool. To turn it on, head into Settings, and then tap the "Do Not Disturb" option.

For Android or iOS: Use an App—Regardless of which phone platform you and your kids use, there are safe driving apps available. Here are a few of the best out there for you to check out: Lifesaver, TrueMotion Family, and AT&T DriveMode.

(Courtesy How to Geek.com)

Courtesy of ISU Public Safety

Top 10 Summer Safety Tips for College Students



If you are a graduating senior—there is a lot to celebrate this summer; the accomplishment of finishing high school, the anticipation of entering college and the freedom of leaving the nest! Many students celebrate by throwing parties, organizing a group trip to a fun beach destination, or maybe even a backpack tour around Europe with a group of friends. To make sure that your summer celebrations create nothing more than wonderful memories, be sure to follow a few Safety Tips.

Make Sure Your Intuition Antenna is UP... Getting from Point A to Point B is when we are all most vulnerable. Make sure to be aware of your surroundings and do not get distracted as you get to your party destination. DO NOT text and drive, NEVER drink and drive, and always make sure you have complete directions of where you are going and know the safest route to get there and back home safely.

Watch it Party Girl... Date rape drugs are very real, hundreds of women fall victim to drugging's every year. GHB, one of the most common of the drugs, is clear, odorless and tasteless, making it very hard to detect if it has been dropped in your drink! Therefore you need to always keep your drink in front of you where you can see it—never leave your drink unattended and never accept a drink from someone if you did not watch it being made. When in doubt, pour it out.

Always Have Your Buddies Back... You know the term, "Safety in numbers"—let's face it, criminals look for the easiest target—that is a young woman alone (usually at night). Make a plan with your friends BEFORE you leave the house that you all plan on going to the party together—and getting home together. Never leave a party without one of your girlfriends. This goes for when you are travelling together as well. Partner up to stay safe. If you see a young woman who has had too much to drink, make sure she gets home safely.

Road Trip... If you and your friends decide to hit the open road for a weekend adventure, make sure to have your car checked out by a mechanic before you leave. Also, make sure to have an Emergency Road Kit in your car complete with jumper cables, flares, first aid kit, flashlight, rain poncho, blankets and gloves. Don't forget your AAA Roadside Assistance card, your contact number and a good GPS device either installed in your car or on your cell phone. Be sure to map out your route before you go and don't take any shortcuts if you are not ABSOLUTELY positive where you are going...getting lost in the middle of the desert in 100 degree heat is NO FUN and extremely dangerous!

Hotel, Motel, Holiday Inn... Most students are on budgets and while staying at a cheap motel is tempting, it is not always the safest personal safety choice. Most motels do not offer the same security measures that a large hotel chain would. Pool your money—double up in the rooms and opt to stay at a reputable hotel. Pick a room by the elevator or highly trafficked area. Also make sure to never open your door to a stranger.

Give them a Sign... When you leave your room hang a "do not disturb" sign on the door—leave the TV on making it seem as though someone is in the room. Make arrangements with housekeeping to have the room straightened when you are there. Any thief casing the hallway for unattended rooms will assume yours is occupied.

Copy Everything... Make sure you have copies of all your important documents i.e. your passport, itinerary, emergency numbers and insurance cards. Leave a copy with your parents and a copy in the hotel safe, that way if anything gets stolen you will have all your information easily accessible making it easier to replace anything that you have lost.

Check in Often... Even though you are having the time of your life, and home is a distant memory (for the time being) it is very important to check in with your parents/family a couple of times a day. Set up a time to talk/Skype each day so that your loved ones know where you are. Leave a detailed itinerary with contact numbers of hotels/hostels and any other important information they might need to get ahold of you. If something were to happen—and you needed help, time is of the essence and being able to track your last whereabouts is vital.

(Courtesy of Sabre)



FUN FACTS

Summer in the northern hemisphere begins on June 21.

What is a solstice? Ancient cultures knew that the sun's path across the sky, the length of daylight, and the location of the sunrise and sunset all shifted in a regular way throughout the year. They built monuments, such as Stonehenge, to follow the sun's yearly progress.



Today, we know that the solstice is an astronomical event, caused by Earth's tilt on its axis and its motion in orbit around the sun.

If you live in the Northern Hemisphere, you might notice the early dawns and late sunsets, and the high arc of the sun across the sky each day. You might see how high the sun appears in the sky at local noon. And be sure to look at your noontime shadow.

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Encounters: What to do When You Meet a Mountain Lion

If you do see a mountain lion, no matter how thrilled you are to be one of the very few who gets such an opportunity, stay well back, and take the encounter seriously.



Seem as large as possible.

Make yourself appear larger by picking up children, leashing pets in, and standing close to other people. Open your jacket. Raise your arms. Wave your raised arms slowly.



Make noise.

Yell, shout, bang your walking stick or water bottle. Make any loud sound that cannot be confused by the lion as the sound of prey. Speak slowly and loudly to disrupt and discourage the lion's hunting instincts.



Act defiant, not afraid.

Maintain eye contact. Never run past or away from a mountain lion. Don't bend over or crouch down. Aggressively wave your arms, throw stones or branches, do not turn away.



Slowly create distance.

Assess the situation. Consider whether you may be between the lion and its kittens, prey or cache. Back away slowly to give the mountain lion a path to retreat, never turning your back. Give the lion the time and ability to get away.



Protect yourself.

If attacked, fight back. Protect your neck and throat. People have used rocks, jackets, garden tools, tree branches, walking sticks, fanny packs and even bare hands to turn away mountain lions.

(Courtesy Mountain Lion Foundation)



Hazardous Materials Incidents

Any spillage of a hazardous chemical or radioactive material should be reported immediately to Public Safety at ext. 2515 or 2911, and the Department of Environmental Health and Safety (EH&S) at ext. 2310 or 2311. An incident after hours should be reported to Public Safety.

Before an Incident Involving Hazardous Materials Occurs:

- Become familiar with the hazardous materials within your building.
- Know what the hazards are and their potential for harm.
- Know where and how hazardous substances are being stored.
- Become familiar with first aid procedures essential for treating injured persons.

After an Incident Involving Hazardous Materials Occurs:

- Contact Public Safety at ext. 2515 and EH&S at ext. 2310 or 2311.
- Public Safety will contact the necessary specialized authorities and medical personnel.
- When reporting be specific about the nature of the involved material and exact location.

Public Safety and/or EH&S will provide information as to the dangers of a particular chemical, its combustibility or explosive nature, its toxicity, evacuation measures, protective equipment needed, firefighting and/or first aid measures, and cleanup procedures without endangering yourself and other personnel, contain the spill if possible.

This will reduce the spread and danger of contamination.

Do Not walk into or touch any spilled material.

Avoid inhalation of gases, fumes and smoke even if no hazardous materials are involved.

The individual in charge at the spill should evacuate the affected area at once and seal it off to prevent further contamination.

Training Opportunities



Public Safety is available to provide active shooter survival training to individual departments and divisions. Ideally, this can be accomplished in a 15-20 minute presentation during regularly scheduled department and division meetings. After the presentation, a walk-through can be conducted of specific offices and classrooms to discuss escape routes and barricade options. Please give us a call at (208)282-2911/2515 to schedule a presentation.



No matter how rapid the arrival of professional emergency responders, bystanders will always be first on the scene. A person who is bleeding can die from blood loss within five minutes, therefore it is important to quickly stop the blood loss. Those nearest to someone with life threatening injuries are best positioned to provide first care.

You may be able to save a life by taking [these simple actions](#) immediately after the trauma.

In addition, the Department of Public Safety will be sponsoring Stop the Bleed Training this fall. More information will be available then.

Fireworks: Recommended Safety Tips

- Obey all local laws regarding the use of fireworks.
- Know your fireworks; read the cautionary labels and performance descriptions before igniting.
- A responsible adult SHOULD supervise all firework activities. Never give fireworks to children.
- Alcohol and fireworks do not mix. Save your alcohol for after the show.
- Wear safety glasses when shooting fireworks.
- Light one firework at a time and then quickly move away.
- Use fireworks OUTDOORS in a clear area; away from buildings and vehicles.
- Never relight a "dud" firework. Wait 20 minutes and then soak it in a bucket of water.
- Always have a bucket of water and charged water hose nearby.
- Never carry fireworks in your POCKET or shoot them into METAL or GLASS containers.
- Do not experiment with homemade fireworks.
- Dispose of spent fireworks by wetting them down and place in a metal trash can away from any building or combustible materials until the next day.
- Report illegal explosives, like M-80s and quarter sticks, to the fire or police.



And let's not forget the safety of our pets!

- Don't bring your pets to a fireworks display, even a small one.
- If fireworks are being used near your home, put your pet in a safe, interior room to avoid exposure to the sound.
- Make sure your pet has an identification tag, in case it runs off during a fireworks display.
- Never shoot fireworks of any kind (consumer fireworks, sparklers, fountains, etc.) near pets.

ISU Alerts: The Emergency Notification System for ISU

When big, news-breaking stuff happens on campus, you want to know, right? But seriously, how can we let you know if we don't know how to contact you? ISU Alerts: the ISU Emergency Notification System can help. Once you sign up, we'll use every means possible-email, text, voice message-to get info to you about anything that might affect your health and safety at ISU-and what you should do about it.

This includes building or school closures, weather emergencies, and, of course, zombie attacks.

Because, you never know what might happen, right?

Just go to BengalWeb and click ISU Emergency Notification System. Verify your info, making sure to add the cell phone numbers and email addresses you want notified.



That's it--except for packing your zombie apocalypse survival kit. Better get on it.