

CURRICULUM VITAE
Shannon M. Lynch, Ph.D.
Department of Psychology
Idaho State University
Sam and Aline Skaggs Health Science Center
1311 E Central Dr., Meridian, ID 83642
lyncshan@isu.edu
208 373 - 1951
Licensed Psychologist, Idaho #202220
<https://orcid.org/0000-0002-3674-7806>
<https://www.webofscience.com/wos/author/record/J-5060-2019>

Education

1993- 1999	University of Michigan, Ann Arbor	PhD	1999	Clinical Psychology
		MA	1995	Clinical Psychology
1988- 1992	Tufts University, Massachusetts	BA	1992	Psychology and Child Study

Appointments

Professor, Psychology, Idaho State University, August 1, 2012- current.

Ombuds, Idaho State University, January – August 2020; January 2023- May 2026.

Chair, Psychology, Idaho State University, May 2011- June 2017. Interim Chair, Sept. 2009 – May 2011.

Associate Professor, Psychology, Idaho State University, August 1, 2007- July 2012.

Assistant Professor, Psychology, Idaho State University, August 1, 2004- July 2007.

Assistant Professor, Psychology, Western Illinois University, August 2001- May 2004.

Psychology Fellow, September 1999- August 2000 and **Psychology Associate**, September 2000- July 2001 at the Victims of Violence, Outpatient Psychiatry, Cambridge Health Alliance/Harvard Medical School, Central Street Health Clinic, Somerville, Massachusetts.

APA Accredited Intern, University Center for the Child and Family, Ann Arbor, Michigan, September 1995- August 1997. *Child Advocacy Law Clinic Intern* from September, 1996- May, 1997.

Selected Honors and Awards

American Psychological Association Fellow, January 2019. Division 35. [Research award for scholarship with national impact].

American Psychological Association Education Directorate Leadership Conference (invited representative for COGDOP), October 2015, Washington D.C.

American Psychological Association Leadership Institute for Women in Psychology, August 2010 – March 2011

The Society for the Teaching of Psychology: Infusing Diversity into Teaching Award, June 2009

Idaho State University Outstanding Researcher, 2015

Idaho State University Master Teacher, 2011

Outstanding Clinical Faculty of the Year 2006, 2010, 2014; award given by the Psychology Graduate Student Association, Idaho State University.

Selected Grant Activity

External

Principal-Investigator. (Co-PI: Robert Rieske). *Idaho Department of Health and Welfare- Division of Behavioral Health* Grant “Children’s Mental Health Manual.” Awarded \$50,000. May 2017 to December

2017.

Principal Investigator. (Co-PI: Dana Dehart and Co-Investigators: Joanne Belknap and Bonnie Green) on *Bureau of Justice Assistance/Department of Justice* Grant (2010-DB-BX-K048) "Women's pathways to jail: The roles & intersections of serious mental illness & trauma." Awarded \$496,022. October 2010 to September 2012.

Consultant. (PI: Maria Wong) for a *National Institutes of Health's National Institute on Alcohol Abuse & Alcoholism and National Institute of General Medical Sciences* R01 grant (R01 AA020364) "Sleep physiology and risk for alcohol problems in children of alcoholics." Awarded \$1.62 million October 2013 to 2018.

Consultant. (PI: Jeff Hill) for a *National Science Foundation, Division of Undergraduate Education*, grant titled "Early Integration of Research Experiences into the Undergraduate Biology Curriculum." Awarded \$199,791. June 2012 to May 2015.

Internal

Humanities and Social Sciences Research Committee. "Examining the effectiveness of *Seeking Safety*, an integrated PTSD and substance abuse program for female offenders." Awarded \$8500 (July 2008 to December 2010).

University Research Committee. "An Evaluation of Seeking Safety: Examining the effectiveness of an integrated group treatment for Posttraumatic Stress Disorder and Substance Abuse for female offenders." Awarded \$20,000 (July 2006 to June 2008).

Faculty Research Committee. "A Study of Trauma Exposure and Treatment Needs at the Pocatello Women's Correctional Center." Awarded \$4,212 (May 2005 to May 2006).

Journal Editorial Board Roles

Psychology of Women Quarterly

Associate Editor November 2014 – June 2020

Consulting Editor 2013-2014

Student Advisory Board Coordinator, March 2020-December 2024

Psychological Trauma: Theory, Research, Practice...

Editorial board member October 2021- current

National Service

APA Committee on Accreditation doctoral program site visitor. Site visits: November 2016, December 2018, November 2019, March 2020 (Chair), April 2021 (Chair), November 2022 (Chair), December 2023 (chair).

Committee on Women in Psychology, American Psychological Association, January 2017- December 2019. Chair, 2019.

State Service

Idaho Behavioral Health Council- Diversion Systems Implementation Team. February 2025- ongoing.

Peer Reviewed Publications (45)

***denotes student or former student co-author**

*Atwood, M. R. & **Lynch, S. M.** (2026, *in press*) Latent Classes of Adversity and Trauma Related Distress Predict Criminal Legal System Involvement. *Journal of Aggression, Maltreatment & Trauma*.

*Stubbers K., *Stalzer A., *Bengtson, L. & **Lynch, S. M.** (2026). Reproductive Healthcare Utilization Influences Among Women and Sexual/Gender Minority Survivors of Sexual Violence. *Journal of Child Sexual Abuse*, 1-20. <https://doi.org/10.1080/10538712.2026.2724888>

Lynch, S. M. & *Kaplan, S. (2025) Examining trauma-related shame and trauma coping self-efficacy as predictors of PTSD in women in jail. *Social Sciences* 14(1), 49.

<https://doi.org/10.3390/socsci14010049>

- *Bengtson, L., & **Lynch, S. M.** (2025). Trauma, PTSD, and Self-Efficacy: Predictors of Cervical Cancer Screening in Sexual Violence Survivors. *Journal of Interpersonal Violence*, 40(7-8), 1865-1887. First published July 24, 2024. <https://doi.org/10.1177/08862605241265431>
- *Weber, S. & **Lynch, S. M.** (2024). Interpersonal violence, emotion regulation, and trauma coping self-efficacy as predictors of PTSD, substance use, and risk engagement among women in jail. *Journal of Interpersonal Violence*, 41(1-2), 26-47. First published December 23, 2024. <https://doi.org/10.1177/08862605241307227>
- *Tussey, E., *Perez, G. & **Lynch S. M.** (2024). Sleepless behind bars: The connection between mental health, environment and sleep among women in jail. *Sleep Advances* (5), 1-8. First published February 14, 2024. <https://doi.org/10.1093/sleepadvances/zpae012>
- *Bengtson, L., Aubuchon-Endsley, N., Meotti, S., & **Lynch, S. M.** (2024). Trauma History Questionnaire: validation with novel samples of incarcerated women and perinatal women. *Women & Health*, 64(5), 380–391. <https://doi.org/10.1080/03630242.2024.2344503>
- *Richner, D. C., & **Lynch, S. M.** (2024). Sexual health knowledge and sexual self-efficacy as predictors of sexual risk behaviors in women. *Psychology of Women Quarterly*, 48(1), 133-146. First published May 15, 2023. <https://doi.org/10.1177/03616843231172183>
- Lynch, S. M.**, *Weber, S., *Kaplan, S. & *Craun, E. (2023) Childhood and adult sexual violence exposures as predictors of PTSD, dissociation, and substance use in women in jail. *Journal of Child Sexual Abuse*, 33(4), 424–440. First published June 26, 2023. DOI: [10.1080/10538712.2023.2226132](https://doi.org/10.1080/10538712.2023.2226132)
- *Mozafari, A. R., *Shaw, A. B., & **Lynch, S. M.** (2023). The influence of interpersonal violence and adult attachment on incarcerated women’s mental health and parenting self-perception. *Journal of Aggression, Maltreatment & Trauma*, 33(2), 200–219. First published March 22, 2023. <https://doi.org/10.1080/10926771.2023.2194268>
- *DeCou, C., **Lynch, S. M.**, *Weber, S., *Richner, D., *Mozafari, A., *Huggins, H. & *Perschon, B. (2023). On the association between trauma-related shame and symptoms of psychopathology: A meta-analysis. *Trauma, Violence & Abuse*, 24(3), 1193-1201. First published October 2021. <https://doi.org/10.1177/15248380211053617>
- *Weber, S. & **Lynch, S. M.** (2021). Understanding the relations among adverse childhood experiences (ACE), substance use, and reoffending among detained youth. *Child Abuse & Neglect*, 120, 105211. First published July 2021. <https://doi.org/10.1016/j.chiabu.2021.105211>
- *Mahoney, C.T., **Lynch, S. M.** & Benight, C.C. (2021). The indirect effect of coping self-efficacy on the relation between sexual violence and PTSD symptoms. *Journal of Interpersonal Violence*, 36 (21-22), 9996-10012. First published October 2019. <https://doi.org/10.1177/0886260519881525>.
- *Konecky, E. & **Lynch, S. M.** (2019). Cumulative trauma exposure, emotion regulation, and PTSD among Incarcerated Women. *Journal of Traumatic Stress*, 32 (5), 806-811. <https://doi.org/10.1002/jts.22435>
- *DeCou, C.R. & **Lynch, S. M.** (2019). Emotional reactivity, trauma-related distress, and suicidal ideation among adolescent inpatient survivors of sexual abuse. *Child Abuse and Neglect*, 89, 155-164. <https://doi.org/10.1016/j.chiabu.2019.01.012>
- *DeCou, C. R., *Mahoney, C., *Kaplan, S. & **Lynch, S. M.** (2019). Coping self-efficacy and trauma-related shame mediate the association between negative social reactions to sexual assault and PTSD symptoms. *Psychological Trauma: Theory, Research, Practice, and Policy*, 11 (1), 51-54. <http://dx.doi.org/10.1037/tra0000379>
- *DeCou, C. R., *Kaplan, S., Spencer, J. & **Lynch, S. M.** (2019) Trauma-related shame, sexual assault severity, thwarted belongingness, and perceived burdensomeness among female undergraduate survivors of sexual assault. *Crisis: The Journal of Crisis Intervention and Suicide Prevention*, 40(2),

- 134–140. <https://doi.org/10.1027/0227-5910/a000549>. Published online: October 12, 2018.
- *DeCou, C.R. & **Lynch, S. M.** (2018). Sexual orientation, gender, and attempted suicide among adolescent psychiatric inpatients. *Psychological Services*, 15(3), 363-369. <http://dx.doi.org/10.1037/ser0000216>
- *DeCou, C. R. **Lynch, S. M.**, DeHart, D., Belknap, J. (2017) Evaluating childhood and adulthood victimization as predictors of psychotic disorders: Findings from a nationwide study of women in jail. *Psychosis*, 9, 282-285. <http://dx.doi.org/10.1080/17522439.2017.1325512>.
- Lynch, S. M.**, DeHart, D., Belknap, J., Green, B., Dass-Brailsford, P., *Johnson, K.J. & Wong, M.M. (2017). An examination of the associations among victimization, mental health, and offending in women. *Criminal Justice & Behavior*, 44, 796-814. <https://doi.org/10.1177/0093854817704452>
- Lynch, S. M.** & *Heath, N. M. (2017). Predictors of incarcerated women's post-release depression, PTSD, and substance use problems: A Longitudinal Study. *Journal of Offender Rehabilitation*, 56, 157-172. doi: [10.1080/10509674.2017.1290007](https://doi.org/10.1080/10509674.2017.1290007).
- *DeCou, C. R., *Cole, T. T., **Lynch, S. M.**, Wong, M. M., & *Matthews, K. C. (2017). Assault-related shame mediates the association between negative social reactions to disclosure of sexual assault and psychological distress among female undergraduates. *Psychological Trauma: Theory, Research, Practice, and Policy*, 9(2), 166-172. <http://dx.doi.org/10.1037/tra0000186>
- *DeCou, C., **Lynch, S. M.** & *Cole, T. (2017). Physical and sexual victimization predicts suicidality among women in prison: Understanding ethnic and trauma-specific domains of risk. *Current Psychology*, 36, 774-780. Available online first June 2016. doi: 10.1007/s12144-016-9465-8.
- *DeCou, C. **Lynch, S. M.**, Dehart, D. D. & Belknap. (2016) Evaluating the association between childhood sexual abuse and attempted suicide across the lifespan: Findings from a nationwide study of women in jail. *Psychological Services*, 13(3), 254-260. doi: 10.1037/ser000009.
- Belknap, J., **Lynch, S. M.** & Dehart, D. D. (2016). Jail staff members' views on jailed women's mental health, trauma, offending, rehabilitation, and reentry. *The Prison Journal. Special Issue: Jails and Mental Health Issues*, 96 (1), 79-101. doi: 10.1177/0032885515605485.
- *Decou, C., **Lynch, S. M.**, *Cole, T. & *Kaplan, S. (2016). Dissociation mediates the association between intimate partner violence and posttraumatic stress among treatment-seeking incarcerated women. *Journal of Trauma & Dissociation*, 17(4), 480-493. doi: 10.1080/15299732.2016.1141148.
- Green, B. L., Dass-Brailsford, P., Hurtado de Mendoza, A., Mete, M., **Lynch, S. M.**, DeHart, D. D., & Belknap, J. (2016). Trauma experiences and mental health among incarcerated women. *Psychological Trauma: Theory, Research, Practice, and Policy*, 8 (4), 455-463. <http://dx.doi.org/10.1037/tra0000113>
- *DeCou, C.R & **Lynch, S. M.** (2015). Assessing adult exposure to community violence exposure: A review of definitions and measures. *Trauma, Violence & Abuse*, 18, 51-61. doi: 10.1177/1524838015590590.
- *DeCou, C., *Cole, T., *Rowland, S., *Kaplan, S. & **Lynch, S. M.** (2015). An ecological process model of female sexual offending: The role of victimization, psychological distress, and life stressors. *Sexual Abuse: A Journal of Research and Treatment*, 27 (3), 302-323. doi: 10.1177/1079063214556359.
- *DeCou, C. R., **Lynch, S. M.**, *Cole, T. & *Kaplan, S. (2015). Coping self-efficacy moderates the association between severity of partner violence and PTSD symptoms among incarcerated women. *Journal of Traumatic Stress*, 28(5), 465-468. doi: 10.1002/jts.22034.
- DeHart, D. D., **Lynch, S. M.** Belknap, J., Dass-Brailsford, P., & Green, B. (2014). Life-history models of female offending: The role of serious mental illness and trauma in women's pathways to jail. *Psychology of Women Quarterly*, 38(1), 138-151. doi 10.1177/0361684313494357.

- Lynch, S. M.**, DeHart, D. D., Belknap, J., Green, B., Dass-Brailsford, P., *Johnson, K.J. & *Whaley, E. (2014). A multi-site study of the prevalence of serious mental illness, PTSD, and substance use disorders in women in jail. *Psychiatric Services*, 65(5), 670-674. doi: 10.1176/appi.ps.201300172.
- *Nowotny, K., Belknap, J., **Lynch, S. M.**, DeHart, D. (2014). Risk profile and treatment needs of women in jail with co-occurring serious mental illness and substance use disorders. *Women & Health*, 54, 781-795. doi:10.1080/03630242.2014.932892.
- *Heath, N. M., **Lynch, S. M.**, *Fritch, A. M., & Wong, M. M. (2013). Rape myth acceptance impacts the reporting of rape to the police: A study of incarcerated women. *Violence Against Women*, 19, 1065-1078.
- *Johnson, K. A. & **Lynch, S. M.** (2013). Predictors of maladaptive coping in incarcerated women who are survivors of childhood sexual abuse. *Journal of Family Violence*, 28(1), 43-52.
- Lynch, S. M.** (2013). Not good enough and on a tether: Exploring how violent relationships impact women's sense of self. *Psychodynamic Psychiatry*, 41(2), 219-246.
- Lynch, S. M.**, *Fritch, A. M. & *Heath, N. M. (2012). Looking beneath the surface: The nature of incarcerated women's experiences of interpersonal violence, mental health, and treatment needs. *Feminist Criminology*, 7(4), 381-400.
- Lynch, S. M.**, *Heath, N. M., *Matthews, K. C., & *Cepeda, G. J. (2012). *Seeking Safety*: An intervention for trauma exposed incarcerated women? *Journal of Trauma & Dissociation*, 13, 1-14.
- *Heath, N. M., **Lynch, S. M.**, *Fritch, A.M., *McArthur, L.N. & *Smith, S.L. (2011). Silent survivors: Rape myth acceptance in incarcerated women's narratives of disclosure and reporting of rape. *Psychology of Women Quarterly*, 35, 596-610.
- *Fritch, A. M. & **Lynch, S. M.** (2008). Group treatment for adult survivors of interpersonal trauma. *Journal of Psychological Trauma*, 7(3), 145-169.
- Lynch, S. M.**, Forman, E. M., Mendelsohn, M. & Herman, J. L. (2008). Attending to dissociation: Assessing change in treatment and predicting treatment outcome of trauma survivors. *Journal of Trauma & Dissociation*, 9(3), 301- 319.
- Graham-Bermann, S. A., **Lynch, S. M.**, Banyard, V., DeVoe, E, & Halabu, H. (2007). Community-based intervention for children exposed to intimate partner violence (IPV): A longitudinal study. *Journal of Clinical & Consulting Psychology*, 75(2), 199-209.
- Lynch, S. M.**, *Keasler, A. L, *Reaves, R. C., *Channer, E. G., and *Bukowski, L. T. (2007). The story of my strength: An exploration of resilience in the narratives of survivors of trauma. *Journal of Aggression, Maltreatment, & Trauma*, 14(1/2), 75-97. Simultaneously published in Mary Harvey and Pratyusha Tummala-Narra (Eds.) *Sources and Expressions of Resiliency in Trauma Survivors: Ecological Theory, Multicultural Practice*. Hayworth Press. Binghamton, NY: Hayworth Press.
- Graham-Bermann, S. A., DeVoe, E., Mattis, J., **Lynch, S. M.**, & Thomas, S. (2006). Ecological predictors of traumatic stress symptoms in Caucasian and ethnic minority children exposed to domestic violence. *Violence Against Women*, 12(7), 1-30.
- Lynch, S. M.** & Graham-Bermann, S. A. (2004). Exploring the relationship between positive work experiences and women's sense of self in the context of partner abuse. *Psychology of Women Quarterly*, 28, 159-167.
- Levendosky, A. A., **Lynch, S. M.** & Graham-Berman, S. A. (2000). Mothers' perceptions of the impact of woman abuse on their parenting: A qualitative analysis. *Violence Against Women*, 6, 247-271.
- Lynch, S. M.** & Graham-Bermann, S. A. (2000). Woman abuse and self-affirmation: Influences on women's self-esteem. *Violence Against Women*, 6, 178-197.

Books/Book Chapters

- DeHart, D.D. & **Lynch, S. M.** (2021). [*Women's and Girls' Pathways through the Criminal Legal System: Addressing Trauma, Mental Health, and Marginalization*](#). San Diego, Cognella. ISBN

78-1-5165-3446-3.

- *Priester, M. A., *Cole, T., **Lynch, S. M.** & DeHart, D. D. (2016) Consequences and sequelae of violence and victimization. In Carlos Cuevas (Ed.) *Wiley-Blackwell Handbook on the Psychology of Violence*. ISBN: 978-1-118-30315-3.
- DeHart, D. D. & **Lynch, S. M.** (2012). Gendered pathways to crime: The relationship between victimization and offending. In C. Renzetti, S. Miller & A. Gover (Eds.) *Routledge International Handbook of Gender and Crime Studies*. New York, NY: Routledge Publishing.
- Lynch, S. M.** (2011). Restoring relationships: Group interventions for survivors of sexual traumas. In T. Bryant-Davis (Ed) *Surviving Sexual Violence: A Guide to Recovery and Empowerment*. Lanham, Maryland: Rowman & Littlefield Publishers, Inc.

Selected Invited Publications/Reports/Encyclopedia Entries/Factsheets/Blogs

- Lynch, S. M.** (December, 2024). *Incarcerated Mothers in Idaho Jails and Prisons Factsheet*.
<https://www.idahojusticeproject.org/lynch-incarcerated-mothers-factsheet>
- Lynch, S. M.** (April, 2019). Cumulative trauma exposure, emotion regulation, and PTSD among incarcerated women. ISTSS Trauma Blog. <https://istss.org/public-resources/trauma-blog/2019-august/cumulative-trauma-exposure,-emotion-regulation,-an>
- Lynch, S. M.** (July 24, 2018) Hit, Hurt, and Distressed: How violence and trauma put women at risk of incarceration. First blog in series on Violence against Women from the Committee on Women in Psychology, American Psychological Association.
<https://psychologybenefits.org/2018/07/24/hit-hurt-and-distressed-how-violence-and-trauma-put-women-at-risk-of-incarceration/>
- Priester, M., DeHart, D., **Lynch, S. M.**, & Belknap, J. (2017). Examining trauma exposure and criminal activity among incarcerated women: Using the life history calendar method in correctional settings. *SAGE Research Methods Cases*. 10.4135/9781473959446.
- Lynch, S. M.**, Dehart, D., Belknap, J. & Green, B. (March 2013) Women's pathways to jail: Examining mental health, trauma, and substance use. *Bureau of Justice Assistance Policy Brief*. NCJ 241045.
- Lynch, S. M.**, Dehart, D., Belknap, J. & Green, B. (2012) *Pathways Project--Research Factsheet: Mental Health & Trauma among Women in Jails*. <http://www.prainc.com/wp-content/uploads/2015/10/mental-health-trauma-women-jails.pdf>. Also <http://nicic.gov/library/026818>.
- Lynch, S. M.**, Dehart, D., Belknap, J. & Green, B. (September 2012) Women's pathways to jail: The roles & intersections of serious mental illness & trauma. Final Report. US Dept of Justice, Office of Justice Programs. NCJ 240558.
- Heath, N. M., & **Lynch S. M.** (2012). Wartime rape. In C. R. Figley (Ed.). *Encyclopedia of Trauma*. Pp.808-809.
- Lynch, S. M.**, *Fritch, A.M. with Cellucci, A. (January, 2006) A report on incarcerated women in Idaho: Experiences of interpersonal violence, mental health, and treatment needs. Prepared for State Representative Donna Boe for the Idaho Criminal Justice Commission.
- Lynch, S. M.** (2003) Preparing for the unexpected: An eclectic and practical guide to crisis intervention. *Contemporary Psychology*, 48(5), 562-565. [Invited review of James & Gilliland *Crisis Intervention Strategies* (4th ed.)].

Selected Invited Oral Presentations

*denotes current/former graduate student co-author

- Lynch, S.M.** (January 14, 2026). *Trauma Exposure, Mental Health Problems, and Substance Use in Idaho Corrections Populations*. Invited presentation for the Idaho Commission of Pardons & Parole, Boise, Idaho.
- Lynch, S.M.** (May 6, 2025). *Trauma Exposure, Mental Health, and Substance Use as Risk Factors for*

- Offending in Idaho*. Invited presentation for the 2025 Idaho District Judges Conference, Boise, Idaho.
- Lynch, S.M.** (May 2025, April 2026). *PTSD: Diagnosis and Assessment*. Invited lecture for the Physicians' Assistants Program. Idaho State University, Meridian, Idaho. April 27, 2026. May 1, 2025.
- Lynch, S. M.** (April 12, 2025). *Assessing ACES & PTSD in Integrated Health Settings*. Invited presentation at the Eighth Annual Idaho Integrated Behavioral Health Network Conference, Boise, Idaho.
- Lynch, S. M.** (2009, 2010, 2012, 2013, 2014, 2016, 2017, 2018, 2020, 2021, 2022). *Common Issues in PTSD*. Invited presentation to the Crisis Intervention Team Academy of Idaho for law enforcement, corrections, and emergency responders.
- Lynch, S. M.** (December 21, 2021) *Incarcerated women's trauma exposure, mental health, and potential points of prevention and intervention*. Invited presentation and Q & A to the Rhode Island Special Legislative Criminal Justice Reinvestment Commission.
- Lynch, S. M. & *Weber, S.** (February 5, 2020). *District VI detained youth (2016-2019) & ACES: Preliminary findings 2020*. Invited oral presentation at the annual Juvenile Detention Facility Clinicians and Administrators Training (statewide). Boise, Idaho.
- Lynch, S. M., *Kaplan, S & *Craun, E.** (July 23, 2019). A comparison of women and men offenders' polyvictimization, PTSD, and substance use disorders. Paper presented as part of an invited panel (Chair: DeHart) titled *Addiction III: Substance Use and Trauma among Incarcerated Offenders: Prevalence, Dynamics, & Intervention* at the International Academy of Law & Mental Health in Rome, Italy.
- Lynch, S. M., DeHart, D, Belknap, J, & *DeCou, C.** (2015, March). *Exploring women's pathways to the criminal justice system*. Invited paper for Featured Feminist Science Symposia (Chair: Dawn Salgado) at the Annual Association of Women in Psychology Conference, San Francisco.
- Lynch, S. M., DeHart, D., Beknap, J., & Green, B** (2012, July). *Women's pathways to jail: Roles and intersections of serious mental illness and trauma*. Invited presentation for the National Forum on Criminal Justice and Public Safety in Albuquerque, NM. Also presented to the Idaho Sheriffs' Association semiannual meeting in Coeur d'Alene, Idaho on June 29, 2012 and to the Idaho Criminal Justice Commission in Boise, ID, October 26, 2012.
- Lynch, S. M., DeHart, D., Beknap, J., & Green, B** (2012, September). *When troubled girls become incarcerated women: Understanding intersections of serious mental illness and trauma on females' paths to incarceration*. Invited presentation (90 minutes) at the Idaho Juvenile Justice Association annual meeting in Pocatello, ID.

Selected Peer Reviewed Research Oral Presentations

***denotes current/former graduate student co-author**

+ denotes current/former undergraduate student co-author

- *Stubbers, K. & Lynch, S. M.** (March, 2026). Dissociation and Affect Dysregulation are Associated with Physical Health Symptoms in Women in Prison in S. **Lynch** [Chair] *Violence Exposure and Women's Health: Risks, Outcomes, and Barriers to Healthcare Utilization*. Rocky Mountain Psychology Association Annual Convention in Boise, Idaho.
- *Muller, K. & Lynch, S. M.** (March 2026). Sexual Health Knowledge, Sexual Self-Efficacy, and Sexual Health in S. **Lynch** [Chair] *Violence Exposure and Women's Health: Risks, Outcomes, and Barriers to Healthcare Utilization*. Rocky Mountain Psychology Association Annual Convention in Boise, Idaho.
- *Stalzer, A., *Stubbers, K., *Bengston, L. & *Lynch, S. M.** Reproductive Healthcare Utilization Influences Among Women and Sexual/Gender Minority Survivors of Sexual Violence in S. **Lynch** [Chair] *Violence Exposure and Women's Health: Risks, Outcomes, and Barriers to Healthcare Utilization*. Rocky Mountain Psychology Association Annual Convention in Boise, Idaho.

- *Camp, L., *Perez, G. R., & **Lynch, S. M.** (April 2024). Examining the relation between trauma-related shame and psychopathology in system-involved women. In G. Perez [Chair] *Distress Behind Bars: Attending to Trauma Exposures and Mental Health in Women in Jail*. Western Psychological Association Annual Convention in San Francisco, CA.
- *Perez, G. R., +Baker, T., +Castro, F. & **Lynch, S. M.** (April 2024). The impacts of trauma, food insecurity, and housing insecurity on psychopathology in incarcerated women. In G. Perez [Chair] *Distress Behind Bars: Attending to Trauma Exposures and Mental Health in Women in Jail*. Western Psychological Association Annual Convention in San Francisco, CA.
- *Stalzer, A., *Weber, S. & **Lynch, S. M.** (April 2024). Examining the indirect effect of trauma coping self-efficacy on sexual violence exposure, substance use disorders, and suicide. In G. Perez [Chair] *Distress Behind Bars: Attending to Trauma Exposures and Mental Health in Women in Jail*. Western Psychological Association Annual Convention in San Francisco, CA.
- *Stubbers, K. & **Lynch, S. M.** (April 2024). Best practices for trauma-focused research with women in corrections settings. In G. Perez [Chair] *Distress Behind Bars: Attending to Trauma Exposures and Mental Health in Women in Jail*. Western Psychological Association Annual Convention in San Francisco, CA.
- *Atwood, M., *Bengtson, L., & **Lynch, S. M.** (April 2023). An exploration of the associations between women's experiences of sexual violence and beliefs about pap tests. In **S. M. Lynch** [Chair] *An Exploration of the Associations Among Women's Experiences of Sexual Violence and Women's Reproductive and Sexual Health Decision Making* [Symposium]. Rocky Mountain Psychological Association Annual Convention in Albuquerque, NM.
- *Bengtson, L. & **Lynch, S. M.** (April 2023). Reproductive healthcare utilization in sexual violence survivors: examining the mediating role of trauma coping self-efficacy. In **S. M. Lynch** [Chair] *An Exploration of the Associations Among Women's Experiences of Sexual Violence and Women's Reproductive and Sexual Health Decision Making* [Symposium]. Rocky Mountain Psychological Association Annual Convention in Albuquerque, NM.
- *Perez, G. P., **Lynch, S. M.**, *Cummings, D. & *Weber, S. (April 2023). Experiences of sexual violence and sexual risk behaviors in women. In **S. M. Lynch** [Chair] *An Exploration of the Associations Among Women's Experiences of Sexual Violence and Women's Reproductive and Sexual Health Decision Making* [Symposium]. Rocky Mountain Psychological Association Annual Convention in Albuquerque, NM.
- Lynch, S. M.** (April 2023). Understanding the links between sexual violence, reproductive health, and sexual health in women: Future recommendations and implications (discussion). In **S. M. Lynch** [Chair] *An Exploration of the Associations Among Women's Experiences of Sexual Violence and Women's Reproductive and Sexual Health Decision Making* [Symposium]. Rocky Mountain Psychological Association Annual Convention in Albuquerque, NM.
- *Atwood, M., *Weber, S. & **Lynch, S.M.** (April 2022). Predictors of mental health service referral and recidivism in detained youth. In S.M. Lynch (Chair), *Bringing attention to trauma exposure and treatment needs of detained women and youth* [Symposium]. Western Psychological Association Conference, Portland, OR.
- *Bengtson, L. **Lynch, S. M.**, Aubuchon-Endsley, N. & +Meotti, S. (April, 2022). Assessing trauma in vulnerable populations: using the trauma history questionnaire (THQ) with incarcerated and pregnant women. In S.M. Lynch (Chair), *Bringing attention to trauma exposure and treatment needs of detained women and youth* [Symposium]. Western Psychological Association Conference, Portland, OR.
- *Perez, G. & **Lynch, S. M.** (April, 2022). Interpersonal trauma exposure, PTSD, and dissociation in women in jail. In S.M. Lynch (Chair), *Bringing attention to trauma exposure and treatment needs of detained women and youth* [Symposium]. Western Psychological Association Conference,

Portland, OR.

- *Weber, S. & **Lynch, S. M.** (April, 2022). Providing trauma-informed treatment in a corrections setting: seeking safety with incarcerated women. In S.M. Lynch (Chair), *Bringing attention to trauma exposure and treatment needs of detained women and youth* [Symposium]. Western Psychological Association Conference, Portland, OR.

Selected Peer Reviewed Research Posters

***denotes current/former graduate student co-author**

+ denotes current/former undergraduate student co-author

- *Penix-Smith, E., *Weber, S., **Lynch, S. M.**, & Swift, J. (August, 2024). Preferences for common elements of psychotherapies targeting posttraumatic disorder. Awarded the Jeremy Safran Memorial Poster Award. Poster presented at the American Psychological Association Conference, Seattle, WA.
- *Weber, S., *Atwood, M., & **Lynch, S. M.** (April, 2022) *Associations between traumatic experiences, substance use, and suicidal ideation and behavior among youth offenders*. Poster presented at the Western Psychological Association Conference, Portland, OR.
- *Atwood, M., +Harper, C., *Weber, S., & **Lynch, S. M.** (November 2020). *Examining gender differences in adverse childhood experiences (ACE) and suicidality among youth offenders*. Poster presented virtually at the 36th annual meeting of the International Society for Traumatic Stress Studies.
- Lynch, S. M.**, *DeCou, C., *Weber, S., *Richner, C. & *Mozafari, A. (November, 2020). *The association between trauma-related shame and symptoms of psychopathology: A meta-analysis*. Poster presented virtually at the 36th Annual Meeting of the International Society for Traumatic Stress Studies
- *Mozafari, A., Weber, S., Richner, D., Cole, T., & **Lynch, S.M.** (November, 2020). *Understanding the associations between experiences of interpersonal trauma, emotion regulation, and interpersonal problems among incarcerated women*. Poster presented virtually the 36th annual meeting of the International Society for Traumatic Stress Studies.
- *Richner, D., **Lynch, S. M.**, & McArthur, L. (November, 2020). *Evaluation of trauma exposure, sexual risk-taking, and posttraumatic stress in a sample of incarcerated women*. Poster presented virtually at the 36th annual meeting of the International Society for Traumatic Stress Studies.
- *Weber, S., **Lynch, S. M.** (November 2020). *Understanding the role of emotion regulation in the relation between experiences of childhood trauma and substance use among incarcerated women*. Poster presented virtually at the 36th annual meeting of the International Society for Traumatic Stress Studies.
- *Weber, S., *Atwood, M., +Harper, C., & **Lynch, S. M.** (November 2020). *Understanding the relations among adverse childhood experiences (ACE), substance use, and reoffending among juvenile offenders*. Poster presented virtually at the 36th annual meeting of the International Society for Traumatic Stress Studies.
- +Auld, A., *Weber, S., **Lynch, S. M.** (April 5, 2019). *Family member incarceration and substance use as a risk factor for youth reoffending*. Poster presented at the Annual Rocky Mountain Psychological Association Conference, Denver, CO.
- *Weber, S., +Auld, A., **Lynch, S. M.** (April 5, 2019). *Associations between mental health diagnoses, frequency of substance use, and multiple arrests among juvenile offenders*. Poster presented at the Annual Rocky Mountain Psychological Association Conference, Denver, CO.
- *Weber, S. & **Lynch, S. M.** (April 6, 2019). *Measuring sexual violence across measures among youth offenders*. Poster presented at the Annual Rocky Mountain Psychological Association Conference, Denver, CO. Poster also presented at a regional Psi Chi conference, Pocatello, ID (January 26, 2019).

Selected University Service

- ISU Graduate Council, Idaho State University, August 2026- current
- Ombuds, Idaho State University, January – August 2020; January 2023- May 2026
- Equity and Inclusion Commission, Idaho State University, September 2021- September 2024
- Program Health Committee, Idaho State University – Spring 2018-Spring 2020
- College Executive Committee, College of Arts & Letters – Spring 2018 - Fall 2019
- Psychiatry Residency Director, Search Committee- Fall 2017 – Spring 2018
- Idaho State University Strategic Planning Working Group- Fall 2016 - Spring 2017
- eISU Committee, Idaho State University, Fall 2014 – Fall 2016
- Research Council, Idaho State University, Fall 2009 – Spring 2012
- Women Studies Advisory Board, Idaho State University, January 2007 – May 2014
- Multicultural Committee, Idaho State University, September 2006- May 2009
- Psi Chi/Psychology Club advisor – 2004-2008
- Clinical Training Committee, Psychology, Idaho State University, Fall 2004- current
- Psychology department and doctoral program subcommittees (e.g., curriculum, grievance, workload, comprehensive exams, tenure and promotion, third year reviews, periodic performance reviews, program self-study, etc.)

Teaching

Undergraduate courses: Introduction to Psychology, Abnormal Psychology (in seat and online), Incarcerated Women, Service Learning, Psychology of Violence

Graduate courses: Cultural Diversity & Individual Differences, Adult Treatment & Psychopathology II, Introduction to Clinical Psychology, Couples & Families, Group Treatment, Clinical Practicum (supervision of students conducting assessment and treatment in a clinic setting)

Chaired completed and proposed student thesis/dissertation projects (N=35)

Delay discounting for money and sexual activity: Relationships with commodity-specific outcomes and magnitude effects (Muller, 2026)

Mechanisms influencing the association between interpersonal trauma exposure and reoffending (Perez, 2025)

Indirect effects of trauma coping self-efficacy on relations among sexual violence, substance use, and suicidal behaviors in incarcerated women (Stalzer, 2024)

Latent classes of adversity and trauma related distress predicting criminal legal system involvement (Atwood, 2024)

Trauma, PTSD, and self-efficacy: Predictors of reproductive healthcare utilization in sexual violence survivors (Bengtson, 2023)

Interpersonal violence, emotion regulation, and trauma coping self-efficacy as predictors of substance use and risk engagement among women in jail (Weber, 2023)

Understanding sexual assault and psychological distress in the context of material hardship (Perez, 2022)

Relationships between sexual health knowledge, self-efficacy, and trauma on sexual risk-taking among women (Richner, 2021)

An examination of mental health, ACES, and service referrals as predictors of recidivism in detained youth (Atwood, 2021)

Treatment effectiveness for PTSD among Veterans with moral injury course (Livesay, 2021)

Understanding the relations among adverse childhood experiences (ACE), substance use, and reoffending among juvenile offenders (Weber, 2020)

Cognitive emotion regulation strategies as mediators of shame following sexual assault (Cummings, 2018)

Interpersonal violence, internal attributions, and social reactions as predictors of PTSD in women in jail (Kaplan, 2018)

Examining the impact of experiential avoidance and emotion regulation strategies on psychological distress in trauma-exposed individuals (Spencer, 2017)

Using skills training in affective and interpersonal regulation in a group format with incarcerated female interpersonal trauma survivors: A pilot study (Cole, 2016)

On the associations among trauma-related distress, symptoms of depression, resiliency, suicidal ideation, and rurality-urbanicity among adolescent psychiatric inpatients (DeCou, 2016)

An examination of dissociation, past PTSD, and physical health as predictors of current PTSD in women in prison (Vo, 2016)

The complex interactions of adult attachment, trauma, mental health and parenting in incarcerated women (Bonci, 2016)

The association between interpersonal violence and PTSD among incarcerated women: the influence of experiential avoidance (Kaplan, 2015)

Understanding the association between trauma exposure and suicide risk among treatment-seeking incarcerated women: A moderated mediation model (Chris DeCou, 2015)

The relationships among trauma exposure, emotion regulation, and DSM-5 PTSD symptomatology in incarcerated women (Konecky, 2015)

Exploring the role of alcohol expectancies and perspective on sexual aggression threat detection in incarcerated women (co-chaired, Kuruvilla, 2014)

Multi-method, multidimensional assessment of emotion regulation and related processes (Johnson, 2013)

Self-regulation and other risk and protective factors in female perpetrated sex offenses: A comparison across offender groups (co-chaired, Rowland, 2013)

Predictors of post-release PTSD, somatization, and physical health status: Community resource access and recent partner violence (Vo, 2013)

Social reactions to disclosure, attributions of responsibility, and shame as predictors of psychological adjustment in sexual assault survivors (Matthews (Farr), 2011)

Coping style as a mediator of stress and mental health in diverse populations (Cepeda, 2011)

Women's Issues and Sexual Empowerment (WISE): The evaluation of an HIV prevention program for women in prison (Gibson, 2010)

Does dissociation decrease in a trauma-focused group intervention for incarcerated women? (Boyd, 2010)

An evaluation of Seeking Safety for incarcerated women: The roles of self-efficacy and emotion regulation (Heath, 2009)

Associations among characteristics of sexual abuse and deliberate self-harm behavior in incarcerated women (Cepeda, 2008)

Relationships among parenting competence, interpersonal violence, mental health, and substance abuse in post-release mothers (Farr, 2008)

PTSD symptomology and coping in incarcerated women (Gibson, 2007)

Rape myth acceptance and rape reporting among incarcerated women (Heath, 2007)

Trauma, coping, and health in incarcerated women (Fritch, 2006)

Memberships in Professional Associations

American Psychological Association – Division 35: Society for the Psychology of Women
Idaho Psychological Association

Professional Community Service

Supervision of *Seeking Safety*, group CBT for PTSD and SUD, at the Pocatello Women's Correctional Center (Students served as group therapists and I provided supervision for 1-2 groups per year for 12-14 incarcerated women/group, 2008- 2020).

Selected Manuscript Reviews (ad hoc and invited, 109 verified peer reviews)

<https://www.webofscience.com/wos/author/record/J-5060-2019>

Psychology of Women Quarterly	2011 – current
Trauma, Violence & Abuse	2011 – current
Criminal Justice and Behavior	2012 - current
Women and Criminal Justice	2014 - current
Psychological Trauma: Theory, Research, Practice, and Policy	2015 - current
PLOS ONE	2016 -current
Journal of Interpersonal Violence	2019- current
Journal of Traumatic Stress	2019 – current

Selected Trainings/Workshops Completed (Professional Development)

Training on Acceptance and Commitment Therapy (Twohig). Idaho State University. April 10, 2026. 7 hours.

DBT in a Nutshell (Cole). Idaho State University. April 4, 2025. 7 hours.

Foundations of Organizational Ombuds Practice. International Ombuds Association. September 9-12, 2024. 16 hours.

Gender-Affirming Mental Health Care (J. Beighley). Idaho State University. April 19 2024. 5.5 hours.

Pushing the Boundaries of Critical Thinking: What's Next in the Era of Generative AI? (Expert panel on AI in higher education). American Psychological Association. August 23, 2023. 1.5 hours

Documentation with a Jury in Mind. American Psychological Association. April 28, 2023. 1 hour.

Assessing and Treating Suicide Risk (D. Rudd). Idaho Live Project, Idaho State University. March 8 2023. . 6 hours.

Entering Mentoring Workshop. Center for the Improvement of Mentored Experiences in Research (CIMER). Idaho State University College of Sciences and Engineering. September 14, 2022. 8 hours.

Personalizing Psychotherapy: A New Treatment for Each Patient (J. Norcross). Idaho State University. April 1, 2022. 2 hours

Psychotherapist Self-Care: Now More Than Ever (J. Norcross). Idaho State University. April 1, 2022. 4 hours.

Motivational Interviewing Training of Trainers (Craig Anderson). Idaho State University, March 12, 2021. 3 hours.

Training in Psychological Assessment: Before, During and After COVID. Council of University Directors of Clinical Psychology. January 15, 2021. 1.5 hours.

REMOTE Connected Faculty Summit. Arizona State University. Attended sessions on Addressing diversity in online teaching. July 13, 2020 - July 14, 2020. 2 hours.

Motivational Interviewing- Intermediate (Craig Anderson). Idaho State University, September 3, 2020 - September 4, 2020. 12 hours.