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# **Bengal Family Network Town Hall**

**Supporting Your Student's Transition**

Sept 8, 7:00-8:00 p.m. on Zoom

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# News Just In

## American Rescue Plan (ARP) HEERF III COVID-19 Relief Grants for Students distributed *today!*

- Provides COVID-19 relief grant funding for students enrolled in higher education
- Often referred to as the Higher Education Emergency Relief Fund (HEERF III)
- Prioritizes grant payments to students with the highest demonstrated need
- May be used on anything related to the cost of attendance or educational expenses, such as daycare, food, housing, medical fees, etc.

Questions about HEERF III ([CARES Act](#)) funding? Contact Financial Aid

Phone: (208) 282-2756

Email: [finaidem@isu.edu](mailto:finaidem@isu.edu) (students should include their Bengal ID in their email)

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# First Year Success Strategies

Kelly Moor, Director of Strategic Communications, Student Affairs

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# First Year Success Strategies

1. Develop a time management plan.
2. Try not to work more than 20-25 hours per week. (First year: 10-15)
3. Connect! Connect with advisor and faculty office hours early in the semester.
4. Connect! Participate in campus activities. Check out [U Roar!](#)



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# Supporting Students in Transition

Rick Pongratz, Counseling & Testing Services Director



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# Transitions and Student Experiences



- Return to campus
- COVID stress
- Emotional state
  - The good – excited, happy, optimistic
  - The not good – overwhelmed, scared, insecure
  - Probably a little of all of that
- Remember: Biologically, anxiety = excitement



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# How can you support them?

- Validate their experiences
- Encourage persistence
- Help them translate anxiety into excitement by promoting curiosity and bravery.
- Patience
- Encourage meeting new people...especially their professors!

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# Counseling Resources (Free)

Website: [isu.edu/ctc](https://isu.edu/ctc)

Call to establish services:

- Pocatello: (208) 282-2130
- Idaho Falls: (208) 282-7750
- Meridian: (208) 373-1719

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# **Academic Advising and Student Support**

Corey Zink, University Advising, Executive Director

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# Academic Advising and Student Support

- Proactive communication
- NSO 2021 advising changes
- All first and second year students have an assigned academic advisor by major
- ISU Navigate - Early intervention and increased connection with student support departments



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# Academic Advising and Student Support

- Student success takes a TEAM approach!
- Please check with your students about the first weeks of class.
- Tutoring is available! Students can contact their advisor or reach out directly to University Tutoring. Faculty can also be a great resource.

[isu.edu/tutoring](https://isu.edu/tutoring)

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# Academic Advising and Student Support



- Spring 2022 Registration begins November 8
- **Important that students register for spring courses right away!**
- Office of Advising:  
(208) 282-3277

[askanadvisor@isu.edu](mailto:askanadvisor@isu.edu)

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# Bengal Family Weekend

Val Davids, Coordinator of Student Leadership & Engagement





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# 2021 BENGAL FAMILY WEEKEND

*OCTOBER 8-9*

Join your student and the rest of the Bengal community for a weekend of entertaining campus events that concludes with a tailgate and football game.

Online registration  
begins on Monday, July 5  
[isu.edu/family/family-weekend](https://isu.edu/family/family-weekend)

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# Bengal Family Network

Kelly Moor, Director of Strategic Communications, Student Affairs



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# Bengal Family Network

- Got a question? We'll find answers!
- We'll keep you informed.
  - **Monthly newsletter** - critical student-success timelines, what's happening on campus, new developments in student services
  - ***Roaring through the Month*** - mid-month brief updates with registration and financial aid deadline reminders, developing stories and opportunities for your students
- We'll help you stay connected.
  - Bengal Family Weekend
  - Parent Advisory Board - interested in applying? Let us know at [bengalfamilynetwork@isu.edu](mailto:bengalfamilynetwork@isu.edu)

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Visit our web page and opt in to the network at [isu.edu/family/](https://isu.edu/family/)





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# Covid Updates

Rex Force, Senior Vice Provost & Vice President for Health Sciences,  
ISU Family Medicine Director



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For the most current information about our Idaho State response to Covid, see our [Roaring Back](#) web page.

[Roaring Back](#) [COVID-19 Dashboard](#) [Vaccination](#) [Screening](#) [Resources](#) [FAQs](#)

## COVID-19 Information and Updates

### UPDATED FACE COVERING REQUIREMENT →

*Face coverings are required indoors for all individuals--regardless of vaccination status--unless alone in a private office, campus residence, or workspace.*

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# Questions & Answers

We want to hear from you! Type your questions into the chat field. If we do not address your question during the town hall, we will send replies via our newsletter and/or Bengal Family Network email.

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# Program & Event Contact Information

## Supporting Students in Transition

Rick Pongratz, Ph.D.

Pocatello: (208) 282-2130

Idaho Falls: (208) 282-7750

Meridian: (208) 373-1719

Website: [isu.edu/ctc](https://isu.edu/ctc)

## Academic Advising and Student Support

Corey Zink

Email: [askanadvisor@isu.edu](mailto:askanadvisor@isu.edu)

Phone: (208) 282-3277

Website: [isu.edu/tutoring](https://isu.edu/tutoring)

## Bengal Family Network

Email: [bengalfamilynetwork@isu.edu](mailto:bengalfamilynetwork@isu.edu)

Website: [Bengal Family Network](https://BengalFamilyNetwork)

## Bengal Family Weekend

Val Davids

Email: [davivale@isu.edu](mailto:davivale@isu.edu)

Phone: (208) 282-3451

Website: [Bengal Family Weekend](https://BengalFamilyWeekend)

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A large, detailed bronze statue of a tiger in a roaring pose is the central focus on the left side of the image. The statue is surrounded by a dense bed of orange and yellow flowers in the foreground. In the background, a well-maintained park with green lawns, winding stone paths, and a set of stairs with a metal railing is visible. Lush trees with green and some autumn-colored foliage surround the area. A large, white, bold text "Thank You!" is superimposed over the center of the image, partially obscuring the background park scene.

**Thank You!**