

# 2023 Pocatello Pump

## Information, Rules and Regulations

The staff at the Idaho State University Outdoor Adventure Center would like to welcome you to the Pocatello Pump. We would also like to remind you that climbing is inherently dangerous. Climbers check your belayer's harness and belay set-up. Belayers check your climbers harness, knot and carabiners. Belayers and climbers should use appropriate communication and belay techniques. Please climb safely.

### Categories

- **"Local" classes have been designated for climbers who are familiar with Ross Park.** Anyone with this advantage should enter a "local" category.
- **Your card will be marked with an "L" if you are in a local category.**

### Belayers

- All climbers must **provide their own belayer.**

### Scoring

- A route is completed when both hands lie flat on the top of the rock. **Your belayer must see this in order for you to receive points. Your belayer will list the route, the number of points earned, and initial.**
- Points are awarded according to the difficulty of the climb.
- The Pump Staff has the right to make decisions regarding conflicts on misunderstandings of the rules, written or implied.
- **If there are any complaints about your actions during any part of the competition you may be disqualified.**

### Climbing Guidelines

- The Pump recommends that climbers use two locking carabiners, opposed and reversed to clip into the rope in the top-roping segments.
- All climbers **must be roped to attempt a climb.**
- **Climbers are encouraged to wear a helmet.**
- All routes are open to all climbers regardless of your category level.
- All routes must be attempted before any can be repeated.
- All belay lines must remain slack and a weighted rope counts as a fall.
- Some routes (the more difficult climbs) have been taped to keep the rating at the established designated level. If you use a hold over the tape, it will count as a fall. We realized that you personally may climb this route using different holds, however for this competition you must stay inside the tape that has been determined by the Outdoor Adventure Center Staff in order to receive points.

### **Sunny Side, Registration Starts at 8:00 AM at Sunny Side (S. 2<sup>nd</sup> Ave)**

#### **City of Rocks (Advanced 5.11-5.12), Shawangunks (Intermediate 5.10-5.11), Smith Rocks (Beginner 5.5-5.9), and Massacre Rocks (Non-competitive) Classes**

- First heat will begin at 9:00AM. All classes will be given 90 minutes to complete as many climbs as possible. Second heat will begin at 10:45.
- There will be a one-fall limit. After one fall, the climber must be lowered to the ground to restart the climb. After two falls, the climber receives zero points for that climb, and will not be allowed another attempt on that climb..
- Massacre Rocks is a non-competitive categories

### **Shady Side, Registration Starts at 12:00 PM at Shady Side (S. 4<sup>th</sup> St.)**

#### **Red Rock (Intermediate -Advanced 5.10-5.12), Seneca Rocks (Beginner-Intermediate 5.5-5.9), Big Cottonwood Canyon (11-15 yrs old), Little Cottonwood Canyon (10 yrs old and under), Massacre Rocks (Non-competitive) and Everest Classes(Adaptive):** Saturday 12:00 pm (Shady Side; South 4th St.)

- First heat will begin at 1:00PM. All classes will be given 60 minutes to complete as many climbs as possible. Second heat will begin at 2:15. Third heat will begin at 3:30.
- There will be a two-fall limit per climb. The climber must be lowered to the ground and restart the climb after each fall. If the climber falls a third time, they will receive zero points for the climb and will not be allowed another attempt on that climb.
- Climbs LC-1, LC-2 and LC-3 are only available to the Little Cottonwood Canyon and Everest climbers.

### **POST CLIMBING FESTIVITIES**

The Awards Party will be held on Saturday at the Upper Ross Park Pavilion at 5PM. **You must climb and be present to win!!**

**PRIZES:** The top finisher in each category will receive a custom Pocatello Pump mug.

**DRAW PRIZES:** All climbers will be eligible to receive draw prizes at the award ceremony.