DIVISION OF HEALTH SCIENCES

HEALTH FAIR

THURSDAY AND FRIDAY
MARCH 19 & 20
7 AM - 1 PM
POND STUDENT UNION

isu.edu/healthfair
COMMUNITY TABLES

13 ISU Credit Union
isucu.org
Find out how you can improve your Financial Health.

64 Time Laboratories/ EIMC
timelabs.com, www.eimcenter.com
Participants will receive information on therapeutic Aromatherapy essential oils, natural health care products, and receive free samples. Information on Endobiogeny, an innovative approach to personalized medicine will also be presented.

57 Heritage Health Services
HeritageServices.net
Heritage Health Services is a combination of Home Health, Personal Care, Hospice, Home Modifications, Physician Resources and our own Foundation. We are locally owned and operated with Medicare and ACHC certifications. Our educational booth will provide information and material regarding services available specific to each resource.

48 Health West Inc.
healthwestinc.org
Health West Inc. is a non-profit community health center that provides services to everyone regardless of their ability to pay. With eight locations in Southeast Idaho, Health West strives to empower their patients and communities by proactively providing quality, culturally competent, patient-centered healthcare.

43 Home Helpers
homehelpersofeasternidaho.com
Our booth will present information on the Trends in Aging and Senior Care Options. The exploding senior population is going to require a conscious, collaborative effort to plan for the health, financial, and social implications of an older population.

24 Alcoholics Anonymous
Information about Alcoholics Anonymous how the program works, information about meeting schedules and what the benefits are to staying sober

76 Modern Woodmen of America
modern-woodmen.org
Insurance, Financial Planning

36,37 Costco wholesale

26 Alta Animal Hospital
AltaAnimalHospital.com
Keeping up on our furry family members health is very important. Alta Animal Hospital and their dedicated medical team now offer Pet Annual Wellness (PAW) Plans which provide comprehensive care for your four-legged friend. Alta’s PAW Plans are significantly discounted when compared to regular fees and provide the opportunity to spread the cost of care out over a 12 month period. We offer plans for both cats and dogs.
In addition to amazing plans, Alta Animal Hospital strives to provide the latest in medical technology and care. Dr. Sherilynn Burkman is also now accepting new clients at Alta Animal Hospital. Dr. Burkman is a great Veterinarian who has practiced in Pocatello since 2007. She is also the only Certified Veterinary Acupuncturist in Southeast Idaho. Visit our website or follow us on Facebook to stay up to date on all the new and exciting things in veterinary medicine.

18,19 Nuclear Care Partners
Nuclearcarepartners.com
Nuclear Care Partners (NCP) is committed to educating and helping former Department of Energy employees and subcontractors find the medical services and care they need. NCP will provide information on free health screenings for former workers and help with understanding the process and benefits to families, physicians, and former DOE employees. Our DOE/DOL specialists will be on hand to answer questions you might have concerning your benefits and eligibility.
NCP is an approved Medical Provider under the U.S. Department of Labor.

Portneuf Medical Center
Portneuf Laboratory will be offering routine blood tests at the ISU Health fair. Even though you may not have any signs or symptoms; they can help detect problems early and help you benefit from easier and more effective treatment. Some of these tests sometimes even prevent disease. Some of the tests will detect underlying problems in the blood or heart disease early; before you have a heart attack!
Portneuf Medical Center is offering reduced fee blood screening during the month of March from 7 a.m. to 11 a.m. Monday through Sunday at the outpatient draw station, located on the ground floor of the hospital, located at 777 Hospital Way.
Some of the screening tests being offered range from a general health blood profile. The health panel will include a chemistry profile, lipid profile based on cholesterol levels, a complete blood count and a thyroid screen. Optional tests include a prostate antigen test, thyroid function test, iron level, uric acid level, colon cancer screening test (Occult blood test) glycohemoglobin, insulin level, vitamin D level, a test for osteoporosis. These tests are available as “wellness screening” on a walk in basis daily at the outpatient draw station. A physician order is not required.

Participating vendors at the health fair are not selected by Idaho State University and the vendors’ presence at the health fair does not imply that ISU endorses the vendors or their products in any way.
Programs: EEOICPA, RECA, DCMWC & FECA. We work exclusively with former DOE workers who have been diagnosed with work related illnesses and consequently qualify for no-cost in-home medical benefits. At the heart of NCP is our commitment to provide high quality patient-centered, in-home care. The foundation of NCP is nursing, partnering with families to foster a culture of mutual trust, friendship and compassion which enables families to live well at home.

25 Valley Foot & Ankle
Myfoot-ankle.com
The feet are often overlooked and under appreciated. Dr. Brandon Wilde is a physician and surgeon specializing in the care of the foot and ankle. Stop by to learn how you can prevent foot problems and/or treat existing problems.

4,5 Chubbuck Chiropractic
chubbuckchiropractic.com
Computer Evaluation of the autonomic nervous system.

We use infrared cameras to check the spine for irritation. This irritation shows which autonomic nerves are not working as well as they should. Chiropractic is all about getting the nerves working better. The nerves control the body. As we improve the nerves, you feel better and can do more of what you want.

8 White Cloud Meditation Center
whitecloudzen.org
White Cloud Meditation Center will provide information on the physical and psychological benefits of mindfulness and meditation, along with short experiential sessions demonstrating mindfulness and meditation techniques. Instructions for working with obstacles to mindfulness will also be provided. The booth will be hosted by Terry Kerler, Certified Mindfulness Instructor.

14 Randall Family Chiropractic
Spinal Screenings

41 Area Agency on Aging
sicog.org
Information and Assistance, Adult Protection, Ombudsman, Meals on Wheels, Medicare and Medicaid.

1590 Delphic Way  |  Pocatello  |  (208) 238-9215
Providing Loving Care to those with Dementia, Alzheimer’s and Memory Loss.
28 Compassion & Hope Pregnancy Center
pocatellopregnancycenter.com
CHPC provides help, information & education to anyone needing assistance, whether it is an unplanned or planned pregnancy.
We offer education on STD’s, Sexual Risk Avoidance, healthy relationships and dating. One on one mentoring as well as Baby & Me classes are available, both provide opportunity to receive free material services.
Our Life Steps education program offer education from fetal development to raising a toddler. Information on how to grocery shop, rent an apartment to money management, and so much more.
Free pregnancy tests and other services are provided at no cost.

20 ProHealth Home Health Care Services
prohealthhomecareservices.com
We care...to keep you at home”™ This is not just our motto, it is what guides our company. Our caring support services make it possible for you or your loved ones to stay securely and comfortably at home. Our staff includes licensed nurses and care providers. Our compassionate nurses assist the family at home in the care of their medically fragile child. Our trained care providers help with personal care, light housekeeping, laundry and transportation to necessary appointments in our company van. We are a company with our roots in the community since 1994. Please contact us for more information.

62 Idaho Beef Council
idbeef.org
Stop by the Idaho Beef Council booth and learn about America’s favorite protein - beef. Pick up some new recipes and discover how beef fits into a healthy diet.

34 Sabre’s Gluten Free Market
Did you know? Research has shown that food allergies are the cause of many chronic health conditions. Doctors now recommend that people go gluten free for 59 different diseases. It is important to identify and remove allergens from the diet to stop chronic conditions from occurring or getting worse. Food allergy reactions can easily be mistaken for recurring colds and other conditions. Do you know someone who suffers from, or has family history of these multiple conditions? Come to Sabre’s Gluten Free Market for guaranteed gluten free food and other allergen friendly foods.

32 Southeast Idaho Senior Games
seidahoseniorgames.org
We would like to promote our Senior Games with providing information and registration

52 Star-Hope
Established in 1997, Youngevity is dedicated to bringing you the finest array of nutrition and lifestyle-related services to enrich your life and help you Live Younger, Longer! We use scientifically based, clinically proven nutrition to improve the health of hundreds of thousands of people just like you. We’ve made it our mission to provide you the information you need to make sound decisions regarding your health. In fact, our efforts and unwavering commitment in this regard have resulted in unprecedented achievements.

53 STAR-HOPE ENTERPRISES presents YOUNGEVITY
youngevity.com
Established in 1997, Youngevity is dedicated to bringing you the finest array of nutrition and lifestyle-related services to enrich your life and help you Live Younger, Longer! We use scientifically based, clinically proven nutrition to improve the health of hundreds of thousands of people just like you. We’ve made it our mission to provide you the information you need to make sound decisions regarding your health. In fact, our efforts and unwavering commitment in this regard have resulted in unprecedented achievements.

21 Summit Eyecare
summiteyecareexperience.com
At Summit Eyecare we offer complete vision and eye health exams, treatment of injuries, infections and disease of the eye. We carry a full range of contact lenses and glasses. Latest technology in genetic testing and management of macular degeneration. Diagnosis and treatment of Glaucoma. Pre and post op care. Summit Eyecare currently has 4 locations to serve you.

66,67 Portneuf Valley Bruisers Roller Derby Association
portneufvalleybruisers.org
Informative booth about Pocatello’s Roller Derby Team. The Portneuf Valley Bruisers Roller Derby Association is part of the Women’s Flat Track Derby Association.

15 Heart to Heart, Pets with a Purpose
Pet Partner teams (handler and dogs) will visit with people. Hands on petting of dogs lowers blood pressure.

60 Quinn Meadows
tanabell.com
Information provided for fair participants concerning facility, available programs, career opportunities.

68 Alpine Animal Hospital
alpineanimal.net
Small/Large Animal Surgeries, General Health, Dentistry, Digital Xrays/Ultrasounds, Vaccines, Stem Cell Therapy, Orthopedic surgeries (TPLO), Lameness Diagnosis and Treatment and Reproduction. Stem Cell therapy-used as an option for pain relief and healing for dogs, cats and horses (ex: Joint Issues, Hip Dysplasia, Chronic Arthritis/Illness), Orthopedic procedures including Knee Surgery-TPLO (Tibial Plateau Leveling Osteotomy) performed at Alpine Animal Hospital so there is no need to travel long distances to have the procedure done. Small/Large Animal General Health Care, Vaccinations, Dentistry and Reproduction. Equine Lameness Diagnosis/Treatment.
Idaho Relay provides free services for those who have difficulties hearing and/or speaking over the phone. Watch us demonstrate a CapTel phone, which allows hard of hearing users to listen and read what the other caller is saying simultaneously!

Southeast Idaho Gastroenterology, PLLC

Colorectal cancer screening information and treatment of hemorrhoids

SmokeFree Idaho

Secondhand smoke is a public health hazard. Join the cause to enact smoke-free laws that are good for health and good for business.

Gateway Transitional Care Center

Skilled Nursing Facility info

Toothtown Dentistry for Kids

Specializing in children’s dentistry. We will see all patients from birth to 19 years of age. We accept all types of insurance including Medicaid.

Idaho Food Bank

Eden Home Health

Eden Home Health is a 100% employee owned licensed and bonded company, providing skilled home health care, home care, hospice care and other healthcare services.

Community Connections, Inc.

Enhancing the independence and quality of life for those we serve is our primary goal at Community Connections, Inc. and with a group of passionate, dedicated and driven advocates, our ability to enrich the self-worth of the individuals we serve is unparalleled. Allow us to serve you or someone you love via our 24-Hour Supported Living or Adult Developmental Therapy programs.

Hospice Coalition

The Hospice Coalition is organized to assist and support the hospice programs located in southeast Idaho. It acts as an advocate to the community providing education, diversity, and the promotion of social and economic justice. The Coalition will offer information and education regarding available services from hospice agencies in the area.

Hall’s Healthy Step

Foot, leg, and vein health through arch support, orthopedic shoes, compression hosiery.

Full body health through massage therapy. Foot and arch imprints, vein and leg health and associated information. Massage therapy and associated information

McCord Orthodontics

Orthodontic education-models, different types of braces & procedures.

Eden Home Health

Eden Home Health is a 100% employee owned licensed and bonded company, providing skilled home health care, home care, hospice care and other healthcare services.

Eden is part of EmpRes Healthcare companies which operates licensed nursing homes and assisted living communities in California, Idaho, Montana, Nevada, Oregon and Washington.

We embody a spirit and value system that encourages loyalty, honesty and a commitment to caring. From our belief that people are always the number one priority, Eden Home Health is committed to: Caring about individuals, families, employees, and communities Excellence in service Treating individuals, families and employees with dignity and respect at all times.

To learn more phone Eden Home Health at 208-523-1980.

Alzheimer Association

Become aware of Alzheimer Disease the Diagnosis the Disease and the Reason for Hope. Know the 10 Signs: Early Detection Matters education campaign The Know the 10 Signs: Early Detection Matters campaign is a multi-faceted national education effort to increase awareness of the 10 warning signs of Alzheimer’s and the benefits of early diagnosis. Recruiting Champions for the cause The Alzheimer’s Association is continuing our national effort to raise aware-
ness and concern about Alzheimer’s and move people to take action in the fight against the disease. The goal is to enlist 5 million Champions – at least one for each person living with Alzheimer’s in the United States.

24/7 Helpline: 1-800-272-3900

Mental health specialists
mentalhealthspecialists.net
Mental Health Specialists offers individual and group counseling, family and couples counseling as well as community based rehabilitation services. We also do psychological and neuro psychological testing. Medication management for adolescents and children also offered. Mental Health Specialists is raising the bar for mental health services in Idaho!

Southeastern Idaho Public Health
(208)239-5256
At Southeastern Idaho Public Health we strive to improve the quality of life in the communities we serve. in short, our mission is: “Every day, in every way, empowering & improving health!”

Dental Hygiene
www.isu.edu/dentalhy/clinic.shtml
Questions about whitening or other oral health concerns? We have answers! Try our whitening app to see how you might look with a whiter, brighter smile, learn more about oral health care, and get oral hygiene samples and instructions to help you maintain a healthy smile.

Family Medicine Clinical Research Center
isu.edu/fmed/research.shtml
Clinical Research Trials

ISU School of Nursing, PsychMental Health Nursing Students
isu.edu/nursing/traditional.shtml
National Alliance on Mental Illness (NAMI) and Suicide Prevention Action Network (SPAN)
Education and referral information on Mental Illness and Suicide Prevention

ISU School of Nursing: Osteoporosis Prevention and Bone Health
isu.edu/nursing/traditional.shtml
Osteoporosis Prevention Education and Bone Health

ISU School of Nursing, Respiratory Health and Prevention
isu.edu/nursing/traditional.shtml
Respiratory Health and Prevention

ISU School of Nursing, Brain Attack STROKE
isu.edu/nursing/traditional.shtml
Brain Attack: Stroke Prevention

ISU School of Nursing, Skin Cancer Prevention
isu.edu/nursing/traditional.shtml
Skin Cancer Prevention

ISU School of Nursing, What is Colon Health?
isu.edu/nursing/traditional.shtml
What is Colon Health?

ISU School of Nursing, Hypertension Let’s Prevent It!
isu.edu/nursing/traditional.shtml
Hypertension Let’s Prevent it!

ISU School of Nursing, Renal Health Education for Wellness
isu.edu/nursing/traditional.shtml
Renal Health Education for Wellness

ISU College of Pharmacy: Operation Immunization
isu.edu/library/ihslindex.shtml
Pharmacy students educating about immunizations and the diseases they prevent.

School of Pharmacy: Generation Rx
pharmacist.com/apha-asp-generation-rx
Our learning center is all about prescription drug abuse, proper drug abuse, and why one should lock up his or her drugs. We have a large poster, fliers, brochures, and toys to hand out. These materials are ready to go.

ISU School of Nursing
isu.edu/hpcounsl
Idaho State University Department of Counseling offers Master Degrees in Clinical Mental Health Counseling in Pocatello and Meridian, and Master Degrees in Marriage, Couple and Family Counseling, Student Affairs Counseling and School Counseling. We also offer a Doctor of Philosophy (Ph.D.) Degree in Counselor Education and Counseling.

ISU School of Nursing, Respiratory Health and Prevention
isu.edu/nursing/traditional.shtml
Respiratory Health and Prevention

ISU School of Nursing, Brain Attack STROKE
isu.edu/nursing/traditional.shtml
Brain Attack: Stroke Prevention

ISU School of Nursing, Skin Cancer Prevention
isu.edu/nursing/traditional.shtml
Skin Cancer Prevention

ISU School of Nursing, What is Colon Health?
isu.edu/nursing/traditional.shtml
What is Colon Health?

ISU School of Nursing, Hypertension Let’s Prevent It!
isu.edu/nursing/traditional.shtml
Hypertension Let’s Prevent it!

ISU School of Nursing, Renal Health Education for Wellness
isu.edu/nursing/traditional.shtml
Renal Health Education for Wellness

ISU College of Pharmacy: Operation Immunization
isu.edu/library/ihslindex.shtml
Pharmacy students educating about immunizations and the diseases they prevent.

College of Pharmacy: Meth Awareness
sites.google.com/a/pharmacy.isu.edu/methawareness/
Ultimately the goal of Meth Awareness is aimed at improving the awareness about the dangers of methamphetamine. Students involved in Operation Meth Awareness visit local high schools and middle schools giving presentations to further knowledge of the myriad physiological, psychological, and social dangers this drug can have for its users.

Pocatello Counseling Clinic: Strategies for Self-Care
isu.edu/hpcounsl/center.shtml
The Counseling Department’s Pocatello Counseling Clinic will provide resources that educate individuals, groups, couples, and families on how
to prevent the development of mental health problems, and promote overall mental health and wellness.

55 Benny’s Pantry
isu.edu/pantry
Learn about Benny’s Pantry food assistance program for students, staff and faculty at Idaho State.

75 Pharmacy: Self Care
Poster - either on supplements or plan B

11,12 Dietetics
isu.edu/hns/dietetics
Dietetics will have two booths conducting alternating food demonstrations. The topic of the first booth is “Gluten, dispelling the myths” and the topic of the second booth is “Avocado, the fat that’s good for you.” The food demonstrations will provide opportunities for participants to sample products, collect recipes and learn the nutrition facts.

38 ISU School of Nursing
isu.edu/nursing
Material Child Health

80,81 CSD Audiology: Hearing Screening & Hearing Health Information
isu.edu/spchpath/audiology
ISU audiology will be offering free hearing screenings. Information will also be available related to common hearing issues such as hearing loss, tinnitus, and amplification options. Approximately 30 million individuals in the US have hearing loss. Therefore, information provided will be beneficial not only to the community, but also to other professionals who may encounter individuals with hearing loss in their own practice.

56 Psychology: ISU Clinic Information
.isu.edu/psych/psychologyclinic.shtml
Providing information about Psychology Clinic Services.

71 ISU Counseling - sponsored event.
Suicide Prevention ISU Campus Walk
Suicide Awareness Walk at ISU! Schedule of events: 8:00-10 a.m. Registration, Meditation, Survivor Sharing, 10:00 a.m. Walk, (Lunch on your own), 11:30 a.m. - 1:00 p.m. Guest Speakers, 1:00 p.m. - 3 p.m. Game Center.
We will have the Game Center for everyone to play games. Survivors of Suicide-Loss Peer Support Group meets the second Tuesday and the fourth Wednesday at 5:30 p.m. of every month at Encompass Home Health and Hospice, 1479 Bench Rd.

82 ISU College of Pharmacy
Hepatitis C Awareness
Hosting an informational poster along with some informative brochures.

69 Portneuf Primary Care Clinic
www.portmed.org

70 PMC: Weight Management
www.portmed.org
Our booth will provide information on weight management including what the limit on fat intake is per day, along with food models that show the amount of fat they contain. We will also provide information on the health benefits of weight loss surgery.
Thank you for attending the 2015 Health Fair. See you next year, March 17 and 18, 2016.
It’s pretty simple, we want you to Be Well

Our models are sons of Portneuf Medical Center physicians.

Giovanni  James  Jacob  Nick  Jonathan

Be well. PortMed.org