1. Completion of the university General Education Requirements, a minimum of 36 credits (see General Education Requirements and Applying to Graduate). Courses which partially or wholly fulfill both General Education Objectives and major requirements are:
   - ENGL 1102 - Critical Reading and Writing (3 credits) - OBJECTIVE 1
   - COMM 1101 - Principles of Speech (3 credits) - OBJECTIVE 2
   - MATH 1153 - Introduction to Statistics (3 credits) - OBJECTIVE 3
   - BIOL 1101,1101L - Biology I, and Lab (4 credits) - OBJECTIVE 5
   - ECON 2202 - Principles of Microeconomics (3 credits) - OBJECTIVE 6
   - PSYC 1101 - Introduction to General Psychology (3 credits) - OBJECTIVE 6
   - INFO 1101 - Digital Information Literacy (3 credits) - OBJECTIVE 8

2. Completion of the following required courses:
   - ENGL 3307: Professional and Technical Writing (3 credits) AND
   - NTD 1139: Consumer Nutrition (3 credits) OR
   - NTD 2239: Nutrition (3 credits) (note: NTD 2239 partially satisfies Objective 5)

3. Completion of the Health Education Major Core Requirements (21 credits).

4. Completion of the courses from one of the two degree emphasis areas or degree option listed below. Students selecting the school health emphasis are encouraged to complete coursework toward a teaching minor or second teaching major. In addition, students wishing to teach must also complete all College of Education course requirements.
   - Community/Worksite Health
   - School Health
   - Addictions

5. Completion of elective courses. Elective courses should be selected according to the student's interests and career needs, in conjunction with a faculty advisor. The total number of elective credit hours may include course prerequisites for general education requirements and is dependent on the health education major emphasis area selected.

6. Credits earned in a health education course with a grade of lower than a "C-" will not be counted toward graduation for a health education major.