Health

Health Volunteers work within their communities to promote important topics such as nutrition, maternal and child health, basic hygiene, and water sanitation. Volunteers also work in HIV/AIDS education and prevention programs to train youth as peer educators, develop appropriate education strategies, provide support to children orphaned by the pandemic, and create programs that provide emotional and financial support to families and communities affected by the disease.

Relevant Coursework

Take three, 3 or 4 credit health related courses taken as part of an approved health professions, science, or engineering major or minor at ISU, such as the following:

- Biological Sciences
- Engineering
- Dietetics
- Health Education
- Health Science
- Nursing

For non-majors, speak with a PC Prep Advisor about relevant courses

Field Experience

Volunteer or work experience in such areas as HIV/AIDS outreach, hospice, family planning counseling, emergency medical technician (EMT) or CPR teaching/certification, maternal health, and hands-on caregiving in a hospital, clinic, or lab technician setting; Counseling or teaching in health subjects; Participate in faculty led abroad trips focused on public health education and humanitarian relief; any dietetics or public health internships towards the major will work here as well; Consider joining ISU’s Public Health Student Association for opportunities to join in group service-learning projects focused on community health.

Additional items to complete

- Two, 200 level Spanish or French courses or second language of choice
- Three intercultural/diversity courses or study abroad/away
- One significant leadership experience and resume critique at the Career Center

Questions? Contact: Dr. Malliga Och, PC Prep Coordinator ochmall@isu.edu/282-3717