**Idaho Resources on Living and Aging**

**General Aging Topics / Information**
Idaho Commission on Aging: [https://aging.idaho.gov/](https://aging.idaho.gov/)
Idaho State University Annual Health Conference: [https://www.isu.edu/healthconf/](https://www.isu.edu/healthconf/)
Boise State University Center for the Study of Aging: [https://hs.boisestate.edu/csa](https://hs.boisestate.edu/csa)
Community Education: [http://www.boiselearns.org/pub/](http://www.boiselearns.org/pub/)
Smart Strategies for Successful Aging: [http://www.agegracefullyamerica.com](http://www.agegracefullyamerica.com)
Senior Centers across Idaho: [http://www.careforidaho.org/list11_Idaho_senior_centers.htm](http://www.careforidaho.org/list11_Idaho_senior_centers.htm)

**Lifelong Learning**
Osher Institute Lifelong Learning Institute: [https://extendedstudies.boisestate.edu/osopher/](https://extendedstudies.boisestate.edu/osopher/)

**Fitness / Prevention Programs**
Idaho Senior Games: [http://www.idahoseniorgames.org/](http://www.idahoseniorgames.org/)

**Financial / Insurance**
Department of Insurance, Senior Health Benefits Advisors: [http://www.doi.idaho.gov/shiba/AboutUs.aspx](http://www.doi.idaho.gov/shiba/AboutUs.aspx)

**Alzheimer’s and Related Dementias / Caregiving**
Alzheimer’s Association:
- Greater Idaho Chapter: [http://www.alz.org/idaho/](http://www.alz.org/idaho/)
- Utah (serving Southeast Idaho): [http://www.alz.org/utah](http://www.alz.org/utah)
Idaho Alzheimer’s Planning Group: [https://hs.boisestate.edu/csa/iapg/](https://hs.boisestate.edu/csa/iapg/)
Idaho Commission on Aging: [https://aging.idaho.gov/](https://aging.idaho.gov/)

**Parkinson’s Disease**
Dance for Parkinson’s: [https://danceforparkinsons.org/find-a-class/class-locations/united-states/idaho](https://danceforparkinsons.org/find-a-class/class-locations/united-states/idaho)
Northwest Parkinson’s Foundation Support Groups: [https://nwpf.org/participate/support-groups/idaho](https://nwpf.org/participate/support-groups/idaho)

**Elder Abuse / Exploitation**
Justice Alliance for Vulnerable Adults: [https://javaidaho.org](https://javaidaho.org)
Idaho Legal Aid: [http://www.idaholegalaid.org/](http://www.idaholegalaid.org/)
Senior Health Insurance Benefits Advisors / Idaho Department of Insurance: [www.doi.idaho.gov/shiba/](http://www.doi.idaho.gov/shiba/)
**Arts / Education / Volunteerism**
Idaho Commission on the Arts: [https://arts.idaho.gov/](https://arts.idaho.gov/)
Idaho State University: [https://www.isu.edu/healthconf/](https://www.isu.edu/healthconf/)
Senior Corps Programs: [www.nationalservice.gov/programs/senior-corps/senior-corps-programs](http://www.nationalservice.gov/programs/senior-corps/senior-corps-programs)

**Advance Care Planning / End of Life**
Honoring Choices® Idaho: [www.honoringchoicesidaho.gov](http://www.honoringchoicesidaho.gov)
Idaho Quality of Life Coalition: [http://idqol.org/](http://idqol.org/)

**Grandparents as Parents**