The master's degree major in Clinical Mental Health Counseling is designed to prepare counselors to provide individual, group, family, and marriage counseling in various settings. This major emphasizes wellness, development, and advocacy related to clients and the community. Some of the settings where students have served practicum and internships are: mental health centers, state hospitals and training schools, rehabilitation counseling offices, juvenile homes and youth ranches, private practices, and alcohol and substance abuse centers.

A. **General Residency Requirement.** For the Master of Counseling (M.Coun.) degree, the student is required to complete the equivalent of at least four full semesters of resident graduate study beyond the bachelor's degree. The minimum Clinical Mental Health Counseling program must total 60 semester hours.

B. **Specific Major Requirements**

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>COUN 6690</td>
<td>Foundations of Clinical Mental Health Counseling</td>
<td>3 cr.</td>
</tr>
<tr>
<td>COUN 6691</td>
<td>Professional Issues in Clinical Mental Health Counseling</td>
<td>3 cr.</td>
</tr>
<tr>
<td>COUN 6697</td>
<td>Practicum in Counseling (mental health setting)</td>
<td>2 cr.</td>
</tr>
<tr>
<td>COUN 6697L</td>
<td>Practicum in Counseling Lab</td>
<td>0 cr.</td>
</tr>
<tr>
<td>COUN 6698</td>
<td>Internship in Counseling</td>
<td>18 cr.</td>
</tr>
<tr>
<td>COUN 6698L</td>
<td>Internship in Counseling Lab</td>
<td>0 cr.</td>
</tr>
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</table>

C. **General Degree Requirements**

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>COUN 6611</td>
<td>Applied Statistics and Research</td>
<td>2 cr.</td>
</tr>
<tr>
<td>COUN 6612</td>
<td>Psychological Testing for Counselors</td>
<td>2 cr.</td>
</tr>
<tr>
<td>COUN 6614</td>
<td>Human Growth and Development</td>
<td>1 cr.</td>
</tr>
<tr>
<td>COUN 6621</td>
<td>Professional Orientation and Ethics</td>
<td>2 cr.</td>
</tr>
<tr>
<td>COUN 6623</td>
<td>Lifestyle and Career Development</td>
<td>2 cr.</td>
</tr>
<tr>
<td>COUN 6624</td>
<td>Cultural Counseling</td>
<td>3 cr.</td>
</tr>
<tr>
<td>COUN 6625</td>
<td>Crisis Intervention and Trauma</td>
<td>2 cr.</td>
</tr>
<tr>
<td>COUN 6627</td>
<td>Conceptualizing Counseling Theory</td>
<td>2 cr.</td>
</tr>
<tr>
<td>COUN 6628</td>
<td>Applications of Counseling Theory</td>
<td>2 cr.</td>
</tr>
<tr>
<td>COUN 6630</td>
<td>Addictions Counseling</td>
<td>2 cr.</td>
</tr>
<tr>
<td>COUN 6660</td>
<td>Theories of Family and Couple Counseling</td>
<td>3 cr.</td>
</tr>
<tr>
<td>COUN 6676</td>
<td>Small Group Activity</td>
<td>1 cr.</td>
</tr>
<tr>
<td>COUN 6677</td>
<td>Group Counseling Techniques</td>
<td>3 cr.</td>
</tr>
<tr>
<td>COUN 6694</td>
<td>Psychodiagnosis and Psychotropic Drugs</td>
<td>2 cr.</td>
</tr>
<tr>
<td>COUN 6696</td>
<td>Prepracticum Counseling Techniques</td>
<td>3 cr.</td>
</tr>
<tr>
<td></td>
<td><strong>COUNSELING ELECTIVES</strong></td>
<td>2 cr.</td>
</tr>
</tbody>
</table>

**Total Credits**  60 cr.
# MAJOR IN CLINICAL MENTAL HEALTH COUNSELING

## Program Planning Sheet

Distribution of M.Coun. Required Courses

## FIRST YEAR

### Fall Semester
- **COUN 6621** Professional Orientation and Ethics  
  2 cr.
- **COUN 6624** Cultural Counseling  
  3 cr.
- **COUN 6627** Conceptualizing Counseling Theory  
  2 cr.
- **COUN 6676** Small Group Activity  
  1 cr.
- **COUN 6690** Foundations of Clinical Mental Health Counseling  
  3 cr.
- **COUN 6696** Prepracticum Counseling Techniques  
  3 cr.

### Spring Semester
- **COUN 6623** Lifestyle and Career Development  
  2 cr.
- **COUN 6625** Crisis Intervention and Trauma  
  2 cr.
- **COUN 6628** Applications of Counseling Theory  
  2 cr.
- **COUN 6660** Theories of Family and Couple Counseling  
  3 cr.
- **COUN 6691** Professional Issues in Clinical Mental Health Counseling  
  3 cr.
- **COUN 6697** Practicum in Counseling  
  2 cr.
- **COUN 6697L** Practicum in Counseling Lab  
  0 cr.
- **COUNSELING ELECTIVE**  
  1-2 cr.

### Summer Session
- **COUN 6698** Internship in Counseling  
  1-9 cr.
- **COUN 6698L** Internship in Counseling Lab  
  0 cr.
- **COUNSELING ELECTIVE**  
  1-2 cr.

## SECOND YEAR

### Fall Semester
- **COUN 6612** Psychological Testing for Counselors  
  2 cr.
- **COUN 6614** Human Growth and Development (Last 5 weeks of semester)  
  1 cr.
- **COUN 6677** Group Counseling Techniques  
  3 cr.
- **COUN 6694** Psychodiagnosis and Psychotropic Drugs (First 10 weeks semester)  
  2 cr.
- **COUN 6698** Internship in Counseling  
  1-9 cr.
- **COUN 6698L** Internship in Counseling Lab  
  0 cr.
- **COUNSELING ELECTIVE**  
  1-2 cr.

### Spring Semester
- **COUN 6611** Applied Statistics and Research  
  2 cr.
- **COUN 6630** Addictions Counseling  
  2 cr.
- **COUN 6698** Internship in Counseling  
  1-9 cr.
- **COUN 6698L** Internship in Counseling Lab  
  0 cr.
- **COUNSELING ELECTIVE**  
  1-2 cr.

| Total Credits | 60 cr. |

COUN 6698, Internship in Counseling, must total 18 credits

Rev. 05/2019