

**Idaho State University  
Counseling and Mental Health Center (CMHC)**

**Clinical Training Application**

Below is a list of what is required for our training application. Please send your completed application packet to the training coordinator, Dr. Kristin Stewart-Yates, at [kristinstewartyat@isu.edu](mailto:kristinstewartyat@isu.edu)

- A completed Clinical Trainee Application Form (this document)
- Resume/Vita
- Unofficial Transcripts
- Three (3) professional references (phone numbers and emails) that can speak to your clinical skills and abilities. One of your professional references needs to be a full-time departmental faculty member from your program. Please note that we reserve the right to speak to any of your ISU faculty about your readiness for training at CMHC.
- Please note that this position is intended for 2 semesters (not including summer); however, continued training will be reevaluated each semester.

Name \_\_\_\_\_ Today's Date \_\_\_\_\_

Address \_\_\_\_\_ Home Phone \_\_\_\_\_

\_\_\_\_\_ Cell Phone \_\_\_\_\_

Email address \_\_\_\_\_ Work Phone \_\_\_\_\_

1). Select all semesters that you are willing to work as a practicum student/intern:

Fall \_\_\_\_\_ Spring \_\_\_\_\_ Summer \_\_\_\_\_

2). Please list your undergraduate institution: \_\_\_\_\_ Dates Attended \_\_\_\_\_

Degree received \_\_\_\_\_ Major \_\_\_\_\_ GPA \_\_\_\_\_

3). Current Degree Program (check one):

\_\_\_\_\_ Master's in Counseling: List Major: \_\_\_\_\_

\_\_\_\_\_ Ph.D Counselor Ed. And Counseling



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CATS (Idaho Falls) / Bennion Student Union, Room 223 / (208) 282-7750  
CATS (Meridian) / Health Science Center, 2<sup>nd</sup> Floor, Room 841C / (208) 373-1723  
<https://www.isu.edu/counselingcenter/>

\_\_\_\_\_Ph.D Clinical Psychology

\_\_\_\_\_Masters in Social Work

4). Training level in which you are applying for:

\_\_\_\_\_Beginning Practicum

\_\_\_\_\_Advanced Practicum

\_\_\_\_\_Internship

5). Please describe your counseling or clinical work experiences.

6). Please describe your non-counseling related work experiences.

7). Tell us why you have chosen to apply to the Counseling and Mental Health Center (CMHC) for your training.

8). Write a short description of your current conceptualization of the counseling process.

9). Please describe your learning goals for your time here at CMHC (e.g., learning more about clinical work in individual, couple, group, biofeedback, assessment, or outreach etc).



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## **Navigating Multiple Relationships and Potential Conflicts of Interest**

The Counseling and Mental Health Center (CMHC) offers both mental health services to students as well as training opportunities for students in the counseling, social work, and psychology academic programs. Mental health professionals work diligently to prevent multiple relationships and conflicts of interest from negatively impacting their clients. The following procedures are designed to lessen the potential for conflicts that may cause discomfort or create a conflict of interest.

Enrolled students completing a counseling practicum/internship experience at CMHC are not eligible for counseling services during the time they are participating in the practicum/internship experience. In order to preserve the integrity of the counseling experience and have an effective training experience, a period of time is needed between the conclusion of therapy and the initiation of training. The length of time depends on the intensity and duration of the therapy provided. Typically, we recommend three months so alternative therapy arrangements may be made. However, in some instances, this may be shorter or longer. Please communicate any interest in training to your current therapist to determine what time away from therapy in this office is needed prior to starting a training experience with our office. In addition, acceptance for a training experience will be dependent on the availability of a supervisor who does not have a multiple relationship conflict with the trainee. We will work with all clients to identify appropriate referrals to facilitate this process.

Idaho Falls: Given that our office has two campuses, some conflicts may be avoided by having a student do training on one campus but receive counseling services at the other. These services could occur at the same time. Therefore, the 3 month break in service prior to starting a training experience doesn't apply if the training experience will be at the other campus.

CMHC has diverse training options that are a part of the practicum student/intern's experience. These can present challenging issues for avoiding multiple relationships in the work-place. Trainees will not co-lead or observe a group overseen or run by their previous counselor. Trainees may not participate in the provision of biofeedback services if they are a former personal counseling client of the biofeedback coordinator.

All students seeking to be an intern or practicum student at CMHC must follow the standard application procedure. A student will only be accepted as an intern/practicum student if they are chosen through the application procedure and supervision can adequately be provided without conflicts of interest. The former counselor will not be involved in the review, interview, or evaluation of their former client. Client confidentiality will be maintained throughout.



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