# Idaho State University Professional Master of Science in Athletic Training Program



# Athletic Training Student Handbook

Idaho State University Physical Therapy Department

921 S. 8<sup>th</sup> Avenue, Stop 8045 Pocatello, ID 83209-8045

Main Office: 208-282-4665 https://www.isu.edu/coh/

Revised 06/23

Current handbook has been review by ISU Legal Counsel.

#### **IMPORTANT PHONE NUMBERS**

#### **1. EMERGENCY PHONE NUMBERS:**

911 Pocatello Fire and Rescue x2515 Campus Emergency Services

Human Performance & Sport Science Office 208-282-2657

#### 2. ATHLETIC TRAINING STAFF:

<b>Dustin Enslinger</b>	208-282-3408
Morgan Pook	208-282-3408
Brandon Payne	208-282-3408
Chase Andersen	208-282-3052
Ross Thorp	208-282-3052
	Morgan Pook Brandon Payne Chase Andersen

#### 3. PROGRAM DIRECTOR:

Dani Moffit, PhD, LAT, ATC Professor Physical Therapy & Athletic Training Department 921 S. 8<sup>th</sup> Avenue, STOP 8045 Pocatello, ID 83209-8045 Work: 208-282-4441 Cell: 609-413-1788 Webpage: http://ed.isu.edu/msat/index.shtml

#### 4. COORDINATOR OF CLINICAL EDUCATION:

Karla Judge, DAT, LAT, ATC Assistant Professor Physical Therapy & Athletic Training Department 921 S. 8<sup>th</sup> Avenue, STOP 8045 Pocatello, ID 83209-8045 Work: 208-282-3203

#### 5. INTERIM DEPARTMENT CHAIR:

Dani Moffit, PhD, LAT, ATC Professor Physical Therapy & Athletic Training Department 921 S. 8<sup>th</sup> Avenue, STOP 8045 Pocatello, ID 83209-8045

Note: The Athletic Training faculty reserve the right to make necessary changes with regard to the ATS Handbook. Students will be notified of any changes or additions. The Athletic Training Program Director will make final decisions in disputes over interpretations.

## TABLE OF CONTENTS

## **SECTION 1: General Program Information**

- 5 Disclaimer
- 5 Introduction
- 6 Historical Overview of the Program
- 6 Program Mission, Student Outcomes, and Objectives
- 8 Idaho State University Non-Discriminatory Statement
- 8 Athletic Training Program Non-Discriminatory Statement
- 9 Athletic Training Program Personnel
  - 9 Program Director
  - 10 Coordinator of Clinical Education
  - 11 Preceptor
  - 12 Athletic Training Student
  - 12 Athletic Training Program Medical Director

## **SECTION 2: Master of Science in Athletic Training Information**

- 13 General Description of the Athletic Training Program
- 14 Admission Requirements
- 15 Health Requirements
- 15 Technical Standards
- 17 Academic Advisement
- 17 Guidelines for Advancement in the Athletic Training Program
- 17 Retention Policies
- 18 Transfer Credits
- 18 Leave of Absence
- 19 Course Sequence
- 19 Athletic Training Course Descriptions
- 22 Professional Development Units
- 23 Academic Integrity
- 23 Clinical Education Overview
- 24 Direct Supervision
- 24 Clinical Rotations in the Summer or During Winter Break
- 25 Evaluation Procedures
- 25 Documentation of Clinical Education Hours
- 26 Transportation to Clinical Sites
- 26 Transportation of an Injured or Ill Patient
- 27 Volunteer/Travel Policy
- 27 Internships and Summer Camps
- 27 Professional Organizations
- 28 Financial Assistance
- 29 Student Professional Insurance
- 30 Textbooks, Supplies, and Other Associated Costs
- 31 MSAT/DPT Dual Pathway Option

## **SECTION 3: Professional Behaviors and Disciplinary Policies**

- 33 Athletic Training Student Rights and Responsibilities
- 34 Student Dress Code Guidelines
- 35 Name Badges
- 35 Appearance

- 36 Electronic Communications/Media
- 36 Cell Phone Use
- 36 Conduct with Athletes/Patients
- 37 Relationships with Athletes/Patients
- 37 Professional Relationships with Preceptors
- 37 Professional Relationships with Coaches
- 38 Relationship with Other Medical Professionals
- 38 Confidentiality Guidelines
- 38 Public Relations and the Press
- 39 Differences of Opinion
- 39 Absence from Clinical Setting
- 39 Pregnancy
- 39 Outside Employment

## 40 Athletic Training Student Disciplinary Policies

- 40 Athletic Training Student Code of Conduct
- 42 Disciplinary Action
- 44 Academic Probation/Dismissal
- 44 Re-Instatement Following Academic Probation/Dismissal
- 45 The Scope of Professional and Ethnical Practice
- 45 NATA Code of Ethics
- 47 BOC Standards of Professional Practice

## **SECTION 4: Specific Clinical Education Policies**

- 49 Minimum/Maximum Contact Hours for Clinical Experience Courses and Documentation/Verification
- 50 Policy on Set-up, Application, and Clinical Decision-Making for Therapeutic Modalities for Athletic Training Students
- 50 Therapeutic Equipment and Safety Policy
- 51 Electrical Safety Guidelines
- 51 NCAA/Big Sky Rules
- 51 Gambling Policy
- 52 Alcohol, Drugs, and Tobacco Guidelines
- 52 Sexual Harassment Guidelines
- 53 Illegal Activities Not Otherwise Stated
- 53 Bloodborne Pathogen Training
- 54 Bloodborne Pathogen Policy
- 56 Universal Precautions
- 57 Communicable Diseases Policy
- 58 Idaho State University Communicable Diseases Policy
- 58 BOC Certification Examination

## **SECTION 5: Appendices**

- 59 A: Handbook Acknowledgment Form
- 60 B: Immunization Checklist
- 61 C: Technical Standards Acknowledgement Form
- 62 D: Professional Development Units
- 65 E: Volunteer/Travel Policy Statement Acknowledgement Form
- 66 F: Communicable Disease Policy Acknowledgement Form
- 67 G: Confidentiality Understanding Form
- 68 H: Discipline Letter
- 70 I: Definition of Terms

# **SECTION 1: General Program Information**

## DISCLAIMER

This handbook was created to inform the Athletic Training Student (ATS) of policies and procedures of the Master of Science in Athletic Training (MSAT) Program at Idaho State University. The overall intent of this handbook is to ensure a quality educational experience for every student, and to ensure safe and efficient operation of all Athletic Training facilities. To achieve the goals of the educational program, every student must be thoroughly familiar with the policies and procedures listed herein. If you feel a particular policy needs to be reviewed, please bring it to the attention of the Program Director of the Master of Science in Athletic Training. Policies and procedures can be modified, but not ignored.

The information in this handbook is not all-inclusive. This handbook should be used as a guide throughout your progression in the Master of Science in Athletic Training Program. As needed, the handbook will evolve as policies and procedures are modified, added, or deleted. Any alterations to the handbook will be made available to all students, staff, and Preceptors.

### **INTRODUCTION**

Welcome to the Idaho State University Professional Master of Science in Athletic Training Program. This handbook has been designed to assist you in your endeavors as an ATS and future Athletic Trainer (AT). The purpose of the handbook is to provide you with program and university policies. Our program has been awarded accreditation by the Commission on Accreditation of Athletic Training Education (CAATE) through 2029 and with this respect, great expectations must be met. Many changes in athletic training have occurred in the past few years and many more are on the horizon. It is the goal to take this program to a high level and to create one of the best and most effective programs not only at Idaho State University, but in the nation. In order to achieve this lofty goal, the faculty, staff, and ATSs must strive for excellence in all their words and actions, working together to accomplish this objective. This handbook should be read several times throughout the year so that you will continue to become familiar with the roles and responsibilities you have accepted as an ATS.

We look forward to working with each of you as you strive to succeed in what we believe to be one of the finest career choices you can make.

Dani Moffit, PhD, LAT, ATC Program Director Karla Judge, DAT, LAT, ATC Coordinator of Clinical Education

## HISTORICAL OVERVIEW OF THE PROGRAM

The Master of Science in Athletic Training (MSAT) Program at Idaho State University was approved by the Idaho State Board of Education April 19, 2012, after eight years of development. The Program Director put in place to welcome the first cohort June, 2013. Since the first cohort of three students, each year has welcomed new students, along with sending graduating students into a variety of professional settings. To date, graduates from the ISU MSAT program are working in high schools, colleges, clinics, the industrial setting, education and some have continued their educational pursuits in physical therapy and doctoral education. The program was awarded initial CAATE accreditation in January, 2015 and recently completed the accreditation process in the fall of 2019. At the completion of the 2021-22 academic year, 32 students have successfully matriculated through the ISU MSAT program. On July 1, 2022, the ISU MSAT program moved from the College of Education to the College of Health.

## PROGRAM MISSION STATEMENT

We foster multidisciplinary learning opportunities that produce athletic trainers who are uniquely qualified in interprofessional healthcare settings.

## MSAT VALUES

Accountability. Striving to meet expectations and achieve desired outcomes
Advocacy. Support for self, patients, and the profession
Compassion. Patient-centered learning and cultural awareness
Engagement. Serving our College, University, and Community
Erudition. Cultivating intellectual growth and curiosity
Selflessness. Intentional development in a collaborative environment

## PROGRAM AND STUDENT OUTCOMES AND OBJECTIVES

**OUTCOME 1:** To provide high quality educational experiences both clinically and didactically, preparing students for success on the Board of Certification's (BOC) national certifying exam the ISU MSAT will:

## **Objectives for Outcome 1**

- 1.1 Develop mastery of Knowledge, Skills, and Abilities found in the Educational Competencies and Clinical Proficiencies within the Athletic Training program curriculum
- 1.2 Understanding of the role of the BOC, Commission on Accreditation of Athletic Training Education (CAATE), and National Athletic Trainers' Association (NATA) through research, presentation, and discussion
- 1.3 Provide quality clinical experiences (both genders) through upper and lower extremity, general medical, non-athletic populations, and equipment intensive clinical settings
- 1.4 Provide learning opportunities that integrate the classroom, laboratory, and practicum experiences into the clinical setting
- 1.5 Provide innovative classroom, laboratory, and practicum experiences to improve learning through the use of various technology and instruction tools
- 1.6 Identify future AT program needs measured via assessments (e.g., alumni and employer surveys, Advisory Board meetings, student surveys)

**OUTCOME 2:** To prepare graduates that practice with cultural competence and professional integrity the ISU MSAT will:

## **Objectives for Outcome 2**

- 2.1 Set high expectation of adherence to and review the NATA and Idaho State Board of Medicine Codes of Ethics
- 2.2 Set high expectation of adherence to and review the Idaho State University ATS Handbook
- 2.3 Prepare ATSs to work in diverse settings with diverse populations
- 2.4 Provide opportunities for the ATS to communicate appropriately with regard to age, activity level, gender, race, ethnic, linguistic, socioeconomic, and special needs background through assignment in diverse clinical settings
- 2.5 Emphasize the importance and benefits associated with NATA membership and becoming an active member in the NATA and/or other allied health care associations
- 2.6 Encourage and facilitate efforts of the ATSs to attend national, regional, state, or local continuing education symposiums, workshops, or meetings by providing information, transportation, and release time from didactic and clinical responsibilities
- 2.7 Promote and encourage teaching opportunities and service orientation for ATSs

# **OUTCOME 3:** To promote the use of Evidence Based Practice for delivery of patient care the ISU MSAT will: **Objectives for Outcome 3**

- 3.1 Promote and encourage the growth of research skills in ATSs for education preparation through research, presentation, and attending clinical symposia
- 3.2 Expose ATSs to current practices during classroom and clinical sessions through didactic and clinical education
- 3.3 Emphasize the ongoing importance of reading, studying, and applying research in the athletic training field through research, presentation, and individual and group projects
- 3.4 Develop the ability to produce clinical outcomes to support their evidence-based practice through participating in collection of outcomes at clinical rotations

# **OUTCOME 4:** To prepare graduates for employment in both traditional as well as non-traditional work environments associated with athletic health care ISU MSAT will:

## **Objectives for Outcome 4**

- 4.1 Provide ATSs with diverse athletic training experiences in the high school, college, youth, industrial, and clinical settings
- 4.2 Provide ATSs with well-rounded allied health care learning experiences through interprofessional experiences
- 4.3 Develop the ATSs' awareness and knowledge of the Role Delineation Study

# **OUTCOME 5:** To prepare ATSs to incorporate a positive working relationship with fellow students, athletic, and allied health community members the ISU MSAT will:

## **Objectives for Outcome 5**

- 5.1 Provide ATSs with opportunities to communicate with athletic and medical personnel during clinical rotations
- 5.2 Provide ATSs with opportunities to integrate learning and working experiences with fellow students through demonstration and discussion
- 5.3 Provide ATSs with internship opportunities to develop professional rapport with other athletic and allied health professionals
- 5.4 Provide opportunities for interprofessional collaboration through the development of standardized patient simulations

#### IDAHO STATE UNIVERSITY NON-DISCRIMINATORY STATEMENT

It is the policy of Idaho State University to provide equal educational opportunities, services and benefits to students without regard to race, color, religion, age, gender, national origin, physical or mental disability, veteran status, genetic information, or other protected class applicable under federal, state, local law or ISU Policy.

#### ATHLETIC TRAINING PROGRAM NON-DISCRIMINATORY STATEMENT

In compliance with the Idaho State University non-discriminatory policy, the Professional Master of Science in Athletic Training Program does not discriminate on the basis of race, color, religion, age, gender, national origin, physical or mental disability, veteran status, genetic information, or other protected class. In addition, it is these guidelines of the MSAT program that extend these principles into our daily work. All coaches, staff, and athletes must be judged and treated under these same conditions.

## ATHLETIC TRAINING PROGRAM PERSONNEL

For an Athletic Training program to be successful, the involved personnel must be aware of the importance of each person's role. For example, the ATS should know and understand the responsibilities of the Preceptor, and the Preceptor should be aware of the educational requirements of the ATS to ensure the overall success of the program. This section outlines the responsibilities of each position.

#### **Program Director**

Unit:	PT & AT
Reports To:	Department Chair
Positions Supervised:	ATSs
	Athletic Training Program Instructors

The Program Director shall fulfill the following duties and responsibilities:

- Provide updated information to the students, staff, and Athletic Training faculty on the AT program.
- Serve as a Preceptor educator.
- Determine necessary curriculum changes and institute new academic and clinical courses.
- Assist in determining appropriate affiliated sites and authorize Preceptors at those sites.
- Review the clinical hour commitment of each student on aregular basis.
- Serve as the liaison with the Department Chair and Department Committees on the AT program and its students.
- Serve as the liaison with the CAATE, NATA, or the BOC and complete any and all forms or correspondence, which represents the CAATE accredited program.
- Document compliance of CAATE standards on an annual basis including the completion of annual reports, accreditation self-studies, and coordination of site visits.
- Serve as the final authority in determining any actions surrounding students in the CAATE accredited program.
- Maintain ATS's educational files.
- Chair the Athletic Training Advisory Board.

## **Coordinator of Clinical Education**

Unit:PT & ATReports To:Program DirectorPositions Supervised:ATSs

The Coordinator of Clinical Education shall fulfill the following duties and responsibilities:

- Provide Preceptor education.
- Provide a handbook for Preceptors which details the CAATE program and their responsibilities as an extension of the academic program.
- Identify the psychomotor skills to be acquired during the clinical experience, and criteria for student evaluation and clinical progression.
- Assign students to clinical rotations and provide the students with the names and phone numbers of the Preceptors they are assigned to for contact.
- Determine authorized absences in the clinical setting by the ATSs and inform the Preceptors of the intended absence.
- Contact each affiliated site instructor at least twice during the student's clinical rotation to review the student's progress and determine student competence in their clinical skills and identify areas that need improvement.
- Provide ATS evaluation forms to Preceptors and ensures that completed forms are maintained in student's official file.
- Meet with each ATS at least twice per semester to discuss clinical evaluations and experiences.
- Assess Preceptors and provide feedback to improve clinical education.
- Serve as a moderator when problems arise in the clinical setting.
- Advise students as assigned.
- Act as a member of the Athletic Training Advisory Board

## Preceptor

Unit:PT &ATReports To:Coordinator of Clinical EducationPositions Supervised:ATSs

The Preceptor shall fulfill the following duties and responsibilities:

- Complete Preceptor Training.
- Know and understand all psychomotor competencies required for CAATE accredited athletic training programs.
- Provide formal instruction and evaluation of clinical proficiencies.
- Meet with the ATSs at the beginning of the rotation to:
  - Discuss guidelines at the clinical site including hazardous waste disposal, emergency procedures,
  - Referral protocol and record keeping.
- Develop a schedule to ensure direct supervision of students.
- Ensure students dress professionally and complete their duties in a professional manner.
- Check the ATSs' hours log on a regular basis to ensure accurate documentation of the clinical hours.
- Review injury reports on a regular basis and make recommendations for improvement.
- Speak with the Coordinator of Clinical Education at least twice during the students' clinical rotation to discuss student progress.
- Report any and all problems directly to the Coordinator of Clinical Education regardless of whether or not the situation was resolved.
- Complete student evaluation forms as supplied by the Coordinator of Clinical Education.
- Whenever possible, serve as a resource person to the athletic training curriculum program for didactic class presentations, assist in the administration of practical examinations, and encourage students to participate in professional activities.
- Demonstrate understanding of, and compliance, with the policies and procedures of the MSAT program.

## **Athletic Training Student**

Unit:	PT &AT
Reports To:	Program Director, Coordinator of Clinical Education,
	Preceptor
Desitions Companying 1	

Positions Supervised: None

- ATSs must attend all regularly scheduled courses, meetings, and clinical assignments. Professionalism begins now.
- ATSs must adhere to the policies and procedures set forth within the ATS Handbook.
- Communication must be adhered to, including all verbal and written (including emails) forms.
- Community service is a key component of any profession and students will be expected to participate in service activities.
- Professional dress is expected at all clinical assignments.
- Competency review is imperative for success in the program. Athletic training skills and mastery of these skills are necessary for success as an Athletic Trainer.

## **AT Program Medical Director**

Unit:PT &ATReports To:Program Director

- Whenever possible, serve as a resource person to the athletic training curriculum program for didactic class presentations, assist in the administration of practical examinations, and encourage students to participate in professional activities.
- Demonstrate understanding of, and compliance, with the policies and procedures of the AT program.
- Act as a member of the Athletic Training Advisory Board

# **SECTION 2:** Master of Science in Athletic Training Information

# GENERAL DESCRIPTION OF THE ATHLETIC TRAINING PROGRAM

The Master of Science in Athletic Training within the Physical Therapy and Athletic Training Department and the College of Health consists of a major field of study of 57 credits. This portion of the curriculum would largely encompass professional education courses similar to any professional master's degree program. The overall objectives of the AT program are to teach the students in the following roles:

- 1. **Risk Reduction, Wellness and Health Literacy:** Educating participants and managing risk for safe performance and function.
- 2. **Clinical Evaluation and Diagnosis:** Implementing standard evaluation techniques and formulating a clinical impression for the determination of a course of action.
- 3. **Critical Incident Management:** Employing standard care procedures and communicating outcomes for efficient and appropriate care of the injured.
- 4. **Therapeutic Interventions:** Reconditioning participants for optimal performance and function.
- 5. Healthcare Administration and Professional Responsibility: Understanding and adhering to approved organizational and professional practices and guidelines to ensure individual and organizational well-being.

## **ADMISSION REQUIREMENTS**

- Bachelor's degree from a regionally accredited college or university in the United States or its equivalent from a school in another country
- Application and acceptance by ISU Graduate School
  - Cumulative GPA (minimum of 3.0 for final 60 credits)
- Application through ATCAS.liaisoncas.com
  - Successful completion of the following required prerequisite courses with a grade
    - of "C" or better in each course:
      - Biology
      - Anatomy and Physiology (1 year equivalent with lab component)
      - Chemistry
      - Physics
      - Statistics (preferred)
      - General Nutrition or Sports Nutrition
      - Exercise Physiology
      - Biomechanics
      - Sport Psychology (or other upper division Psychology course)
  - Personal Statement
    - Describe your professional goals
    - What helped you decide on Athletic Training as a profession
  - Two Professional References
  - Evidence of current CPR/AED for Health Care Provider certification
  - Documentation of observation hours (minimum of 50) with a Certified Athletic Trainer
- Applications received after the deadline (January 15) will be considered on arolling admissions basis if available slots exist.
- Students must have the following on file with the MSAT Program Director prior to starting clinical site assignment in August:
  - Proof of immunizations
  - Proof of Tuberculin PPD test (within 1 year)
  - Bloodborne Pathogen training
  - Background check
  - Technical Standards (see page 16)

## **HEALTH REQUIREMENTS**

Idaho State University's MSAT program and CAATE requires all students enrolled in the MSAT program to provide proof of immunizations (Appendix B). Students who do not have these on file will not be allowed to begin their clinical experience in the summer semester. The cost of vaccinations is the student's responsibility. Students are required to have the TB test performed on an annual basis. Covid-19 immunizations are not required, but are recommended.

The immunization records must be submitted to the Program Director. The ATS will not be allowed to begin clinical experiences until all required immunizations are on file. The Technical Standards form containing the signature of the ATS documenting acknowledgement of this requirement is maintained by the Program Director of the MSAT program. All records are kept confidential and will not be released without the student's permission or court order.

## **TECHNICAL STANDARDS**

## IDAHO STATE UNIVERSITY ATHLETIC TRAINING PROGRAM TECHNICAL STANDARDS FOR ADMISSION

The Athletic Training program at Idaho State University is a rigorous and intense program that places specific requirements and demands on the students enrolled in the program. An objective of this program is to prepare graduates to enter a variety of employment settings and to render care to a wide spectrum of individuals engaged in physical activity. The technical standards set forth by the Athletic Training program establish the essential qualities considered necessary for students admitted to this program to achieve the knowledge, skills, and competencies of an entry-level athletic trainer, as well as meet the expectations of the program's accrediting agency (Commission on Accreditation of Athletic Training Education [CAATE]). The following abilities and expectations must be met by all students admitted to the Athletic Training program. In the event a student is unable to fulfill these technical standards, with or without reasonable accommodation, the student will not be admitted into the program.

Compliance with the program's technical standards does not guarantee a student's eligibility for the BOC certification exam.

Candidates for selection to the Athletic Training program must demonstrate:

- 1. ability to assimilate, analyze, synthesize, integrate concepts and problem solve to formulate assessment and therapeutic judgments and to be able to distinguish deviations from the norm.
- 2. ability to perform appropriate physical examinations using accepted techniques; and accurately, safely and efficiently use equipment and materials during the assessment and treatment of patients.
- 3. ability to communicate effectively and sensitively with patients and colleagues, including individuals from different cultural and social backgrounds; this includes, but is not limited to, the ability to establish rapport with patients and communicate judgments and treatment information effectively. Students must be able to understand and communicate the English language at a level consistent with competent professional practice. ability to record the physical examination results and a treatment plan clearly and accurately.

- 4. capacity to maintain composure and continue to function well during periods of high stress.
- 5. demonstrate perseverance, diligence and commitment to complete the athletic training education program as outlined and sequenced.
- 6. ability to be flexible and adjust to changing situations and uncertainty in clinical situations.
- 7. empathetic skills and appropriate demeanor and rapport that relate to professional education and quality patient care.

#### **Students With Disabilities**

At Idaho State University, providing equal opportunities for students with disabilities is a campuswide responsibility and commitment. Disabilities include, but are not limited to, orthopedic, visual, hearing, learning, chronic health, and psychological disabilities. Idaho State University demonstrates its core values of individual growth and development and civility and diversity by recognizing students with disabilities as an important part of its student body.

### **History and Rationale:**

The landmark Americans with Disabilities Act of 1990, P.L. 101-336 ("ADA" or "the Act"), enacted on July 26, 1990, provides comprehensive civil rights protections to qualified individuals with disabilities. The ADA was modeled after Section 504 of the Rehabilitation Act of 1973, which marked the beginning of equal opportunity for persons with disabilities. As amended, Section 504 "prohibits all programs or activities receiving federal financial assistance from discrimination against individuals with disabilities who are 'otherwise qualified' to participate in those programs." With respect to post-secondary educational services, an "otherwise qualified" individual is a person with a disability "who meets the academic and technical standards requisite to admission or participation in the recipient's education program or activity."

Under the Americans with Disabilities Act, Title II and Title III are applicable to students with disabilities and their requests for accommodations. Title II covers state colleges and universities. Title III pertains to private educational institutions; it prohibits discrimination based on disability in places of "public accommodation," including undergraduate and postgraduate schools.

Given the intent of Section 504 and the ADA, the development of standards of practice for a profession, and the establishment of essential requirements to the student's program of study, or directly related to licensing requirements, is allowable under these laws. In applying Section 504 regulations, which require individuals to meet the "academic and technical standards for admission," the Supreme Court has stated that physical qualifications could lawfully be considered "technical standard(s) for admission."

Institutions may not, however, exclude an "otherwise qualified" applicant or student merely because of a disability, if the institution can reasonably modify its program or facilities to accommodate the applicant or student with a disability. However, an institution need not provide accommodations or modify its program of study or facilities such that (a) would "fundamentally alter" and/or (b) place an "undue burden on" the educational program or academic requirements and technical standards which are essential to the program of study.

For students who require reasonable accommodations(s) to meet the skills outline in the technical standards, please contact the Disability Services Office (DS) at (208) 282-3599 or by email at <u>disabilityservices@isu.edu</u>.

The cost of accommodation(s) determined by the DS Office are paid by the institution. Technical standards should not serve as a deterrent to any student with disabilities who desires to pursue health care education. Students with disabilities bring unique perspectives which contribute to the

diversity of the student population and will create a diverse health care workforce of culturally competent practitioners who can meet the needs of their patients.

Please see Appendix C for Technical Standards Acknowledgement signature page.

## ACADEMIC ADVISEMENT

Academic advisement is available throughout the academic year by the Athletic Training program faculty in the Physical Therapy and Athletic Training Department for students who have been officially accepted into the Master of Science in Athletic Training program.

Students <u>must meet each semester</u> with the MSAT Program Director to ensure proper progression toward meeting all degree requirements.

## GUIDELINES FOR ADVANCEMENT IN THE ATHLETIC TRAINING PROGRAM:

- 1. Satisfactory completion of all athletic training (minimum of a B-) courses.
- 2. Receive a "minimal" rating on the evaluation of performance in the clinical setting.
- 3. Maintain a minimum overall GPA of a 3.0.
- 4. Maintain Professional CPR certification.
- 5. Must have and pass an annual Tuberculin PPD test for clinical experience.
- 6. Must complete an annual Criminal Background Investigation.

## **RETENTION POLICIES AND/OR GPA REQUIREMENTS**

Students who fall below the required GPA standards (3.0 overall GPA and B- in MSAT program core courses) will be immediately placed on one semester probationary status. Students will be required to complete an Academic Improvement Plan prior to the beginning of the next semester. Students who do not show improvement after one semester will be dismissed from the MSAT program.

Students will not be permitted to advance in the MSAT program if they did not achieve the "minimal" standards on their clinical evaluation, as determined by the Preceptor, Coordinator of Clinical Education, and Program Director. Since the clinical hours are incorporated into each

Clinical Education course (AT 6661-6664), students will be required to repeat the course to fulfill their clinical experience requirement. Prior to receiving an unsatisfactory clinical evaluation, students will have received 2 written warnings from their Preceptor and have a formal meeting with the Coordinator of Clinical Education and their Preceptor. Students who receive more than one "unsatisfactory" evaluation will be dismissed from the MSAT program.

Students who fail to follow the NATA Code of Ethics, policies and procedures set forth in the ISU ATS Handbook, and/or policy and procedures for any affiliated site may also be dismissed from the program. This includes involvement in illegal activities, violation of the alcohol, drugs, and tobacco policy, false documentation of clinical hours experiences, unexcused absences for clinical assignments, HIPAA or FERPA violations, or violation of university or program policies.

Determination of dismissal from the program is the responsibility of the MSAT Program Director and Coordinator of Clinical Education, with input from current Preceptors and faculty. They are responsible for reviewing the pending charges, pertinent written information, interviewing appropriate personnel, and rendering a final decision via the democratic process. Students dismissed from the program will not be permitted to take any additional athletic training courses (except to repeat courses that are required for program admission) or work in any of the University's athletic training facilities or affiliated settings.

## **TRANSFER CREDITS**

In compliance with the Higher Education Act, Idaho State University only accepts transfer credit from regionally accredited colleges and universities.

Students who have completed graduate Athletic Training coursework at another CAATEaccredited professional master's degree program may apply for up to 9 transfer credits. The transfer of graduate credits from non-CAATE-accredited programs will be considered on a caseby-case basis. Approval of all transfer credits requires an official transcript, a copy of the course syllabus, and approval by the ISU MSAT Program Director.

Students who have a degree in a health care profession (e.g., Physical Therapy, Physician's Assistant, Nursing) will be considered on a case-by-case basis as to the number of transferable credits. The ISU Graduate School requires a minimum of 30 credits be taken in-house for graduation to occur.

## LEAVE OF ABSENCE

Students may need to take a leave of absence due to illness, injury, pregnancy, military assignments, or other personal issues. Students who do so must submit a request in writing to the MSAT Program Director. Leave of absence may require the student to be placed in the cohort for the following year, since all courses are taught in a specific sequence. If the time period is longer than one calendar year, it is in the student's best interest to re-take courses since it is difficult to matriculate through the program if he/she has not retained the knowledge from those courses. Our goal is to maximize the student's ability to succeed in future coursework and on the BOC certification examination.

### **COURSE SEQUENCE**

(effective	Summer	2020)
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Summer I	Fall I	Spring I	Summer II	Fall II	Spring II
AT 6600:	AT 6661:	AT 6662:	AT 6602:	AT 6663:	AT 6664:
Foundations	Clinical	Clinical	Pathophysiology	Clinical	Clinical
of AT (3)	Education in	Education in	and General	Education in AT	Education in
	AT I (4)	AT II (3)	Medical	III (4)	AT IV (3)
			Assessment (2)		
AT 6600L:	AT 6606:	AT 6608:	AT 6616:	AT 6602L:	AT 6614: Inter-
Foundations	Continuum of	Continuum of	Introduction to	Pathophysiology	professional
of AT Lab (1)	Care II:	Care III:	Pharmacology	and General	Relationships
	Knee, Hip,	Upper	in AT (1)	Medical	and Trends in
	Pelvis,	Extremities		Assessment Lab	AT (3)
	Lumbar	(5)		(1)	
	Spine (5)				
AT 6604:	AT 6640:	PE 5414:		AT 6606:	AT 6645:
Continuum of	Research and	Athletic		Continuum of	Organization
Care I: Foot,	Writing (3)	Performance		Care IV: Head,	and
Ankle, Lower		Nutrition (3)		Neck, Cervical	Administration
Leg (3)				and Thoracic	of AT
				Spine (5)	Programs (3)
AT 6612:		AT 6651:		AT 6651:	AT 6651:
Introduction		Capstone		Capstone	Capstone
to Therapeutic		Assessment		Assessment (1)	Assessment (1)
Modalities &		(1)			
Exercise (2)					
9 credits	12 credits	12 credits	3 credits	11 credits	10 credits

## ATHLETIC TRAINING COURSE DESCRIPTIONS

#### AT 6600: Foundations of Athletic Training (3 credits)

Survey of the profession of Athletic Training. Injury prevention, assessment, treatment, taping and rehabilitation of common athletic injuries will be presented. Lab included.

#### AT 6600L: Foundations of Athletic Training Lab (1 credit)

*Co-requisite:* AT 6600: Foundations of Athletic Training. The lab component will provide practical application of athletic training skills, including basic taping and bracing techniques, acute and emergency management, stretching, and equipment fitting and removal.

#### AT 6602: Pathophysiology and General Medical Assessment (2 credits)

This course addresses current medical issues that pertain to athletic training and the physically active. Content

includes sports pharmacology, physiological considerations, common illnesses and special concerns. Lab included.

#### AT 6602L: Pathophysiology and General Medical Conditions in Athletic Training Lab (1 credit)

*Prerequisite:* AT 6602: Pathophysiology and General Medical Conditions. This course will focus on the practical application of diagnostic and assessment techniques for general medical conditions. Students will use auscultation, palpation, urinalysis, diabetic screening tools, anthropometric measurements, and

otoscopes and opthalmoscopes and calculate reliability among groups. Students will be able to use an evidence-based approach to identify, explain, and assess pathologies and apply these concepts in real-life scenarios.

#### AT 6604: Continuum of Care I: Foot, Ankle, Lower Leg (3 credits)

This required course will focus on the key concepts of evaluation, diagnosis, and management of the foot, ankle, and lower leg sports-related injuries including physical examination, injury recognition, treatment, taping, bracing, and rehabilitation methods. Students will be able to use an evidence-based approach to identify, explain, and assess pathologies of musculoskeletal injuries in the lower extremity and apply these concepts in real-life athletic training scenarios. Lab included.

#### AT 6606: Continuum of Care II: Knee, Hip, Pelvis, and Lumbar Spine (5 credits)

This required course will focus on the key concepts of evaluation, diagnosis, and management of knee, hip, pelvis, and lumbar spine sports-related injuries including physical examination, injury recognition, treatment, taping, bracing, and rehabilitation methods. Students will be able to use an evidence-based approach to identify, explain, and assess pathologies of musculoskeletal injuries in the lower extremity and apply these concepts in real-life athletic training scenarios. Lab included.

#### AT 6608: Continuum of Care III: Upper Extremities (5 credits)

This required course will focus on the key concepts of evaluation, diagnosis, and management of upper extremity sports-related injuries including physical examination, injury recognition, treatment, taping, bracing, and rehabilitation methods. Students will be able to use an evidence-based approach to identify, explain, and assess pathologies of musculoskeletal injuries in the lower extremity and apply these concepts in real-life athletic training scenarios. Lab included.

#### AT 6610: Continuum of Care IV: Head, Face, Cervical and Thoracic Spine (5 credits)

This required course will focus on the key concepts of evaluation, diagnosis, and management of the head, face, cervical and thoracic spine sports-related injuries including physical examination, injury recognition, emergency treatment, neurological assessment, and rehabilitation methods. Students will be able to use an evidence-based approach to identify, explain, and assess pathologies of musculoskeletal injuries in the lower extremity and apply these concepts in real-life athletic training scenarios. Lab included.

#### AT 6612: Introduction to Therapeutic Modalities and Exercise (2 credits)

Introduction to the use of therapeutic modalities, tissue response to injury, and the foundations of rehabilitation in the athletic training setting. Using an evidence-based approach, students will focus on how therapeutic modalities can enhance the healing response along with concepts, protocols, and theories of rehabilitation. Lab included.

#### AT 6614 Interprofessional Relationships and Trends in Athletic Training (3 credits)

Through the use of current literature and content experts in the field, this three-credit course will provide advanced information regarding clinically relevant topics related to athletic training and sports medicine practice.

#### AT 6616: Introduction to Pharmacology in Athletic Training (1 credit)

Introduces principles of drug therapy across the lifespan and the use of drugs as they pertain to the health care of athletes and their effect on athletic competition. An emphasis on the knowledge, skills and values required of the Athletic Trainer on pharmacological applications, including indications, contraindications, precautions, interactions, documentation and governing regulations relevant to the treatment of injury and illness in athletic training.

#### AT 6640 Research and Writing (3 credits)

Identification and application of basic research methods used in athletic training. This evidence-based course will be the introduction to the research students will be participating in throughout the program.

#### AT 6645: Organization and Administration of Athletic Training Programs (3 credits)

This course is designed to expose students to the organization and administration concepts of athletic training.

Content includes management, leadership, legalities, historical perspectives, motivation and technology.

#### AT 6651 Capstone Assessment (3 credits)

There are three semesters of AT 6651 Capstone Assessment courses. Together they represent a comprehensive assessment of learning over time of the students. Capstone Assessment in Spring I requires an oral presentation of a case study. Capstone Assessment in Fall II requires an oral and written presentation of a Grand Rounds topic. Capstone Assessment in Spring II requires an objective written exam and a final oral practical exam before an examining committee. Students must take this course in each of the last 3 semesters of the program (for a total of 3 credits) in order to graduate.

#### AT 6661: Clinical Education in Athletic Training I (4 credits)

This course is the first of four clinical experiences in the athletic training curriculum in order to develop and enhance the practical skills and knowledge necessary for clinical practice. Students will review and demonstrate lower extremity injury evaluations, foundational athletic training skills, and emergency management techniques. It includes a 2-week immersive experience in August during preseason.

#### AT 6662: Clinical Education in Athletic Training II (3 credits)

This course is the second of four clinical experiences in the athletic training curriculum in order to further develop and enhance the practical skills and knowledge necessary for clinical practice. Students will review and demonstrate lower extremity injury evaluations, rehabilitative athletic training skills, and decision-making for return-to-play.

#### AT 6663: Clinical Education in Athletic Training III (4 credits)

This course is the third of four clinical experiences in the athletic training curriculum in order to further develop and enhance the practical skills and knowledge necessary for clinical practice. Students will review and demonstrate upper extremity injury evaluations, general medical athletic training skills, and evidence-based decision-making. It includes a 2-week immersive experience in August during preseason that continues for 6 weeks into the fall.

#### AT 6664: Clinical Education in Athletic Training IV (3 credits)

This course is the final clinical experience in the athletic training curriculum in order to further develop and enhance the practical skills and knowledge necessary for clinical practice. Students will review and demonstrate head, neck, and spine injury evaluations and evidence-based decision-making. It includes a 6-week immersive experience.

#### PE 5414: Athletic Performance Nutrition (3 credits)

Prerequisite: BIOL 3301 & BIOL 3301L or permission of the instructor. Review of nutritional requirements and strategies for optimal human performance across the lifespan.

## PROFESSIONAL DEVELOPMENT UNIT (PDU)

Athletic training education reform has mandated that any student sitting for the BOC exam must graduate from an accredited AT program. Therefore, after you graduate, what makes you any different or better than someone else applying for the same job?

The purpose of the Professional Development Unit (PDU) Initiative is to:

- encourage students to pursue current and future professional development activities;
- ensure that students become involved and engaged in a variety of different professional development experiences while matriculating through the AT program;
- make students more marketable to employers; and
- allow students to become accustomed to participating in future professional development activities.

Each year, each ATS must accumulate a total of at least **25** Professional Development Units (PDUs). This amount is required because Certified Athletic Trainers are required to obtain a minimum of 50 Continuing Education Units (CEUs) every two years, so this is designed to prepare you for those requirements. Acceptable activities are listed in Appendix B. Similar to CEU requirements for ATC credentialed professionals, progress should be continuously made toward the required **25** PDUs, to avoid the need to "cram" for activities at the end of the year. Each ATS must complete a "Professional Development Unit Verification Form" after each particular activity has been completed, *and attach appropriate documentation/verification (certificate of attendance, name badge, supervisor letter, etc)*. The verification form and adequate documentation must then be submitted to the student's *current Preceptor*, or other appropriate supervisor, who verifies (signature) each activity and forwards each verified activity to the Program Director. *Activities must be submitted within <u>3 months in order to receive credit</u>. Once verified by the Preceptor/staff and the Program Director, you will receive your verification form to maintain your records.* 

Fulfillment of this program will be reflected in the AT 6645: Organization and Administration of Athletic Training Programs grade. Students must maintain documentation of their completion of a minimum of **50** PDUs and submit all required documentation prior to graduation. All PDU documentation will remain in the student's file.

The "year" will begin on the date of May graduation and run for one calendar year, so activities completed during the summer will count towards the upcoming school year's requirements.

All of the required forms can be found in Appendix D.

## ACADEMIC INTEGRITY

Cheating and other forms of academic dishonesty will <u>NOT</u> be tolerated. The policy of Academic Dishonesty, starting on page 10 of the ISU Student Handbook (http://www.isu.edu/studenta/pdf/IdahoStateUniversityStudentHandbook.pdf), will be enforced. Any individual caught cheating on examinations and/or assignments or plagiarizing will receive an automatic "F" for their final grade. Furthermore, a letter will go into the student's file describing the situation.

Students have a special responsibility to academic standards since Idaho State University is an academic institution. Academic dishonesty is a particularly serious offense. Academic dishonesty is defined as, but not limited to:

- Giving or receiving help with intent to falsely represent one's work;
- Plagiarizing (A willful misrepresentation of another person's work as one's own);
- The use (or appearance of use) of notes, books, cell phones, cameras, or any other unauthorized sources during tests of any kind, unless specific instructions are given permitting such use;
- Altering the record of any grade in any grade book or record;
- Any other type of misconduct, offense or manifestation of dishonesty or unfairness in relation to academic work;
- Unauthorized possession of a test prior to, during, or after the administration of a test;
- Defacing, mutilating, destroying, modifying, stealing, hiding, or in any other way inhibiting or preventing access by others to library materials or databases;
- Falsely documenting clinical hours; and/or
- Falsifying research data.

## **CLINICAL EDUCATION OVERVIEW**

ATSs will receive immersive clinical experiences at Idaho State University, other intercollegiate athletic programs, high schools, sports medicine clinics, physical therapy clinics, and general medicine facilities, in addition to other special events that might occur in the community. While there are established clinical affiliations, ATSs are also encouraged to seek additional sites for their immersive experiences. In all clinical rotations, students will be supervised by a BOC certified and state-licensed Athletic Trainer or Physician who is a Preceptor associated with the Athletic Training program. The majority of the clinical education hours obtained by the ATS will be accumulated during team coverage that occurs between the hours of noon and 7:00 p.m., Monday through Friday. Athletic events also occur on the weekend, so these clinical education rotations may include Saturday and Sunday events as well. For each immersive experience, the ATS is expected to work full-time with their Preceptor for approximately 8 weeks. While there are established clinical affiliations, ATSs are also encourage to seek additional sites for their immersive experiences. ATSs MUST RECEIVE scheduled time off of 1 day every 7 days. Clinical education rotations also may include traveling when accompanied by a Preceptor. A Preceptor will supervise each student and evaluate each student on their performance and clinical proficiency.

## **DIRECT SUPERVISION**

During the clinical component of the MSAT program, the students are supervised by Preceptors. The ratio of no more than 5 students for every one Preceptor will be maintained. The Preceptors will provide direct supervision in the form of direct visual and auditory contact with the student. Within the MSAT program, athletic training clinical experiences coincide with various athletic training courses. Any unsupervised clinical education experience is in violation of CAATE Standards, MSAT program policy and is not permitted under any circumstances.

ATSs are assigned to a specific Preceptor for each clinical rotation, not a sport. Many Preceptors provide care for multiple teams and it will be the responsibility of the ATS to work with the Preceptor as directed.

#### **Courses Affiliated With Clinical Education**

#### AT 6661, 6662, 6663, 6664: Clinical Education in Athletic Training I-IV

These clinical experiences continue to expand upon the didactic knowledge as well as to master the competencies expected of an entry-level ATS. The clinical work experience is to be distributed as equally as possible over the two years of the curriculum. CPR/AED and other technical standard certifications must be current in order to remain at clinical sites. The immersive clinical rotation work hour requirements (40-50 hours/week) will be met by serving as ATSs with Idaho State University's intercollegiate athletic teams or at other affiliated settings. These hours are part of the course requirements for AT 6661, 6662, 6663, and 6664 and are directly supervised by BOC certified athletic trainers or physicians. Supplemental education with other allied healthcare professionals will be offered, but will not count toward supervised hours. All hours must be recorded in Typhon and signed off by the supervising Preceptor. The Coordinator of Clinical Education has the responsibility of monitoring hours in Typhon. The Coordinator of Clinical Education does an hour check a minimum of 2 times each month. For students who are falling below or are far below exceeding expectations, a meeting between the CCE, Preceptor, and ATS occurs to discuss remedy for the situation. ATSs are required to demonstrate competency in a variety of clinical skills. At the conclusion of each term, students will be evaluated by their clinical supervisor.

#### CLINICAL ROTATIONS IN THE SUMMER OR DURING WINTER BREAK

Clinical hours during the summer and/or winter breaks are optional but must be with an approved Preceptor at an affiliated site. Students who are enrolled in AT 6661 and AT 6663 are required to attend pre-season practices and/or competitions prior to the first day of classes. Students are not required to attend practices and/or competitions during the winter break. HOWEVER, these can often be *very valuable learning experiences* and students are encouraged to gain clinical experiences outside the academic calendar.

In the summer and/or over winter break, students may earn a maximum of 1/3 of the clinical and all PDU hours required for the following semester. However, these clinical rotations must be approved in advance by the Coordinator of Clinical Education. Students must make such requests in writing, after having received signed approval from the Preceptor who will be

supervising the student. This written request must include the dates, number of clinical hours anticipated, clinical assignment, Preceptor's name, and signatures of both the student and the Preceptor. Students on these rotations must still complete clinical hour forms, and all applicable evaluation forms.

During the summer and winter breaks, students MUST earn their hours with their assigned clinical rotation it if is available. If the assigned clinical rotation is not available, the student must get permission from BOTH the Coordinator of Clinical Education AND the Preceptor in order to go to a different clinical rotation.

For example, if a student is assigned to Idaho State University Football for the fall rotation, which begins typically the beginning of August, they may NOT earn summer hours at a clinic in August. The only rotation where they may earn summer hours in August would be with the ISU Football Preceptor. However, the student could earn hours at the clinic in June and July.

## **EVALUATION PROCEDURES**

Preceptors should provide informal weekly feedback to students regarding their performance, skills, and adherence to the schedule. Formal evaluation of ATS performance will occur at midterm and the conclusion of each clinical rotation.

The clinical proficiency evaluations are provided to the ATSs upon acceptance into the MSAT program. Preceptors have access to proficiencies via Typhon. The Preceptors are also given a list of courses the student has completed in previous semesters. ATSs are assessed on clinical integrated proficiencies as part of the final performance evaluation. The ATS must be able to present their clinical proficiency evaluations immediately upon request by a Preceptor.

The clinical site and Preceptor are evaluated anonymously by ATSs, in conjunction with the evaluation of the Preceptor, at the conclusion of the clinical experience. The ATS submits these evaluations through Typhon for the Coordinator of Clinical Education and/or Program Director for review. At the conclusion of the academic year, the Program Director and the Coordinator of Clinical Education provide the Preceptor with general feedback from the evaluation conducted by the ATSs. This feedback is provided to assist the Preceptor in the improvement of the clinical site. The Coordinator of Clinical Education and the Preceptor meet at the conclusion of the academic year to discuss the evaluation and determine the appropriate changes necessary to improve the clinical education experience for the students.

## DOCUMENTATION OF CLINICAL EDUCATION HOURS

Clinical education hours accumulated under the direct supervision of a Preceptor must be recorded by the ATS through Typhon as verification of meeting class requirements. This requires the documentation of the month, the year, the type Athletic Training experience, patient encounters, cases, and the athletic training hours accumulated for each day. At the end of each day, the ATS must total the hours, encounters, and cases so the Preceptor can approve the hours.

Only the Athletic Training clinical education hours obtained under the direct supervision of a Preceptor may be counted toward the required hours for graduation. Athletic Training clinical education hours do not include the time spent while traveling with a team, lodging, team meetings, team meals, or hours working for payment of any type.

Opportunities may arise to work with a difference Preceptor than the ATS is scheduled with for a special event. Each ATS is responsible for communicating with the new Preceptor in order to have the experience and patient encounters approved.

Clinical hours may be recorded during the following:

- Set-up for practice/competition and clean-up after practice/competition
- Preparing the athletes for practice/competition
- Treatments before and after practice/competition
- Injury evaluation/Clinic with a team physician
- Rehabilitation
- Escorting an athlete to an appointment with a physician or to the emergency room
- Observing surgery
- In-services
- Administrative duties
- Clean-up and stocking of the cabinets/drawers in the athletic training room, including kits

Clinical hours may NOT be recorded for the following:

- Traveling with a team
- Team meetings
- Team meals

In order to achieve credit for the hours completed, each student must enter their experiences into Typhon on a weekly basis. Opportunities may arise to work with a different Preceptor than you are scheduled with. Each student is responsible for communicating with the new Preceptor in order to have the hour experience approved in Typhon.

## TRANSPORTATION TO CLINICAL SITES

Each ATS is responsible for transportation to and from clinical practice sites throughout the entire Athletic Training program. Transportation requires that each student has personal access to a car.

#### TRANSPORTATION OF AN INJURED OR ILL PATIENT

An ATS in the MSAT program should not be the primary driver in the transportation of an injured or ill patient, unless the necessary training and paperwork have been completed. An MSAT student transporting an injured or ill patient not under the direct (auditory and visual) supervision of their Preceptor places the patient at risk. Therefore, only patients / athletes who have been deemed stable by the Preceptor should be transported by an ATS. This should never be done without prior approval EACH TIME by the Preceptor.

## **VOLUNTEER/TRAVEL POLICY**

The Idaho State University MSAT program does not allow students to work as a First Responder or a First Aid Provider. An ATS working without supervision from an Idaho State Athletic Training program Preceptor is not authorized.

The ATS CAN ONLY participate in the following:1. Observation under direct supervision of an MSAT program Preceptor2. Travel with teams only accompanying an MSAT program Preceptor3. Clinical experience only when an MSAT program Preceptor is in visual and auditory contact

ATSs who are found to be in violation of the above policy will be removed from their site and may be dismissed from the program. Sites in violation will immediately have all students removed from said site.

ATSs performing community service CANNOT represent themselves as an ATS or First Aid Provider.

Please see Appendix E for Volunteer/Travel Policy Acknowledgement signature page.

## **INTERNSHIPS AND SUMMER CAMPS**

ATSs may choose to participate in athletic training internships and/or summer camps. These are not required by the MSAT program, nor will they satisfy any MSAT program requirements. ATSs who choose to participate in these internships are responsible for ensuring that their participation in the internship does not violate the athletic training licensure laws or other similar regulations in the state(s) where the internship/camp will take place. The MSAT Program Director can assist the ATS in reviewing the state regulation(s) that may apply, but the ATS is ultimately responsible for the final determination. **In addition, ATSs who participate in an internship are strongly encouraged to purchase liability insurance that would cover them during this experience.** 

#### **PROFESSIONAL ORGANIZATIONS**

Membership in professional organizations instills a sense of professionalism in the student and provides specific rights and benefits. It is also a prerequisite for some scholarships. ATSs are required to apply for student membership in the NATA no later than September 1 of the student's first year in the program.

## Idaho Athletic Trainers' Association

ATSs are strongly encouraged to become active members of the IATA. One of the functions of this society is to advance the athletic training profession in the state of Idaho. In addition to publishing a newsletter, a clinical symposium is sponsored annually by IATA. ATSs who use

and Idaho address and become members of the NATA will automatically become a member of the IATA. See **www.idahoata.com** for more information.

## National Athletic Trainers' Association

ATSs formally accepted into the Athletic Training program must become members of the NATA. The annual fee for this membership is currently \$85.00, which includes dues to the national organization as well as District X (NWATA). For more information about the NATA refer to their website at **www.nata.org**.

## **Eligibility for NATA Membership**

No individual is eligible to apply for membership unless in compliance with all NATA rules and standards. NATA may deny, cancel, or otherwise act upon membership where the individual is not in compliance with the following NATA rules and standards:

- 1. The individual must truthfully complete and sign the application form provided by NATA and shall provide additional information as requested. The individual must notify NATA of any change in address, telephone number, and any other facts bearing eligibility or membership within 30 days of such occurrence.
- 2. An individual convicted of a felony directly related to public health or athletic care or education shall be ineligible to apply for membership for a period of one year from the exhaustion of appeals, completion of sentence, or completion of parole, whichever is later. Convictions of this nature include but are not limited to felonies involving: rape; sexual abuse of an athlete or child: actual or threatened use of a weapon or violence; the prohibited sale or distribution of a controlled substance, or its possession with the intent to distribute; or use of position of the athletic trainer improperly to influence or attempt to influence the outcome or score of an athletic event or in connection with any gambling activity.

## FINANCIAL ASSISTANCE

As an ATS at Idaho State University, there is available to you a variety of financial aid other than the traditional forms offered through the University's financial aid office. Listed below are scholarships available to a limited number of qualified students. Selection is based on those eligibility requirements specific to the individual award.

## **NATA Scholarships**

The NATA Research and Education Foundation awards scholarships annually. ATSs interested in applying for NATA scholarships should request the appropriate information from the program director or by downloading an application at **www.natafoundation.org**. The deadline for application is in February.

## **NWATA District X Scholarships**

The Northwest Athletic Trainer' Association (NWATA) offers scholarship monies to outstanding students pursuing a degree in athletic training and who serve as ATSs. These scholarships are awarded annually in the amounts of \$500 and \$1,500. Contact the website (**www.nwata.org**) for information.

## **IATA Scholarships**

The Idaho Athletic Training Association offers a \$500.00 scholarship to an outstanding

ATS pursuing a degree in Athletic Training. Contact the website (**www.idahoata.com**) for information.

### **Big Sky Football Officials ATS Scholarship**

This scholarship is offered to an ATSs who has worked with Big Sky sports. \$500.00 is awarded to one student. The deadline is usually early May. Contact Jim Wallis: wallisj@pdx.edu for more information.

#### The Luckey & Nesbitt Scholarship

This scholarship is awarded annually to an ATS whose intention is to make Athletic Training their primary career. The amount of the scholarship is approximately \$630.00. Apply through ISU BOSS (Bengal Online Scholarship System).

## STUDENT PROFESSIONAL LIABILITY INSURANCE

Athletic Trainers are not immune to litigation. If the ATS adheres to the guidelines as set forth in this manual and those particular to their own clinical site assignment and does not attempt to perform duties outside the scope of their limitations, the chances of litigation are greatly reduced. The following guidelines should be adhered to at all times:

- 1. Consider everyone you see, talk to or touch as a potential plaintiff.
- 2. Adhere to the Family Educational Rights and Privacy Act (FERPA) and/or the Health Insurance Portability and Accountability Act (HIPAA) which deal with releasing confidential information. A written release from the student athlete must be signed before releasing any information.
- 3. Know the limits of your competence and responsibilities.
- 4. Be attentive and develop good evaluative skills.
- 5. Maintain a good rapport and open communication with your athletes, Preceptor, administrators and faculty.
- 6. Maintain good records and documentation of athletic injuries.
- 7. Know the State of Idaho Laws and Rules governing the practice of Athletic Training.
- 8. Maintain a good rapport with the team physicians. Athletic Trainers function under the guidance and direction of the Team Physicians.

ATSs are covered by Idaho State University's liability insurance but students are strongly encouraged to purchase professional liability insurance during the entirety of the program. Students pay for the student malpractice policy at the time of registration. Students will occasionally have opportunities to cover events not associated with the program. If the event is not part of Idaho State University's MSAT clinical program, the student insurance may not apply so students should consider purchasing their own protection in case of litigation. Several companies provide such policies, and students may obtain their insurance from a company of their choosing. Two such companies, Marsh Affinity Group (www.maginnis-ins.com) and HPSO (www.hpso.com) provide a student policy at a reasonably affordable price (approximately \$30.00 per year).

## TEXTBOOKS, SUPPLIES, AND OTHER ASSOCIATED COSTS <u>\* All costs subject to change</u>

Below is a summary of costs that the student can expect to spend during an academic associated with the program (this list is not inclusive):

Textbooks and Course	• \$200-\$300 per semester	
Materials/Fees	<ul> <li>Book list will be provided upon acceptance into the MSAT program</li> </ul>	
Professional Fees	• \$750.00 per semester (4 semesters)	
Deposit	<ul> <li>\$750.00</li> <li>Required to hold spot in program</li> <li>Will be applied to fall semester professional fee</li> </ul>	
NATA Associated Costs	• Annual Dues (\$85.00 per year)	
Professional Malpractice Insurance	<ul><li>\$20-\$30 per year</li><li>Student responsibility</li><li>Optional</li></ul>	
Criminal Background Investigation CastleBranch.com	<ul><li>\$44.75 per year</li><li>Required both years of the program</li></ul>	
Uniforms	<ul> <li>Attire (e.g., dress slacks, dress jacket, etc.) will vary according to the clinical assignment and will be the responsibility of the student to purchase (if needed).</li> <li>Name badge (\$2.00 to \$3.00)</li> </ul>	
Immunizations	<ul> <li>Cost is dependent on which the student may be missing</li> <li>Student responsibility</li> <li>Covid-19 is optional</li> </ul>	
Hepatitis B Vaccination	<ul> <li>Optional for the student; must provide documentation or signed waiver</li> <li>Approximately \$120-150 for the three-shot series</li> <li>Can be obtained through ISU Student Health Center</li> </ul>	
First Aid & Professional Rescuer CPR	<ul> <li>\$20-\$25 per year</li> <li>Program will pay the 2<sup>nd</sup> year</li> </ul>	

Tuberculosis (TB) Testing	<ul> <li>Can be obtained at the ISU Student Health Center or local Public Health Center</li> <li>Student responsibility</li> <li>Approximately \$5-10 for the test, which requires two visits (1st visit to be injected with testing agent; 2nd visit must occur 2-3 days after 1st visit to assess injected area)</li> <li>Required yearly</li> </ul>
Travel and/or Housing To Off- Campus Clinical Affiliated Sites/Assignments	<ul> <li>Students are responsible for obtaining transportation to/from a designated off-campus clinical affiliated site. The student is encouraged to car-pool with the clinical instructor or fellow student (when available).</li> <li>Students must find their own housing for experiences outside of SE Idaho</li> <li>Minimum of 2 semesters</li> </ul>

# MASTER OF SCIENCE IN ATHLETIC TRAINING / DOCTORATE OF PHYSICAL THERAPY DUAL DEGREE OPTION

## **Description of the Program**

The MSAT/DPT dual degree program is a unique program for select students. Normally, obtaining both degrees would take a total of 5 years, but with the dual degree, the program can be completed in 4 (47 months), graduating with an MSAT and DPT degree, as well as completion of requirements to sit for the national board examinations for both professions. Both the MSAT and DPT programs are accredited by the respective governing bodies. This program has been approved by the Idaho State Board of Education.

## **Admission Requirements**

Applicants must be admitted to both programs (MSAT and DPT) separately. The applicant will use the normal application (PTCAS for the DPT; ATCAS for the MSAT + plus the graduate school application for both). In addition, a letter must be submitted to both programs declaring interest in the dual degree program. Application and letter deadline is October 1<sup>st</sup>.

Once an applicant has applied and is accepted for both programs, the DPT entrance will be deferred 1 year; the first year of the program will be entirely MSAT content.

Deposits for BOTH programs would need to be made by the deadline for each program.

## **Awarding of Degrees**

Both degrees will be awarded at the end of the entire program (47 months). The candidate will be eligible to sit for the Athletic Training Board of Certification examination during the last academic semester of the entire program and for the National Physical Therapy Examination during the final clinical semester.

## **Course Sequence**

Summer I	Fall I	Spring I
AT 6600 Foundations of AT	AT 666I Clin Ed I (3)	AT 6662 Clin Ed II (3)
Lab (1)		
AT 6660 Foundations of AT	AT 6606 Continuum of Care	AT 6608 Continuum of Care
(3)	II: Knee, Hip, Pelvis (5)	III: Upper Ext (5)
AT 6604 Continuum of Care I:	AT 6602 Patho & Gen Med	AT 6614 Interprof
Foot, Ankle, Lower Leg (3)	(3)	Relationship (3)
AT 6612 Intro to Ther Modalities	AT 6606 TBI (3)	AT 6645 O&A (3)
& Exercise (2)		
		PE 5414 Athletic Performance
		Nutrition (3)
9 Credits	14 Credits	17 Credits

The MSAT sequence will consist of the first summer session and two semesters. The DPT sequence follows for six semesters plus two summer sessions.

Summer II	Fall II	Spring II
OPEN (internship	PTOT 5512 Prof Comm (2)	PTOT 5501 Clin Kines (4)
opportunity)		
	PTOT 5513 PT Perf (2)	PTOT 5502 Clin Neuro (5)
	BIO 5574 A&P (5)	PTOT 6620 Clin Proced (3)
	BIOL 5586 Lab (5)	PTOT 6621 Man Eval (3)
	PTOT 6623 Phys Agents	PTOT 6606 Ther Ex (4)/AT
	(4)/AT 6610 Ther Modalities	6612 Cond & Ther Ex (3)
	(3)	
		PTOT 6618 Clin Prac (1)
		PTOT 6616 Prof Project (1)/
		AT 6651 Capstone
		Assessment (1)
	18 Credits	21 Credits

Summer III	Fall III	Spring III
PTOT 5514 Research (3)/ PE	PTOT 6617 Research Prac (1)	PTOT 6616 Prof Project (1)/
6640 Research & Writing (3)		AT 6651 Capstone
		Assessment (1)
PTOT 6608 Pharm (3)	PTOT 6618 Clin Prac (1)	PTOT 6619 Clin Prac (1)
PTOT Clin Affil 1 (3)	PTOT 6622 M-S Sys Mgt (5)	PTOT 6626 Neuro Sys Mgt
		(6)
Genetics (2)	PTOT 6624 Cardiac/Pulm (5)	PTOT 7715 Resource Mgt (3)
	PTOT Clin Affil II (3)	
11 Credits	15 Credits	11 Credits
Summer IV	Fall IV	Spring IV
PTOT 7733 Clin Affil III (5)	PTOT 6616 Prof Proj (2)	PTOT 7734 Clin Affil IV (5)

PTOT 6616 Prof Proj (1)/ AT 6651 Capstone Assessment (1)	PTOT 6619 Clin Prac (1)	PTOT 7735 Clin Affil V (5)
	PTOT 7725 Multi-Sys Mgt	PTOT 6648 Grad Spec Top
	(4)	(1)
	PTOT 7727 Geriatric Mgt (3)	
	PTOT 7728 Lifespan Dev (4)	
	PTOT 6617 Research Prac	
	(1-2)	
6 Credits	15-16 Credits	11 Credits

At least one rotation must be with a dual credentialed AT/PT prior to the final semester of the DPT program.

# **SECTION 3:** Professional Behaviors and Disciplinary Policies

## ATHLETIC TRAINING STUDENTS RIGHTS AND RESPONSIBILITIES

Idaho State University is an institution with an accredited athletic training program. Each member of the Athletic Training Department may choose to serve as an athletic training Preceptor to the ATSs. The ISU Athletic Training Staff makes every effort to promote educational and positive learning opportunities for the ATSs. Clinical education experiences provide an opportunity for an ATS to integrate knowledge learned in the classroom and apply it to the clinical setting. To benefit maximally from clinical education, ATSs should communicate regularly with their Preceptor and other members of the athletic training team. Regular interaction with the clinicians enhances the ability of the ATS to gain valuable knowledge in the field of athletic training.

## Athletic Training Students' Rights

- Confidentiality regarding mid-semester and end-of-semester evaluations.
- Be treated in a professional and courteous manner which does not discriminate because of age, race, disability, handicap, national origin, religious beliefs, gender, sexual orientation or veteran status.
- Express suggestions and concerns in an appropriate manner and at an appropriate time.

## Athletic Training Students' Responsibilities

- Maintain the confidentiality of athletes' medical records.
- Ask questions and seek clarification when appropriate if you do not understand specific diagnoses, treatments, prognoses, or instructions.
- Arrive on time for clinical hours and notify preceptors well in advance of scheduling conflicts.
- Follow all rules and regulations that are posted within the Athletic Training Department.
- Be professional at all times while in the athletic training room or at designated clinical sites.
- Stay alert at practices, games, and in the athletic training room.

- Use professional and ethical conduct in all clinical settings, in classes, and in life. Keep all actions honest, legal, moral, ethical, and respectful.
- Avoid sexist, racist, or otherwise discriminating remarks or anything that could be taken as sexist, racist or discriminating by someone. Do not participate in this behavior or tolerate this behavior from athletes.
- Refrain from conversations involving personal matters (i.e. dates, parties, etc.) while working in any clinical setting.
- Care for your athletes as you would want to be cared for. Be considerate, respectful, and patient.
- Be considerate and respectful to all with whom you interact, including athletes, sports medicine staff, faculty, coaches, team officials, and fellow students.

## STUDENT DRESS CODE AND APPEARANCE GUIDELINES

An important part of professional conduct is appearance. ATSs should be aware that clinical rotations require specific professional attire. ATSs who do not comply with the dress code for their clinical assignment may be excused from the rotation for the day. An ongoing pattern of inappropriate dress may be grounds for disciplinary action.

ATSs should clarify the dress code for their specific clinical assignment with their Preceptor before the first day of the assignment.

All students enrolled in the Master of Science in Athletic Training program must wear the following uniform (unless more formal attire is required) while attending clinical education experiences:

- Polo-style shirt. They may be plain or with an ISU logo, only.
- Sweatshirt with ISU logo
- Solid color, neat, pants or shorts. (*Jeans are not acceptable at any clinical site.*)

For outdoor events, students should be prepared to add layers of clothing in the event of weather changes. Additional clothing is fine under the following conditions:

- Clothing is approved by Preceptor
- Clothing does not contain vulgar, profane, or other inappropriate advertising
- The student continues to wear the polo shirt or sweatshirt underneath.

For indoor events, students should be prepared to wear appropriate professional dress clothes. Professional dress clothes must be functional and appropriate to the event. This clothing should meet the following guidelines:

- No spiked shoes; no high heels over 2"
- Skirt length must be knee length or longer
- No low cut or see-through blouses
- No clothing that exposes undergarments
- All ties must be worn with a tie tack
- No long jewelry that may interfere with patient care (e.g., long necklaces, dangling earrings).

All students enrolled in the MSAT program must follow the additional uniform guidelines while attending clinical education experiences:

• All baggy or large pants / shorts must be held up with a belt

- All shoes must be closed-toe shoes; NO sandals or flip-flops; laced must be tied
- Socks must be worn
- Clothing must be neat and clean
- No short shorts, tights/yoga pants/spandex, or low waist pants (i.e., trendy hiphuggers)
- No tank tops or exposed cleavage
- No ripped or torn pants
- Jeans are not acceptable at any clinical site
- No hats/caps are to be worn indoors
- A digital watch or a watch with a second hand should be worn during clinical education experiences
- MSAT program name badge (see below)
- Hair must be neat and clean and maintained in such a manner to professionally fulfill clinical responsibilities; this includes facial hair
- No body piercing to ears other than the ear lobe are allowed while attending clinical education experiences; this is an OSHA requirement
- Body art (tattoos) is not forbidden, but the ATS should follow the site's requirements.

All students enrolled in the MSAT program must follow this additional guideline outside of clinical education experiences:

• Do not wear any clothing that identifies you as an Idaho State University ATS to any bar, night club, gentlemen or ladies clubs, etc.

All staff and faculty athletic trainers will strictly enforce this dress code. Failure to abide by this code will result in the following consequences:

- 1. First day out of dress code will result in a warning.
- 2. Second day you will be sent home and required to do the first am practice or treatment. YOU must see your supervising Preceptor immediately to schedule. Failure to do so will result in an immediate meeting with the athletic training staff and faculty.
- 3. The third day will result in suspension from clinical responsibilities for the remainder of the term.

#### This is a professional program that requires professional dress at all times.

## NAME BADGES

All MSAT program students must purchase a name badge prior to the start of their first clinical rotation. For all sites, MSAT students are required to wear the name badge to identify yourself to student-athletes/patients as a student. The name badges can be purchased at the SUB information desk. The cost is based on purchasing a clip (\$2.00) or a lanyard (\$3.00) badge. The loss of a name badge will not be accepted as an excuse or reason for poor attendance at clinical education experiences, which can result in a poor Clinical Experiences grade.

## APPEARANCE

Good grooming and personal hygiene are essential for health care providers. ATSs should maintain a neat and professional appearance at all times during clinical rotations. Their appearance should not distract from the professional image that they are trying to develop. Extremes of appearance are to be avoided during clinical education.

### ELECTRONIC COMMUNICATION / MEDIA

The Idaho State University MSAT program promotes professional interactions between clinicians and patients. In maintaining this professional interaction, the program prohibits ATSs from interacting with current patients or athletes, not associated with Idaho State University, using social networking media (including but not limited to Facebook, Blogs, Twitter, Instagram, Snapchat, etc.). ATSs should not accept nor request any interaction involving social networking media with any current patient or non-ISU athlete, regardless of whether the ATS is directly responsible for the patient's care. This includes refraining from social networking with athletes from athletic teams with whom the ATS has no direct contact and patients being treated by another clinician at the ATS's clinical education site. ATSs are encouraged to keep all social media accounts private. This policy further prohibits social interaction with patients and athletes by text messaging and electronic mail.

Furthermore, it is unacceptable for ATSs to interact through social networking media, text message, or electronic mail with patients or athletes who are *minors*, no matter if they are currently working with the minor or if they are no longer providing health care for the minor.

ATSs should also refrain from sharing any materials, including but not limited to: text, images, or video, related to patient diagnosis and care through social networking media, text message, or electronic mail. Any such disclosure of information is in violation of HIPAA policies and the ISU AT program Confidentiality Guidelines.

Using a phone for entertainment (movies, tv, music videos) during clinical experiences is not permitted.

#### **CELL PHONE USE**

Cell phones and other wearable devices are to be used for emergencies only while at the clinical education experience. Cell phones must not be used for personal calls unless approved by the Preceptor.

#### CONDUCT WITH ATHLETES/PATIENTS

The role of an ATS is twofold: student role and athletic trainer role. Both in and out of the clinical settings, students should remember that they are filling both of these roles and act accordingly. It is recognized that in working closely with a team friendships may arise between ATSs and athletes. A professional demeanor should be exercised at all times. In the clinical setting, students should act as athletic trainers for their respective teams / patients. In this role, they are responsible for the care of that team's athletes. They are also there to learn and increase their athletic training skills.

# **RELATIONSHIPS WITH ATHLETE/PATIENTS**

ATSs participating in intimate relationships (casual or sustained) with patients can lead to very compromising situations and therefore <u>will not be tolerated</u>, and may result in disciplinary actions, which may include immediate dismissal from the Master of Science in Athletic Training program. Each situation will be evaluated on a case-by-case basis.

Questions regarding relationships with patients should be directed/reported to the Program Director and/or the Coordinator of Clinical Education to avoid any potential ethical/medical conflicts of interest.

The patient's mental and physical welfare is paramount in providing healthcare services. If the ATS cannot perform their duties effectively so that the relationship interferes with the athlete's performance or the coach or supervisor feels the relationship is beginning to affect the athlete/patient, or team, the ATS may be reprimanded or removed from assigned duties.

ATSs must also avoid verbal and/or physical arguments outside of the clinical setting with athletes/patients. **Determination of any altercation (verbal and/or physical) with an athlete/patient will not be tolerated, and may result in immediate dismissal from the Master of Science in Athletic Training program.** 

# PROFESSIONAL RELATIONSHIPS WITH PRECEPTORS

In order to ensure the best educational experience, it is imperative that ATSs and Preceptors develop and maintain a professional relationship. Specific expectations for clinical rotations will be discussed prior to the start of the rotation. Any issues with your clinical site should be initially discussed with the Preceptor followed by the Coordinator of Clinical Education. Intimate relationships (casual or sustained) while assigned to a Preceptor is not tolerated and may result in disciplinary actions, which may include immediate dismissal from the Master of Science in Athletic Training program. Any conduct among students and Preceptors deemed inappropriate will result in disciplinary actions.

# PROFESSIONAL RELATIONSHIPS WITH COACHES

It is important that ATSs develop professional relationships with the coaches of teams with which they work. Usually your Preceptor will provide status reports to coaches, although ATSs may be required to do this on occasion. You should discuss how to handle coaches' questions with your Preceptor. Generally, ATSs' interaction with coaches should increase with the clinical experience.

Occasionally such interactions can present difficulties. If an ATS has difficulty with a coach or an athlete, he/she should make this known to the Preceptor immediately. Most problems can be easily resolved if approached early. Intimate relationships (casual or sustained) with coaches at your assigned clinical rotation will not be tolerated, and may result in disciplinary actions, which may include immediate dismissal from the Master of Science in Athletic Training program.

#### **RELATIONSHIPS WITH OTHER MEDICAL PROFESSIONALS**

ATSs should be professional when interacting with physicians and other medical professionals. These interactions are exceedingly important to the clinical education of the ATS and they are to be actively sought out. Students are encouraged to ask questions when appropriate and to use appropriate professional terminology.

#### **CONFIDENTIALITY GUIDELINES**

Confidentiality of the student-athlete's medical records must be maintained at all times, as these are considered legal documents. Records are not permitted to leave the secured designated area of the clinical instruction site. Any questions or concerns from the press, professional scouts, game/event management staff, institutional administrators, sports information personnel, opposing team personnel, spectators or other bystanders must be directed to the Head Athletic Trainer, Preceptor, or Head Coach. If medical records are needed for a case study then the ATS must complete the appropriate Medical Records Release Form and have it approved by both the student-athlete and the Head Athletic Trainer, Preceptor, and/or other designated clinical instruction site administrator (i.e.: Athletic Director, Sports Information, Medical Director, Medical records, etc) prior to accessing or using any information obtained from such records. This form gives the ATS access to the medical records only of the student-athlete noted on the form. The records still may not be taken out of the facility or photocopied under any circumstances. Anyone associated with access to documents that are the property of the clinical instruction sites will fully comply will all regulations set forth by the Health Information Portability and Accountability Act (HIPAA) and the Family Educational Rights and Privacy Act (FERPA). ATSs must remember that discussing the status of a student-athlete with other studentathletes is forbidden. This is considered a breach of confidentiality. The ATS must be aware of their surroundings at all times when the health status of a student-athlete is being discussed. This is perhaps one of the most serious violations that can occur and will result in circumstances that may not only remove one from the clinical experience, but could ultimately result in a suspension or dismissal from the athletic training education program.

Please see Appendix F for Confidentiality Understanding signature page.

#### PUBLIC RELATIONS AND THE PRESS

ATSs in clinical education with ISU athletics or other sports may find themselves in situations where a member of the press asks them to provide information about an athlete. At all times, ATSs should be very mindful about patient/athlete confidentiality in dealings with the press. In dealing with members of the press: (a) always be polite, (b) refer them to you Preceptor without providing any patient/athlete information, and (c) nothing you say to the press is ever "off the record". If you wouldn't want your comments to appear next to your name on the news or in the paper, then don't say them.

#### **DIFFERENCES OF OPINION**

It is foreseeable that students will have differences of opinion with other students or supervisors regarding patient care. In such cases, ATSs are encouraged to discuss the difference privately with the other person. Never argue in the presence of the patient – it only serves to undermine the patient's confidence in you and the other person.

#### ABSENCE FROM CLINICAL SETTING

Absence from one's responsibilities is discouraged, however if a situation should arise where an ATS cannot attend a clinical setting activity (practice, game, medical rotation, etc.), he/she should contact the Preceptor and apprise their of the situation immediately.

#### PREGNANCY

Pregnancy of an ATS will be accommodated for as necessary. A Technical Standards form will be signed by the ATS, noting any accommodations that will be necessary during the entirety of the pregnancy. The Program Director and Coordinator of Clinical Education will work with the ATS to provide a safe environment for the clinical rotation. It should be noted that the ATS will still be held to the same standards as others with regards to hours and proficiencies, however, extensions may be granted, if necessary.

# **OUTSIDE EMPLOYMENT**

Outside employment while in the MSAT program is discouraged. Outside employment during the 8-week clinical immersion is not permitted. Simultaneously working as an ATS and holding an outside job may interfere with the student's study time and adversely affect their performance in the class and Athletic Training Room. In addition, students may not substitute for Preceptors in either their responsibilities or duties.

Students who hold outside jobs must not let their jobs interfere in any manner with assigned duties in the Athletic Training Room. Time off from clinical hours or quitting first at the end of the day will not be granted to students who are employed outside of the Athletic Training Room. Remember, a student's duties in the Athletic Training Room don't always run on a strict schedule and are subject to change on short notice.

ATSs who accept work for events not sponsored by the Idaho State University Athletic Department are not covered in any manner by Idaho State University for liability including their acts of omission or commission. Students working in this capacity are working as independent contractors and are responsible for their own acts, liability and malpractice insurance, and supplies; and for complying with state and federal laws and the NATA Code of Professional Conduct. Hours accrued during these events cannot be counted toward MSAT program requirements.

# ATHETIC TRAINING STUDENT DISCIPLINARY POLICIES

# ATHLETIC TRAINING STUDENT CODE OF CONDUCT

#### A. General

- 1. The ATS is expected to meet all university, academic, and athletic appointments and obligations promptly and regularly.
- 2. The ATS is expected to abide by the code of conduct established in this handbook, the ISU Student Conduct Code, the BOC (Standards of Practice), and applicable state laws regulating the practice of athletic training via the Idaho State Board of Medicine (bom.idaho.gov).

# B. Academic

1. The ATS is expected to work toward obtaining a Master degree in the following ways:

a. Attend classes on a regular basis. In certain instances, travel requirements for team competition may require students to miss class. Travel requirements do not excuse a student from class or class assignments. Arrangements should be made by the student to contact the instructor and schedule any make-ups prior to the absence.

b. Complete all classroom assignments.

c. Seek academic advising/counseling when needed.

d. Attend tutoring sessions as needed.

- 2. Maintain standards of professional retention outlined within this handbook.
- 3. ATSs are required to maintain a cumulative GPA above a 3.0 and earn at least a B- in all coursework.
- C. Clinical Activities
  - 1. The ATS is expected to attend all assigned clinical activities unless excused by their designated Preceptor. The ATS is expected to notify their Preceptor in advance if he/she cannot attend the clinical site/activity.
  - 2. Clinical sites may issue equipment for each ATS. The ATS is expected to care for equipment properly and to return all equipment after its use. The ATS is financially liable for all equipment not returned.
  - 3. The ATSs are expected to conduct themselves in a manner that will reflect positively on the University, the clinical setting, the program, and the individual.
  - 4. The ATS must maintain proper conduct with the game officials at all times.
  - 5. The ATS is expected to follow all rules established at their assigned clinical site, by the ISU Athletic Department, NCAA, and each team pertaining to alcohol, drugs, gambling, and curfews, etc.
  - 6. If an ATS plans to travel either to or from an athletic event apart from the team, they are expected to receive advance clearance from their Preceptor for their plans.
- D. Personal Appearance
  - 1. ATSs are to present themselves in a manner that promotes a professional physical appearance.
  - 2. Clinical Settings (All Clinical Sites)
    - a. The ATS is to dress appropriately for all clinical assignments, whether in the Athletic Training Facility, healthcare facility, or at sporting events. Approved shorts may be worn when appropriate. At no time may an ATS wear torn,

tattered, restrictive, or inappropriate clothing when representing the Master of Science in Athletic Training program and the assigned clinical activity. ATSs who fail to dress appropriately are subject to disciplinary action.

b. A wrist watch with a second hand should be worn at all times during the clinical experience.

c. When traveling to an athletic event and representing the University, the ATS is expected to follow the dress code as established by their Preceptor.

d. ATSs should wear their hair in a manner that prevents it from coming in contact with the athlete or modalities that may be in use. Hands should be washed periodically to prevent contamination. Surgical gloves and other personal protective equipment (PPE) should be used under appropriate circumstances. Any appearance codes set forth by the clinical site and/or supervisor (coach; Preceptor) of the clinical site are to be

followed by the ATS assigned to that clinical site.

Classroom Settings (Master of Science in Athletic Training core courses)

 a. ATSs are not required to wear clothing issued for clinical work to classes, but are required to maintain and present themselves in a manner that promotes a professional appearance.

i. Students are highly encouraged to follow a "business" casual dress code (khaki or other dress slacks, dress shoes, dress blouse or shirt, etc.)ii. Other acceptable clothing includes:

1) Shorts (No Cut-Off Jean Shorts, not restrictive in fit, not higher than mid-thigh);

2) Nylon Warm-Up Pants (no holes; not restrictive in fit) iii. Dress code and personal appearance standards for specific class activities and the class in general are at the discretion of the course instructor

E. Responsibility for the Exercise of Sound Judgment

ATSs should be of sound mind and judgment at all times (as outlined in the Technical Standards section of this document), and must be able to meet the technical standards at all times during their clinical experiences:

- 1. ATSs may be called on to assist in emergent and life threatening events at any time during their clinical experience and should not be restricted in action due to any form of physical and/or mental impairment, which may or may not be caused by the use of legal or illegal substances. It is the responsibility of the student to notify their supervising clinical staff person or Program Director of any and all impairments that may result in their inability to meet the technical standards that have been established for this program.
- 2. Students must abide by the ISU Student Conduct Code during any clinical education experience (on-campus; off-campus) and any other activities associated with ISU.
- 3. <u>Students should not perform the duties of a BOC Certified Athletic Trainer (ATC)</u> or other qualified healthcare provider without direct supervision.
- F. Communication

ATSs should practice communication skills in a manner that separate them from the athlete. Common courtesy is a must. There are times when an athlete/ patient may demonstrate immature behavior. The ATS should not tolerate this behavior. Any problems in dealing with communication between you and the athlete/patient or the coach/supervisor should be directed to the supervising Preceptor or Coordinator of Clinical Education. Professional language and mannerisms are to be practiced at all

times. Vulgar language by the ATSs and/or athletes/patients is not appropriate. These instances should be handled immediately and in a proper manner. Proper nomenclature for identifying various injuries should be used when addressing an athlete. If not sure of an injury, the student should not hesitate to seek help.

# **DISCIPLINARY ACTION**

The following breaches in behavior or inappropriate actions are subject to discipline under the following policy:

- Unprofessional behavior while representing the University, ISU Master of Science in Athletic Training Program, ISU Athletic Department, or their clinical site
- Breach of Duty including but not limited to unexcused clinical absences, chronic tardiness, and/or patient abandonment
- Academic Dishonesty including but not limited to plagiarism, falsifying clinical hours or clinical education documentation
- Any violation of the ISU ATS Handbook, ISU Code of Student Conduct, regulations set forth for Athletic Trainers by the Idaho State Board of Medicine, or BOC Standards of Professional Practice

# **Disciplinary Review Panel**

The Disciplinary Review Panel will be comprised of at least one Preceptor (determined by the Program Director), one other ATS, Coordinator of Clinical Education, and the Program Director. The Program Director may appoint other individuals to the committee as needed. A Disciplinary Review Panel will be convened when a formal appeal of a warning or violation has been submitted to the Program Director.

# **Disciplinary Action Plan**

The Disciplinary Action Plan will determine an action plan that must be successfully completed by the implicated student by the determined date, or a subsequent violation incident will follow. The severity and nature of the Disciplinary Action Plan is at the discretion of the Program Director and Coordinator of Clinical Education. The Disciplinary Action Plan will be submitted to the ATS in writing and a copy will be placed in their file. A copy of the Discipline Notification Letter can be found in Appendix G.

# **Disciplinary Action**

All offenses are cumulative over the course of the athletic training program. Any offenses as determined by Preceptors, Coordinator of Clinical Education, or Program Director should be handled in the following manner:

- Verbal/Written Warnings: Warnings should be documented via the appropriate form and will be stored in the student's file. Warnings are issued at the discretion of the above clinical personnel and *are not required prior to the 1<sup>st</sup> violation*.
  - The accumulation of 3 verbal/written warnings will result in an automatic 1<sup>st</sup> violation
- 1<sup>st</sup> Violation: Violations should be documented via the appropriate form and will be stored in the student's file. Violations are issued at the discretion of the above clinical personnel. Following the 1<sup>st</sup> violation the student will be subject to:
  - Possible removal from the Master of Science in Athletic Training

- Meeting with the Coordinator of Clinical Education and/or Program Director
- A Disciplinary Action Plan as decided by the Coordinator of Clinical Education and

Program Director

- Failure to successfully complete the Disciplinary Action Plan will result in an automatic 2<sup>nd</sup> violation
- 2<sup>nd</sup> Violation: Violations should be documented via the appropriate form and will be stored in the student's file. Violations are issued at the discretion of the above clinical personnel. Following the 2<sup>nd</sup> violation the student will be subject to:
  - Meeting with the Coordinator of Clinical Education and/or Program Director
  - A Disciplinary Action Plan as decided by the Coordinator of Clinical Education and Program Director
    - If the violation is due to failure to comply/meet a previous violation then a revised disciplinary plan will be implemented
    - Failure to successfully complete the Disciplinary Action Plan will result in an automatic 3<sup>rd</sup> violation
- **3<sup>rd</sup> Violation**: Violations should be documented via the appropriate form and will be stored in the student's file. Violations are issued at the discretion of the above clinical personnel. Following the 3<sup>rd</sup> violation the student will be subject to:
  - Meeting with the Coordinator of Clinical Education and/or Program Director
    - A Disciplinary Action Plan that may include removal from the Master of Science in Athletic Training

# Immediate Dismissal from the Master of Science in Athletic Training

The ATS will be subject to immediate dismissal from the ISU Master of Science in Athletic Training for any of the following:

- Violation of Medical Confidentiality
- Involvement in a reported NCAA/Big Sky violation
- Conviction of, plea of guilty, or plea of nolo contendere (no contest) to a felony or misdemeanor
- Conviction of or plea of guilty to ISU Code of Student Conduct violation
- Violation of any policies outlined in the ISU ATS Handbook
- Violation of BOC Standards of Professional Practice
- Violation of laws regulating the practice of Athletic Training in Idaho

# Disciplinary Appeal Process

- 1. Academic grievances
  - If the ATS alleges a violation of the student rights in an academic matter, they may redress through the provisions of the Departmental or University appeal procedures.
- 2. Non-academic/non-clinical grievances
  - If the ATS alleges a violation of the student rights, they may redress through the provisions of the Departmental or University appeal procedures.
- 3. Clinical grievances
  - Appeal
    - If the ATS alleges a violation of the student rights in a clinical matter, they should submit in writing an appeal request to the Program Director for the appeal to be reviewed by the Disciplinary Review Panel. The student should submit a written appeal and prepare an oral statement. The student should be prepared to answer questions at the discretion of the Disciplinary Review Panel.

General appeal procedure when charged with misconduct, an ATS shall have the right:

- a. To be given notice, in writing, of the specific charge(s) against their.
- b. To a hearing.
- c. To be given adequate time to prepare a defense of charges.
- d. To appear alone or with any other person of their choice to advise or assist their.
- e. To refuse to testify or to answer any questions if their testimony or answers would tend to establish against them a violation of this code.
- f. To be confronted with the evidence against them.
- g. To present evidence on their behalf.
- h. To be confronted by their accuser(s).
- i. To have reasonable cross-examination of their accusers and of the witnesses appearing against them.
- j. To have a copy of the proceedings provided at their own expense.
- k. To have sanctions imposed that are commensurate with the violations charged.

# ACADEMIC PROBATION / DISMISSAL

The ATS will be retained in the Masters of Science in Athletic Training provided acceptable academic achievement and clinical progress is made in completing competencies and proficiencies, and professional conduct is maintained. The student may be dismissed from the Master of Science in Athletic Training for any of the following reasons:

- 1. Semester grade point average below 3.0 for two consecutive semesters.
- 2. Inability to attain a minimum grade of "B-" in any athletic training course.

a. Failure to achieve these minimum grades will necessitate retaking the course and may preclude you from registering for courses requiring the deficient course as a prerequisite.b. Because clinical courses are sequential and assume mastery of previous didactic coursework, failure to complete coursework precludes the student from enrolling in future clinical courses.

- 3. Unsatisfactory evaluations from the ATS's Preceptor.
- 4. Unsatisfactory progress in mastering clinical proficiencies

a. Because clinical courses are sequential and assume mastery of previous clinical proficiencies, failure to complete these proficiencies precludes the student from enrolling in future clinical courses.

- 5. Inability to handle assigned clinical responsibilities.
- 6. Inability to complete appropriate coursework.
- 7. Inability to complete appropriate clinical proficiencies.

# **REINSTATEMENT FOLLOWING ACADEMIC PROBATION / DISMISSAL**

1. The student must apply in writing to the Program Director to be re-instated.

2. The student must demonstrate competent academic standing the semester prior to reinstatement:

- a. Successfully complete a minimum of 9/10 credit hours
- b. Possess a minimum of a 3.0 semester GPA
- c. Possess a cumulative GPA of 3.0 or higher
- 3. Successfully met requirements of all prerequisite course work to continue in educational

sequence

- 4. Re-instatement is not guaranteed and is at the discretion of the Program Director.
- 5. Provide a structured plan for success going forward in the program.

# THE SCOPE OF PROFESSIONAL AND ETHICAL PRACTICE

The following statements are professional and ethical guidelines that the Master of Science in Athletic Training adopts for all students. A primary objective of the Master of Science in Athletic Training is to prepare students to become a highly qualified and competent healthcare professional. Professional and ethical behaviors do not develop overnight. The following provides a framework for future development into a credentialed Athletic Trainer. The guidelines below do serve as a basis for evaluating student performance and professional/ ethical conduct in the clinical settings.

# NATA CODE OF ETHICS

# PREAMBLE

The National Athletic Trainers' Association Code of Ethics states the principles of ethical behavior that should be followed in the practice of athletic training. It is intended to establish and maintain high standards and professionalism for the athletic training profession. The principles do not cover every situation encountered by the practicing athletic trainer, but are representative of the spirit with which athletic trainers should make decisions. The principles are written generally; the circumstances of a situation will determine the interpretation and application of a given principle and of the Code as a whole. When a conflict exists between the Code and the law, the law prevails.

# **PRINCIPLE 1:**

# Members Shall Practice with Compassion, Respecting the Rights, Welfare and Dignity of Others

1.1 Members shall render quality patient care regardless of the patient's race, religion, age, sex, ethnic or national origin, disability, health status, socioeconomic status, sexual orientation or gender identity.

1.2 Member's duty to the patient is the first concern, and therefore members are obligated to place the welfare and long-term well-being of their patient above other groups and their own self-interest, to provide competent care in all decisions and advocate for the best medical interest and safety of their patient at all times as delineated by professional statements and best practices. 1.3 Members shall preserve the confidentiality of privileged information and shall not release or otherwise publish in any form, including social media, such information to a third party not involved in the patient's care without a release unless required by law.

# **PRINCIPLE 2:**

# Members Shall Comply With the Laws and Regulations Governing the Practice of Athletic Training, National Athletic Trainers' Association (NATA) Membership Standards, and the NATA Code of Ethics.

2.1 Members shall comply with applicable local, state, and federal laws and any state athletic training practice act.

2.2 Members shall understand and uphold all NATA Standards and the Code of Ethics.2.3 Members shall refrain from, and report illegal or unethical practices related to athletic training.

2.4 Members shall cooperate in ethics investigations by the NATA, state professional licensing/ regulatory boards, or other professional agencies governing the athletic training profession. Failure to fully cooperate in an ethics investigation is an ethical violation.

2.5 Members must not file, or encourage others to file, a frivolous ethics complaint with any organization or entity governing the athletic training profession such that the complaint is unfounded or willfully ignore facts that would disprove the allegations(s) in the complaint.

2.6 Members shall refrain from substance and alcohol abuse. For any member involved in an ethics proceeding with the NATA and who, as part of that proceeding is seeking rehabilitation for substance or alcohol dependence, documentation of the completion of rehabilitation must be provided to the NATA Committee on Professional Ethics as a requisite to complete NATA membership reinstatement or suspension process.

# **PRINCIPLE 3:**

# Members Shall Maintain and Promote High Standards in Their Provision of Services

3.1 Members shall not misrepresent, either directly or indirectly, their skills, training, professional credentials, identity or services.

3.2 Members shall provide only those services for which they are qualified through education or experience and which are allowed by the applicable state practice acts and other applicable regulations for athletic trainers.

3.3 Members shall provide services, make referrals, and seek compensation only for those services that are necessary and are in the best interest of the patient as delineated by professional statements and best practices.

3.4 Members shall recognize the need for continuing education and participate in educational activities that enhance their skills and knowledge and shall complete such educational requirements necessary to continue to qualify as athletic trainers under the applicable state athletic training practice acts.

3.5 Members shall educate those whom they supervise in the practice of athletic training about the Code of Ethics and stress the importance of adherence.

3.6 Members who are researchers or educators should maintain and promote ethical conduct in research and educational activities.

# **PRINCIPLE 4:**

# Members Shall Not Engage in Conduct That Could Be Construed as a Conflict of Interest, Reflects Negatively on the Athletic Training Profession, or Jeopardizes a Patient's Health and Well-Being

4.1 Members should conduct themselves personally and professionally in a manner that does not compromise their professional responsibilities or the practice of athletic training.

4.2 All NATA members, whether current or past, shall not use the NATA logo in the endorsement of products or services, or exploit their affiliation with the NATA in a manner that reflects badly upon the profession.

4.3 Members shall not place financial gain above the patient's welfare and shall not participate in any arrangement that exploits the patient.

4.4 Members shall not, through direct or indirect means, use information obtained in the course of the practice of athletic training to try and influence the score or outcome of an athletic event, or attempt to induce financial gain through gambling.

4.5 Members shall not provide or publish false or misleading information, photography, or any other communications in any media format, including on any social media platform, related to athletic training that negatively reflects the profession, other members of the NATA, NATA officers, and the NATA office.

# BOARD OF CERTIFICATION (BOC) STANDARDS OF PROFESSIONAL PRACTICE

# Preamble

The Professional Practice and Disciplinary Process of the BOC are intended to assist and inform the public, certificants, and candidates for certification, of the BOC Standards of Professional Practice and the Disciplinary Process relative to professional conduct and disciplinary Procedures.

The BOC conducts a certification program for athletic trainers and has established a recertification requirement for certified athletic trainers (ATC®). The BOC affirms that, after a candidate has successfully passed the certification examination, the Standards of Professional Practice for entry into the profession of athletic training have been satisfied.

The BOC does not express an opinion on the competence or warrant job performance of certificants; however, it is expected that a certificant or candidate for certification agrees to comply at all times to the following Standards of Professional Practice.

# Standards of Professional Practice

# A. Standards of Professional Practice for Athletic Training–Direct Service

The following are minimal standards. Each one is essential for the practice of athletic training.

# Standard 1: Direction

The athletic trainer renders service or treatment under the direction of a physician or dentist.

# Standard 2: Injury and On-Going Care Services

All services should be documented in writing by the athletic trainer and shall become part of the athlete's permanent records.

# Standard 3: Documentation

The athletic trainer shall accept responsibility for recording details of the athlete's health status.

# Documentation shall include:

- 1. Athlete's name and any other identifying information.
- 2. Referral source (doctor, dentist).
- 3. Date; initial assessment, results and database.
- 4. Program plan and estimated length.
- 5. Program methods, results and revisions.
- 6. Date of discontinuation and summary.
- 7. Athletic trainer's signature.

# Standard 4: Confidentiality

The athletic trainer shall maintain confidentiality as determined by law and shall accept responsibility for communicating assessment results, program plans, and progress with other persons involved in the athlete's program.

#### Standard 5: Initial Assessment

Prior to treatment, the athletic trainer shall assess the athlete's level of functioning. The athlete's input shall be considered an integral part of the initial assessment.

#### Standard 6: Program Planning

The athletic training program objectives shall include long and short-term goals and an appraisal of those which the athlete can realistically be expected to achieve from the program. Assessment measures to determine effectiveness of the program shall be incorporated into the plan.

#### Standard 7: Program Discontinuation

The athletic trainer, with collaboration of the physician or dentist, shall recommend discontinuation of the athletic training service when the athlete has received optimal benefit of the program. The athletic trainer, at the time of discontinuation, shall note the final assessment of the athlete's status.

#### B. Standards of Professional Practice for Athletic Training – Service Programs

#### Standard 1: Objectives

Basic to the development of any program are its intended purposes. Objectives and applicable policies should be clearly outlined for each activity, such as: athletic training treatment, education of personnel, supervision and interdisciplinary relations. The objectives of the service program should implement those of the institution itself.

#### Standard 2: Planning

Each objective should be supported by detailed plans for its implementation.

#### **Standard 3: Evaluation**

Objective methods of data collection and analysis should be used in relation to each component of the program to determine the need for service, assess its effectiveness and indicate a need for change.

#### Standard 4: Types of Services Offered

Athletic training is appropriately a health service offered under the direction of a physician or dentist for the prevention, immediate care, management/disposition and reconditioning of athletic injuries.

#### Standard 5: Personnel

The service program should be directed by a Board of Certification, Inc. (BOC) Certified Athletic Trainer who has met the qualifications established by the BOC. Education, qualifications and experience of all other personnel should meet existing standards and should be appropriate to their duties.

#### Standard 6: Facilities and Budget

Space, equipment, supplies and a continuing budget should be provided by the institution and should be adequate in amount, variety and quality to facilitate the implementation of the service program. Standard 7: Records

Objective, permanent records of each aspect of the service program should (1) indicate date, name of physician or dentist referral; (2) initial evaluation and assessment; (3) treatment or services rendered, with date; (4) dates of subsequent follow-up care.

Standard 8: Reports

Written reports on each aspect of the service program should be made annually.

# **SECTION 4: Specific Clinical Education Policies**

# MINIMUM / MAXIMUM CONTACT HOURS FOR CLINICAL EXPERIENCE COURSES AND DOCUMENTATION / VERIFICATION

Clinical hours required are dependent up on the Clinical Experiences course. Immersive experiences are 8-week rotations (including fall pre-season) depending on the assignment.

- Minimum and Maximum Contact Hours
  - Supervised Experiences
    - Clinical Experiences I (AT 6661)
      - Minimum contact hours: 100 hours in pre-season
      - Maximum contact hours: 125 hours during pre-season
    - Clinical Experiences I-IV (AT 666I-AT 6664)
      - Minimum contact hours: 275 hours each semester
      - Maximum contact hours: 320 hours each semester
  - Unsupervised Experiences
    - Only supervised clinical experiences may be reported; unsupervised experiences are not acceptable and do not count toward any credit in the MSAT program
  - Structured Time Off at Clinical Experience Setting
    - The clinical experience week (7 day period) will start with Monday and end with Sunday
    - ATSs must be provided with a structured "time off" which is an actual day (1 calendar day) away from the clinical setting
      - Travel time with an athletic team or to a clinical site does not constitute "time off"
      - The student may elect to attend the clinical setting on his / her designated "time off" but hours obtained may only be documented as PDU credit
  - Circumstances For Consideration
    - In the case of severe inclement weather which would delay the start and/ or finish of a scheduled athletic practice or event, the ATS will not count time delays as part of the maximum contact hours permitted as these times cannot be pre-determined
    - Upon completion of the maximum allowable contact hours, ATSs are not required to attend the clinical experience setting; nor should they be penalized nor reprimanded for not obtaining clinical hours beyond the allowable limit; Preceptors should schedule with this in mind

- ATSs and Preceptors may work together to schedule additional hours upon completion of initial hours
- Travel with an athletic team or to a clinical site
  - Time does not count for hands-on clinical patient care
  - Time does not constitute "time off" from the clinical experience
  - Time cannot be counted as supervised clinical experiences
- Documentation
  - ATSs must utilize and report supervised clinical experiences using Typhon
  - Every day the ATS reports hours which must be confirmed by the Preceptor (or other supervisor) in order for the hours to count toward credit

# POLICY ON SETUP, APPLICATION, AND CLINICAL DECISION-MAKING FOR THERAPEUTIC MODALITIES FOR ATSS

ATSs are prohibited from performing the clinical application (patient setup, modality application, clinical decision-making) of any therapeutic modality for which they <u>have not been</u> formally instructed AND evaluated by a designated faculty or Preceptor. After formal instruction and evaluation, ATSs may only perform patient setup and application of the modalities under the direct supervision of a Preceptor. Formal instruction and evaluation on the clinical decision-making for therapeutic modalities occurs in AT 6612: Introduction to Therapeutic Modalities and Rehabilitation; ATSs may not engage in supervised clinical decision-making for therapeutic modalities until after successful completion of AT 6612.

# THERAPEUTIC EQUIPMENT AND SAFETY POLICY

Therapeutic modalities and equipment at all clinical sites utilized by the Athletic Training Program at Idaho State University must be maintained on a regularly scheduled basis. All therapeutic equipment which has a power cord and plug must be calibrated and checked for safety annually by a company which complies with the National Institute of Standards and Technology (NIST) or other recognized national or international standards for safety and calibration of medical equipment. This includes all electrical stimulation machines, ultrasound machines, whirlpools, hydrocollators, and any other electrical device used in the medical treatment of patients/athletes. Exceptions can be made only if there is written evidence from the manufacturer or federal, state, or local ordinances stating that calibrations and safety checks are not needed on an annual basis. Each site must provide documentation to the Athletic Training Program that the safety and calibrations were completed annually. Moreover, visible decals must be present on each device during mandatory visits at each clinical site.

#### **Inspection of Safety Equipment**

The Coordinator of Clinical Education and/or Program Director will assure all appropriate documentation for safety and calibrations are recorded prior to any student beginning clinical rotations at that site. Further, during planned site visits, each device will be inspected for appropriate calibration decals and all deficiencies will be noted on the site evaluation. If deficiencies are found, the Program Director will notify the Preceptor and Clinical Site to ensure all therapeutic equipment is calibrated in accordance with the above policy.

# ELECTRICAL SAFETY GUIDELINES

- 1. Never use a modality unless you are thoroughly familiar with its operation. MSAT Students are not to use any modalities until he/she has learned the proper use of the modality in the AT 6612: Introduction to Therapeutic Modalities and Rehabilitation, or has been trained in the clinical site.
- 2. Report all devices that do not seem to operate or seem different than normal to the instructor and/or Preceptor.
- 3. Report all devices with frayed, broken, damaged, or non-functional components to the instructor and/or Preceptor.
- 4. Do not allow equipment to roll over electrical cords.
- 5. Do not disconnect powered equipment by pulling on the electrical cord. Grasp the plug to disconnect equipment.
- 6. Do not use electrical cords which are frayed.
- 7. Any unusual noise such as buzzing, unusual odors, and/or tingling sensations are cause for discontinuing use of equipment.
- 8. All equipment is to be operated based on the manufacturer's recommendation or federal, state, or local ordinance regarding specific equipment calibrations and maintenance. All sites are expected to have their equipment safety checked/calibrated on a yearly basis, unless guidelines specify otherwise.

# NCAA / BIG SKY RULES

As an ATS at Idaho State University, you will participate in clinical activities in the Idaho State University Athletic Department. As such, all students must be knowledgeable of rules and regulations of both the National Collegiate Athletic Association (NCAA) and the Big Sky Conference. ATSs have the opportunity to complete an NCAA/Big Sky Rules Education Program in order to learn more about university-level athletics.

# **GAMBLING POLICY**

The following NCAA rules must be adhered by all student-athletes, staff members, and ATSs:

Staff members of a member conference, staff members of the athletics department of a member institution, and student-athletes shall not knowingly: (*Revised 4/22/98 effective 8/1/98*)

- Provide information to individuals involved in organized gambling activities concerning intercollegiate athletics competition;
- Solicit a bet on any intercollegiate team;
- Accept a bet on any team representing the institution;
- Solicit or accept a bet on any intercollegiate competition for any item (e.g., case, shirt, dinner) that has tangible value; or (*Revised: 9/15/97*)
- Participate in any gambling activity that involves intercollegiate athletics or professional athletics, through a bookmaker, a parlay card, or any other method employed by organized gambling.

ATSs found in violation of the provisions of this regulation will be subject to disciplinary or corrective action as set forth in Bylaw, Article 10.3-10.4 of the NCAA enforcement procedures.

# ALCOHOL, DRUGS, AND TOBACCO GUIDELINES

The use of alcohol, drugs, and tobacco, while working as an ATS is strictly prohibited. (See the University's Statement on Alcohol and Drugs and the Student Code of Conduct.) If an ATS is suspected of being under the influence of alcohol, illegal drugs, and/or tobacco, he/she will be dismissed from their academic and/or clinical responsibilities for the day and will be subject to disciplinary measures. If there is a second offense, the ATS will be referred to the Idaho State University Counseling and Testing Services and removed from the clinical education component of the MSAT program. When the ATS demonstrates the initiation and continuation of counseling, he/she will be reinstated into the clinical component of the MSAT program. A third offense will constitute grounds for permanent dismissal from the MSAT program.

The Program Director and Head Athletic Trainer have the discretion to require that the ATSs be held to the same athletic Drug Testing Guidelines for athletes while working in the Athletic Department at Idaho State University. Please refer to the Student Athlete Handbook for the athletic Drug Testing Guidelines.

# SEXUAL HARASSMENT GUIDELINES

Sexual harassment includes, but is not limited to, physical or verbal abuse of a sexual nature including graphic commentaries about an individual's body, sexually degrading remarks used to describe an individual, or unwelcome propositions and physical advances of a sexual nature. Sexual harassment also includes the threat or insinuation that sexual submission or the lack thereof will be used as a basis for employment or education decisions affecting or interfering with an individual's salary, academic standing or other conditions of employment, academic, or career development. Sexual harassment of or by any administrator, faculty member, employee, or student is absolutely prohibited. The sexual harassment of any student, employee or recipient of the services of Idaho State University is absolutely forbidden. It is inimical to the purpose of the University and violates state and federal laws and the rules and governing policies and procedures of the Board. Harassment on the basis of sex is a violation of Section 703 of the Title VII of the Civil Rights Act of 1964 as amended.

Students who feel they have been sexually harassed or need information about the Idaho State University Sexual Harassment Guidelines should contact University Counseling and Testing Services, the Dean of Students' Office, and the EEO/Affirmative Action Office. The investigation of these complaints will be handled by the Affirmative Action Officer or in their absence, an appointed hearing officer designated by the Affirmative Action Grievance Committee. The Master of Science in Athletic Training program has adopted the Idaho State University Sexual Harassment Guidelines. The following list contains explanations of inappropriate behavior that may be construed as sexual harassment.

- Engaging in conduct with an athlete or patient that is sexual, or may reasonably be interpreted as sexual, is inappropriate behavior and is grounds for immediate dismissal from the MSAT program.
- Verbal remarks or comments that are seductive or sexually demeaning to an athlete or patient is inappropriate behavior and is grounds for immediate dismissal from the MSAT program.
- Engaging in sexual exploitation of an athlete or patient is inappropriate behavior and is grounds for immediate dismissal from the MSAT program.

ATSs that feel they are a victim of sexual harassment must report this issue to the Preceptor immediately. The Program Director, Coordinator of Clinical Education, and Preceptor must be notified of this issue as well.

# ILLEGAL ACTIVITIES NOT OTHERWISE STATED

In addition to University policy, ATSs who participate in and/or caught in other illegal activities either as an ATS or in the case of a felony outside of their clinical duties will face disciplinary actions. Additionally, the ATS needs to understand that a felony conviction may prevent their from practicing the profession of athletic training in many states. This would depend upon the nature of the conviction; the pattern, if any, of multiple convictions; and the student's probation/parole status. A Driving Under the Influence (DUI) conviction may create issues with the ability to drive to clinical assignments. Please remember that what is done on personal time or during vacations can impact your educational goals.

# **BLOODBORNE PATHOGEN TRAINING**

ISU is not governed by OSHA. However, as part of the curriculum, the ATSs are required to complete annual OSHA Bloodborne Pathogen training on-line conducted by the Technical Safety Office. The ATS completes certification on-line (http://workforcetraining.isu.edu/enrollment/course/bloodborne-pathogens/), but must submit the appropriate certificate of completion for their file. There are documents regarding Bloodborne Pathogens and Biohazard Waste published in this Guidelines Manual. The manuals should be maintained in the Athletic Training Room Office.

Each clinical setting should contain the following universal precaution materials: latex gloves, gowns, masks, face shields, safety needles, and biohazard bags and containers. These materials should be maintained through the Athletic Training budget. Stericycle is a biohazard waste removal company contracted by the ISU Athletic Training Department for the disposal of biohazard waste. Non-ISU affiliated sites are responsible for maintaining proper universal precautions.

# **BLOODBORNE PATHOGEN POLICY**

# **Training:**

All students and affected employees will participate in a yearly workshop or refresher course on bloodborne pathogens. Documentation of completion of a yearly or refresher course will be kept in the Program Director's file.

The following guidelines will be used to protect the caregiver and minimize the risk of transmission of bloodborne pathogens before, during and after events:

#### **Pre-event preparation:**

- 1. To provide care, the caregiver must have a blood spill kit readily accessible that contains at least:
  - a. Disposable Surgical Latex gloves or non-latex gloves (if allergic),
  - b. Appropriate antiseptic hand cleansers in conjunction with clean cloth/paper towels or antiseptic towelettes,
  - c. A disinfectant that will inactivate the virus to decontaminate the area (Sani-Cloth Plus, Sani-Cloth HB, Simple Green D or Envirocide), and
  - d. Labeled biohazard containers
- 2. Any existing healing wounds, abrasions or cuts that may be present on the caregiver should be covered adequately to prevent transmission to or from an athlete.
- 3. Any existing healing wounds, abrasions or cuts that may be present on an athlete should be covered with adequate dressing that will withstand the competition that he/she is involved in.

#### **Bleeding during an event:**

- 1. Early recognition of a bleeding athlete is the responsibility of officials, student athletes, coaches, and medical personnel. The student athlete should always be responsible to report bleeding to medical personnel.
- 2. The bleeding athlete must be removed as soon as possible. Return to play will be decided by appropriate medical staff.
- 3. Latex gloves or non-latex gloves (if allergic) must be worn with ANY direct contact with blood or any blood filled items. Surgical or examination gloves, shall be replaced as soon as practical when contaminated or as soon as feasible if they are torn, punctured, or when their ability to function as a barrier is compromised or after each individual athlete.
- 4. Caregivers must wash hands and any other skin with soap and water, or flush mucous membranes with water immediately or as soon as feasible following contact of such body areas with blood or other potentially infectious materials and wash their hands immediately or as soon as feasible after removal of gloves or other personal protective equipment. When the provision of hand washing facilities is not feasible, the employer shall provide either an appropriate antiseptic hand cleanser in conjunction with clean cloth/paper towels or antiseptic towelettes. When antiseptic hand cleansers or towelettes are used, hands shall be washed with soap and running water as soon as feasible.
- 5. Any saturated uniform must be removed and replaced. A uniform that is not saturated may be cleaned with an approved substance that will decontaminate the uniform (i.e. diluted bleach, medic kleen, blood buster).
  - a. Contaminated laundry must be handled wearing gloves. All contaminated laundry must be bagged in order to prevent seepage and washed separately in hot water (at least 71 celsius/159.8 degrees Fahrenheit for 25 minutes).
  - b. Use a disinfectant that will inactivate the virus to decontaminate the area (Sani-Cloth Plus, Sani-Cloth HB, Simple Green D or Envirocide).

c. Dispose of any bloody materials into labeled biohazard containers. Dispose of any sharps into labeled leak proof and puncture-resistant containers. Biohazard Containers used during events must be checked upon completion of the contest. Make sure that container has been emptied if material is present (old bag removed and new bag in its place) by contacting the technical safety office at 2310 to request a pickup. Do not allow people to throw non-biohazard material into container (i.e., cups, popcorn bags, etc.).

# **Exposure control:**

- 1. Wash hands and any other skin with soap and water, or flush mucous membranes with water immediately or as soon as feasible following contact of such body areas with blood or other potentially infectious materials and wash their hands immediately or as soon as feasible after removal of gloves or other personal protective equipment.
- 2. Exposed students should contact their supervising athletic trainer first and then the student health center at (208) 282-2330 or their personal physician. After hours, a physician on call may be reached through the physician exchange at (208) 525-3708. Urgent evaluation and care may be obtained at a local immediate care center or at one of the local hospitals. Any visits outside the Student Health Center will be billed at standard rates. Students are encouraged to wait until the Health Center is open for evaluation and treatment of any problems that aren't emergencies.
- 3. Exposed employees shall immediately (or as soon as possible thereafter) provide notice of the accident or injury to the appropriate supervisor.
  - a. The supervisor should then complete a "<u>Supervisor's Accident Report</u>." With reference to occupational illnesses, notice shall be provided immediately after the employee is first informed of the nature and work-related cause of the illness.
  - b. Pocatello Family Medicine is the Preferred Provider and primary contact for University employees injured on the job. These employees shall be directed to Family Medicine for initial and follow-up treatment. Follow-up treatment may either be at Family Medicine, an appropriate specialist's office, or a physician deemed appropriate by the Family Medicine staff.
  - c. The Pocatello Family Medicine has a physician on call on weekends, nights, and holidays. Employees injured on the job during such times should be directed to contact them at 282-4700 with follow-up generally occurring at the emergency room of Portneuf Medical Center. The Pocatello Family Medicine treating physicians will then conduct any followup treatment, etc. If a student employee is injured after hours or during a time in which the Student Health Center is closed, they should be referred to Pocatello Family Medical as herein described.
- 4. The source material should try to be obtained and, if possible, tested for the presence of HIV and HBV. If possible, testing of the source individual's blood should be performed as soon as feasible and after consent is obtained in order to determine HIV and HBV infectivity, when the source individual is already known to be infected with HBV or HUV, testing for the source individual's known HBV or HIV status need not be repeated.
- 5. Students have the option of having blood drawn and tested as soon as possible. Most infections take place within 6 to 12 weeks. The test should be repeated at 6 weeks, 12 weeks and at 6 months. Students are reminded to take proper precautions towards the possible transmission to others. Student should follow the advice of their attending physician.
- 6. Exposed employee's blood shall be collected as soon as feasible and tested after consent is obtained. The employer shall provide post exposure prophylaxis, when medically indicated, as recommended by the U.S. Public Health Service. Counseling will be made available.
- 7. Counseling shall be provided.

# UNIVERSAL PRECAUTIONS

According to the concept of Universal Precautions, all human blood components, products made from human blood, and certain other materials are treated and handled as if known to be infectious for HIV (the virus that causes AIDS), HBV (hepatitis B), and other blood-borne pathogens. The following body fluids should be treated under the Universal Precautions guidelines:

- ♦ Amniotic Fluid
- Cerebrospinal Fluid
- Pericardial Fluid
- Peritoneal Fluid
- Pleural Fluid
- ♦ Semen
- Synovial Fluid
- Vaginal Secretions
- Any body fluid that is visibly contaminated with blood
- All body fluids in situations where it is difficult or impossible to differentiate between body fluids.

The following guidelines, or work practice controls, are recommended for ATSs at Idaho State University:

- All ATSs must wash their hands and any other skin with soap and water, or flush mucous membranes with water immediately or as soon as possible following contact of such body areas with blood or other potentially infectious materials. This shall be done immediately following the removal of latex gloves or other personal protective equipment.
- Eating, drinking, smoking, applying cosmetics or lip balm, and handling contact lenses are prohibited in work areas where there is reasonable likelihood of occupational exposure.
- Food and drink shall not be kept in refrigerators, freezers, shelves, cabinets, or on countertops or bench tops where blood or other potentially infectious materials are present.
- All procedures involving blood or other potentially infectious materials shall be performed in such a manner as to minimize splashing, spraying, spattering, and generation of droplets of these substances.
- Mouth pipetting/suctioning of blood or other potentially infectious materials is prohibited.
- Resuscitation devices including mouthpieces or resuscitation bags shall be available for use in areas where the need for resuscitation is predictable.
- Equipment, which may become contaminated with blood or other potentially infectious materials, shall be examined prior to servicing or shipping and shall be decontaminated as necessary unless decontamination is not feasible. It must be properly labeled and information conveyed to all affected people so precautions can be taken.

# **COMMUNICABLE DISEASES POLICY**

The purpose of the Idaho State University MSAT program Communicable Disease Policy is to protect the health and safety of the students enrolled in the MSAT program. It is designed to provide students, Preceptors, and faculty with a plan to assist in the management of students with infectious diseases as defined by the Centers for Disease Control and Prevention (CDC). This policy was developed using the recommendations established by the CDC for health care workers (www.cdc.gov).

#### What are Communicable Diseases?

A communicable disease is a disease that can be transmitted from one person to another. There are four main types of transmission including direct physical contact, air (through a cough, sneeze, or other particle inhaled), a vehicle (ingested or injected), and a vector (via animals or insects).

Bloodbourne Pathogens	Conjunctivitis	Cytomegalovirus infections
Diarrheal diseases	Diphtheria	Enteroviral infections
Hepatitis viruses	Herpes simplex	Human immunodeficiency virus (HIV)
Measles	Meningococcal infections	Mumps
Pediculosis	Pertussis	Rubella
Scabies	Streptococcal infection	Tuberculosis
Varicella	Zoster	Viral respiratory infections

#### Communicable Diseases Cited by the CDC:

#### Guidelines for Prevention of Exposure and Infection

- 1. ATSs must successfully complete annual Bloodborne Pathogens training.
- 2. ATSs are required to use proper hand washing techniques and practice good hygiene at all times.
- 3. Students are required to use Universal Precautions at all times when functioning as an ATS in the MSAT program. This applies to ISU clinical sites and affiliate sites.
- 4. ATSs are not to provide patient care if they have active signs or symptoms of a communicable disease.

#### Guidelines for Managing Potential Infection

- 1. A student who has been exposed to a potential infection before, during, or after a clinical experience should report that exposure to their Preceptor **immediately**.
- 2. Any student, who demonstrates signs or symptoms of infection or disease that may place their and/or their patients at risk, should report that potential infection or disease **immediately** to the ISU Health Center.
- 3. The student is responsible for keeping the MSAT Program Director informed of their conditions that require extended care and/or missed class/clinical time. ATS may be required to provide written documentation from a physician to return to class and/or clinical site.
- 4. If a student feels ill enough to miss ANY class that student should notify the appropriate instructor **immediately**.
- 5. If a student feels ill enough to miss ANY clinical experience that student should notify the MSAT Program Director and Preceptor **immediately**.

Please see Appendix F for Communicable Diseases Policy Acknowledgement signature page.

# IDAHO STATE UNIVERSITY COMMUNICABLE DISEASE POLICY

It is the policy of ISU to safeguard the welfare of Faculty, Staff, Students, and Campus Residents while maintaining the operations of the University in an effective and efficient manner in the event a member of the University community has a Communicable Disease.

ISU will address issues involving Communicable Diseases in a sensitive and responsible manner, with concern for the rights and welfare of Faculty, Staff, and Students. The confidentiality of information regarding individuals afflicted with a Communicable Disease will be respected. All medical records and the patient information contained therein will be handled in accordance with the Health Insurance Portability and Accountability Act (HIPAA) and the Family Educational Rights and Privacy Act (FERPA). However, Idaho law requires medical care providers to notify public health officials of any disease on the Idaho Reportable Disease List (see Related Information).

ISU will not unlawfully discriminate in policy or practice, including admissions and employment policies, against individuals who have, or are considered to be at risk for, Communicable Diseases. Discrimination against and/or harassment of Faculty, Staff, or Students may result in disciplinary action.

As long as medical evidence supports, with reasonable medical certainty, that a particular disease is not communicable by the casual contact normally found in the workplace and/or classroom, the workplace and/or classroom will not be considered hazardous as a result of the presence of an afflicted Faculty member, Staff member, or Student.

# **BOC CERTIFICATION EXAMINATION**

ATSs currently enrolled in the MSAT program may apply to take the BOC Certification Examination provided they:

- 1. Are in good academic standing and are enrolled and/or registered for their final semester prior to graduation.
- 2. Have received confirmation of their exam application by the Program Director recognized by the CAATE that they have earned or will earn their Master's degree.

# The Program Director is the only individual authorized to sign-off on the program director section of the application.

# Idaho Athletic Training Licensure

ATSs who successfully complete Idaho State University's MSAT program and pass the BOC examination are eligible for licensure in Idaho. It is the ATS's responsibility to initiate the Idaho licensure process. Failure to do so and to work as an athletic trainer in Idaho is a violation of the Idaho statutes Title 54 Chapter 39. The application can be found at http://bom.idaho.gov/BOMPortal/BoardPage.aspx?Board=ATH

#### Licensure/Registration

Most states require credentialing of athletic trainers. Each state has different requirements to qualify. ATSs will meet the qualifications for Idaho certification upon graduation from Idaho State University and for sitting for the BOC exam, but must apply for this on their own. Licensure disclosure for all states can be found at <u>https://www.isu.edu/academicaffairs/program-information/licensure-disclosure/</u>.

# APPENDIX A IDAHO STATE UNIVERSITY

# Athletic Training Program AT Program Handbook Acknowledgement

I,\_\_\_\_\_\_, have read and understand the Athletic Training Program Handbook and applicable University policies. I agree to abide by all of the guidelines stated therein during my matriculation through the Athletic Training Program. If I fail to adhere to University policy and/or guidelines set forth in this manual, I am aware that I may be disciplined in accordance with the College of Health and Idaho State University policies which may include dismissal from the MSAT program.

Signature of Applicant

Date

Printed Name of Applicant

# APPENDIX B IMMUNIZATION CHECKLIST

NameB	engal #		
Facility that did the procedure should provide their official stamp and date(s) of the procedure, or you should attach documentation for each procedure. More information can be found on the Recommendations form to help your provider.			
<u>Required Immunizations</u> :	<u>Date</u>	Documentation/ Facility Stamp	
<u>Varicella (chickenpox):</u> documentation of 1 vacci doses or proof of a titer. History of the disease does n meet this requirement.			
Measles, Mumps & Rubella/Rubeola (MMR): proof of 2 vaccine doses			
<u>Tuberculosis</u> : annual screening for the past two years proof of a PPD test done within the last year	or		
<u>Hepatitis B</u> : series of three vaccinations or signed waiver			
DPT/Td (Tetanus/Pertussis/Diphtheria): series of 3 vaccine doses. One dose must be within the last 10 ye	ears		
Polio: vaccine series of 3 doses			

# APPENDIX C Technical Standards Acknowledgement Form

# Candidates for selection to the Athletic Training Program will be required to verify they understand and meet these technical standards or that they believe that, with certain accommodations, they can meet the standards.

I certify that I have read and understand the technical standards for selection listed above. I believe to the best of my knowledge that I can meet each of these standards with or without accommodation. Should I need accommodations, I will contact the **Idaho State University Disability Services** to determine what accommodations will be available. The **Idaho State University Disability Services** will evaluate how I can meet the program's technical standards with accommodation and confirm that my condition qualifies as a disability under applicable laws.

Signature of Applicant

Date

Printed Name of Applicant

Disability Services Center (DSC) (208) 282-3599 disabilityservices@isu.edu.

#### APPENDIX D PROFESSIONAL DEVELOPMENT UNIT GUIDELINES

# Category A (maximum of 10 PDUs/year)

Professional Conferences/Seminars/Workshops (Units obtained will be equal to the BOC CEUs obtained for certified AT's – 1.0 PDU/hour)

- AttendingNATA, ACSM, NSCANational Conventions
- Attending NWATA Symposium
- Attending IATA Symposium
- Attending other (must be approved) athletic training related conferences/seminars, etc.

# Category B (maximum of 15 PDUs)

Athletic Training (or related) Association Involvement

- Member of NATA (2.5 PDUs/semester of paid dues), ACSM (3 PDUs), NSCA (3 PDUs)
  - $\circ$  Must show proof of current membership paid dues for entire year.
- Research project or case study accepted for presentation (poster or other) and/or publication (JAT, ATT, etc) at an NATA, NWATA, IATA and/or "other" athletic training related conference. (10 PDUs)

# Category C (maximum of 10 PDUs/year)

Paid work as ATS (0.25 PDUs/hour)

- SummercampATS
- Athletic training related paid internship (not affiliated with AT program)
- ATS/first-aid responder (paid) for local tournaments/events

# Category D (maximum of 10 PDUs/year)

*Volunteer* assistance, work, and/or observation as ATS <u>(1 PDU/hour)</u> THIS DOES NOT INCLUDE HOURS COUNTED FOR CLINICAL HOURS

- SummercampATS
- Athletic training related internship (not affiliated with AT program)
- ATS/first-aid responder for local tournaments/events
- Surgery observation (other than required)
- Coordinating and leading study/tutoring sessions for AT related courses

# Category E (maximum of 15 PDUs/year)

# Bengal SPASM involvement

- Attendance at SPASM meeting (0.25 PDUs/meeting)
- Bengal SPASM community service activity (0.25 PDUs/hour)
- Bengal SPASM fundraisers (0.25 PDUs/hour)
- Bengal SPASM intramurals participation (0.25 PDUs/event)

# Category F (maximum of 10 PDUs/year)

# Other - <u>must</u> be approved in writing by the current Preceptor and Program Director <u>prior to the</u> <u>activity</u>

(PDUs obtained must be agreed upon by the Preceptor and Program Director)

# Idaho State University Professional Development Unit (PDU) - Verification Form

ATS Name:	Graduation Year:
Name of Activity:	Date(s) of Activity:
Description of Activity ( hours spent, etc.):	(*include all necessary information and proof of completion relating to PDUs requested,
PDUs Requested:	Category (circle): A B C D E F
	ATS Signature Date *submit to current Preceptor or appropriate staff AT for approval
APPROVED:	
	Preceptor or Appropriate Staff AT Signature Date
	verified by the appropriate signature, please return to the Program Director ate activity documentation and/or verification, <b>within 3 months of activity</b>
	Program Director Signature Date
PDUs Obtained:	

	Professional Develo	Idaho State pment Unit		arly PDU's Obtained	
ATC Nome			School Year:		
ATS Name:			School Teal.		
Category A - Pro	fessional Conferences/Seminars/W	orkshops (1 P	DU/hour) - M	aximum of 10 PDUs	
Date(s)	Name of Confe		,,	# of BOC CEU's Provided	# of PDU's Obtained
	letic Training (or related) Association	I			
Date(s)	Name of Association		Description of	Involvement	# of PDU's Obtained
Category C - Pai	d Work as ATS and/or First Aid Res	ponder (0.25 l	DUs/hour) -	Maximum of 10 PDUs	
Date(s)	Description of A			# of Hours Spent	# of PDU's Obtained
		470 1/ 5			· ( (0.00)
Date(s)	unteer Work and/or Observation as Description of A		irst Ald Resp		
Date(S)				# of Hours Spont	
	Description of A	Clivity		# of Hours Spent	# of PDU's Obtained
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	ngal SPASM Involvement - Maximun			# of Hours Spent	# of PDU's Obtained
		n of 15 PDUs		# of Hours Spent	# of PDU's Obtained # of PDU's Obtained
Category E - Ber	ngal SPASM Involvement - Maximun	n of 15 PDUs			
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#### APPENDIX E VOLUNTEER/TRAVEL POLICY

The Idaho State University MSAT program does not allow students to work as a First Responder or a First Aid Provider. An ATS working without supervision from an Idaho State Athletic Training program Preceptor is not authorized.

The ATS CAN ONLY participate in the following:

1. Observation under direct supervision of an MSAT program Preceptor

2. Travel with teams only accompanying an MSAT program Preceptor

3. Clinical experience only when an MSAT program Preceptor is in visual and auditory contact

ATSs who are found to be in violation of the above policy will be removed from their site and may be dismissed from the program. Sites in violation will immediately have all students removed from said site.

ATSs performing community service CANNOT represent themselves as an ATS or First Aid Provider.

I,	, (print name) have read and understand the policy
referred to above.	
	(student signature / date)

(Coordinator of Clinical Education signature / date)

# **APPENDIX F**

# IDAHO STATE UNIVERSITY Athletic Training Program

# **Communicable Diseases Policy Acknowledgement**

I,\_\_\_\_\_\_, have read and understand the Athletic Training Program Communicable Diseases Policy. I agree to abide by all of the guidelines stated therein. If I fail to adhere to the Communicable Diseases Policy, I am aware that I may be disciplined.

Signature of Applicant

Date

Printed Name of Applicant

# **APPENDIX G**

# Confidentiality Understanding

By signing and dating this Confidentiality Understanding, the undersigned Student indicates an understanding of, and agrees to be bound by, a certain Affiliation Agreement between\_\_\_\_\_("Facility") and Idaho State University on behalf of its\_\_\_\_\_\_("Program").

As a material part of any consideration that Student provides to Facility in exchange for Facility allowing the Student's clinical education at Facility, Student confirms that any patient information acquired during the clinical education is confidential, and Student at all times must maintain the confidentiality of and not disclose this information, whether during the clinical education or after it has ended.

Student further must abide by the applicable rules and policies of both Facility and Program while at Facility. Student understands that, in addition to other available remedies, Facility immediately may remove the Student and terminate the Student's clinical education if Facility considers the Student to endanger any patient, breach patient confidentiality, disrupt Facility's operation, or not to comply with any request by Facility including its supervisory staff.

# I have read and understand the Affiliation Agreement, and I agree to abide by this Confidentiality Understanding.

Student's Signature	

Date

Student's Name (Print)

Program Witness (Signature)

Date

Program Witness Name and Title (Print)

#### APPENDIX H DISCIPLINE NOTIFICATION LETTER

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#### **Discipline Notification**

This is to inform you of a violation committed as an Athletic Training Student. The following is for your information.

#### Unexcused absence or tardy

1 <sup>st</sup> Offense:	6am athletic training duties for one week
2 <sup>nd</sup> Offense:	Meeting with supervisor, Coordinator of Clinical Education; additional
	week of early morning athletic training room duty
3 <sup>rd</sup> Offense:	Suspension from the athletic training room for the remaining
	semester

#### Dress code violation

1 <sup>st</sup> Offense:	Warning
2 <sup>nd</sup> Offense:	Sent home, early treatment or practice following day
3 <sup>rd</sup> Offense:	Suspension from clinical responsibilities for remainder of semester

#### GPA standards Falling below required GPA standard

1<sup>st</sup> Offense: 1 term probationary status (May include removal from clinical work for 1 semester)
 2<sup>nd</sup> Offense: Dismissal from program\*

#### Clinical Evaluations

1 <sup>st</sup> Offense:	Written warning
2 <sup>nd</sup> Offense:	Written warning and formal meeting with supervisor,
	Program Director, Coordinator of Clinical Education
3 <sup>rd</sup> Offense:	"Unsatisfactory" evaluation
More than one	"Unsatisfactory" evaluation – Dismissal from program*

#### Failure to follow NATA code of ethics, policy and procedures for the ISU Athletic Training Room and Athletics Department

Dismissal from program

#### Other (Please describe action completely):

\*Determination of dismissal from program is the responsibility of the oversight committee comprised of the MSAT Program Director, Coordinator of Clinical Education, faculty, and Preceptors.

Comments to student:		
Comments by student:		
Signature of Supervisor	Date	
Signature of Student	Date	
Signature of MSAT Program Director	Date	
Signature of Coordinator of Clinical Education	Date	
A copy of this notification will be placed in the studer	nt's file	

# **APPENDIX I**

# **DEFINITION OF TERMS**

AT Program: Athletic Training Program

Athletic Training Student (ATS): A student formally enrolled in the professional phase of the athletic training curriculum

CAATE: Commission on Accreditation of Athletic Training Education Programs

**Coordinator of Clinical Education**: The individual designated as having the primary responsibilities for the coordination of the clinical experience activities associated with the ATEP

**Clinical Education**: A broad umbrella term that includes three types of learning opportunities to prepare students for independent clinical practice: athletic training clinical experiences, simulation, and supplemental clinical experiences

**Clinical Experience**: Those clinical education experiences for the ATS that involve patient care and the application of athletic training skills under the supervision of a qualified instructor

Clinical Site: A facility where a student is engaged in clinical education

**Health Care Providers:** Individuals who hold a current credential to practice the discipline in the state and whose discipline provides direct patient care in a field that has direct relevancy to the practice and discipline of athletic training. These individuals may or may not hold formal appointments to the instructional faculty.

**Immersive clinical Experience:** A practice-intensive experience that allows the student to experience the totality of care provided by athletic trainers.

**Interprofessional Education:** When students from two or more professions learn about, from, and with each other to enable effective collaboration and improve health outcomes.

**Preceptor:** Preceptors supervise and engage students in clinical education. All preceptors must be licensed health care professionals and be credentialed by the state in which they practice. Preceptors who are athletic trainers are state credentialed (in states with regulation), certified, and in good standing with the Board of Certification. A preceptor's licensure must be appropriate to his or her profession. Preceptors must not be currently enrolled in the professional athletic training program at the institution. Preceptors for athletic training clinical experiences identified in Standards 14 through 18 must be athletic trainers or physicians.

**Program Director:** The full-time faculty member of the host institution and a BOC Certified Athletic Trainer responsible for the administration and implementation of the ATP.

**Supervision**: Supervision occurs along a developmental continuum that allows a student to move from interdependence to independence based on the student's knowledge and skills as well as the

context of care. Preceptors must be on-site and have the ability to intervene on behalf of the ATS and the patient. Supervision also must occur in compliance with the state practice act of the state in which the student is engaging in client/patient care.

**Supplemental Clinical Experiences:** Learning opportunities supervised by health care providers other than athletic trainers or physicians.

# Use of Athletic Training Professional Terminology

The field of Athletic Training is frequently misunderstood among other health care professions/professionals regarding educational preparation, roles, and responsibilities, credentials, etc. To help raise the level of awareness of the Athletic Training profession, we ask that students, staff, and faculty use proper professional terminology at all times when referring to the Athletic Training profession and Athletic Training clinical settings. Examples of proper terminology include the following:

Professional/Appropriate Terminology	Incorrect or Unprofessional Terminology
"Athletic training room"	"training room"
"Athletic trainer"	"trainer" or "ATC" (ATC is a credential)
"ATSs"	"student athletic trainers" or "student trainers"

Portions of the above information were adapted from CAATE.