

Portfolio Requirements – Exercise Science Emphasis

Department of Human Performance and Sport Studies

Each student is expected to compile a professional portfolio before graduation from the program. This portfolio is to be in a three ring binder. It is due to your advisor **NO LATER than TWO WEEKS** prior to graduation. You must include the following elements in your portfolio:

Required:

1. Professional Resume
2. Description of leadership activities
3. Description of community service activities
4. Example(s) of professional presentation(s)
5. Example(s) of professional writing(s)
6. Example(s) of research engagement(s)
7. Description of internship experience and reflection
8. Descriptive program of study curriculum review
9. Example cover letter
10. Approved reference list
11. Names of professional organizations that you belong to and material from these organizations
12. Transcript
13. Evidence of completed and current First Aid and CPR

Additional Entries:

1. Material and dates of professional conferences you have attended
2. Professional literature you have published or written
3. Certifications and/or fitness assessment competencies (body composition, lactate analysis, etc.)
4. Computer/technology competencies (i.e., Dartfish, video analysis, etc.)
5. Other material that you feel adds to your professional profile