

Department of Human Performance and Sport Studies
Outdoor Education EMPHASIS
2020-2021 Program of Study

NAME: _____ BENGAL# _____

50 credits, including Physical Education Core
 Physical Education Core Component (included in PR Core): 9 credits

PHYSICAL EDUCATION CORE (9 Credits)					
<i>Course</i>	<i>Title</i>	<i>Offered</i>	<i>Credits</i>	<i>Date</i>	<i>Grade</i>
HPSS 2222	*First Aid, CPR and Sport Safety	F, S, Su	3		
HPSS 2223	Foundations of Physical Education & Sport	F, S, Su	3		
HPSS 4454	Senior Capstone - PREREQ	F, S	3		
*First Aid (HPSS 2222) core requirements are satisfied by HPSS 2285, Wilderness First Aid, or HPSS 4441, Wilderness First responder, included below.					
Total			9		

Leadership and Teaching Component (10 credits)					
<i>Course</i>	<i>Title</i>	<i>Offered</i>	<i>Credits</i>	<i>Date</i>	<i>Grade</i>
HPSS 3386	Outdoor Leadership	S	3		
HPSS 4440	Survey of Outdoor Education Literature	F	3		
HPSS 4445	Methods of Teaching Outdoor Activities and Practicum. PREREQ	S	4		
Total			10		

Outdoor Education Safety Component (8 credits)					
Any of the following may be selected, but Outdoor Risk Management and Liability, Leave No Trace Trainer, and first aid certification (Wilderness First Aid, Wilderness First Responder or Emergency Medical Technician) are required.					
<i>Course</i>	<i>Title</i>	<i>Offered</i>	<i>Credits</i>	<i>Date</i>	<i>Grade</i>
HPSS 2271	Winter Survival Skills	S	1		
HPSS 2272	Wilderness Survival Skills	F	1		
HPSS 2282	Map Compass and Backcountry Navigation	F	1		
HPSS 2283	Leave No Trace Trainer	F	1		
HPSS 2285	Wilderness First Aid	F, S	1		
HPSS 2286	Avalanche and Winter Sports Safety	S	1		
HPSS 3381	River Safety and Swiftwater Rescue	Su	1		
HPSS 3383	Advanced Rock Climbing and Climbing Safety. PREREQ	S	2		
HPSS 3384	Outdoor Risk Management and Liability	F	3		
HPSS 4441	Wilderness First Responder Certification	S	3		
Candidates who at the time of graduation possess a current certificate in Emergency Medical Technician (EMT) or Wilderness First Responder may apply three (3) credits to this component.					
Total			8		

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A) **Natural History OR B) Business Component** - Students may select either one or the other of the following two options:

Option A: Natural History Component (minimum of 9 credits) (Courses in this Option are waived for majors and minors in geology, biology, botany, zoology, or ecology.)					
<i>Course</i>	<i>Title</i>	<i>Offered</i>	<i>Credits</i>	<i>Date</i>	<i>Grade</i>
BIOL 1101 & 1101L	Biology I and Biology I Lab. PREREQ	F, S, Su	4		
BIOL 1102 & 1102L	Biology II and Biology II Lab. PREREQ	F, S	4		
BIOL 2209 & 2209L	General Ecology and General Ecology Lab. PREREQ	F,S	4		
BIOL 2213	Fall Flora	F	2		
BIOL 2214	Spring Flora	S	2		
BIOL 3337	Conservation Biology. PREREQ	ES	3		
BIOL 4426 & 4426 L	Herpetology and Herpetology Lab. PREREQ	ES	4		
BIOL 4427 & 4427L	Ichthyology and Ichthyology Lab. PREREQ	EF	4		
BIOL 4438	Ornithology. PREREQ	S	4		
BIOL 4441 & 4441L	Mammalogy and Mammalogy Lab. PREREQ	OF	4		
BIOL 4489	Field Ecology. PREREQ	S	4		
GEOL 1100	The Dynamic Earth	F, S, ASu	3		
GEOL 1100L	The Dynamic Earth Lab	F, S, ASu	1		
GEOL 1101	Physical Geology	D	3		
GEOL 1101L	Physical Geology Lab	D	1		
GEOL 4456	Geology of Idaho. PREREQ	AS	2		
GEOL 4491	Seminar. PREREQ	F, S	1		
PHYS 1152	Descriptive Astronomy	F, S, Su	3		
PHYS 1153	Descriptive Astronomy Lab	F, S, Su	1		
		Total	9		

Option B: Outdoor Business Component (9 credits) (Courses in this Option are waived for related majors and minors.)					
<i>Course</i>	<i>Title</i>	<i>Offered</i>	<i>Credits</i>	<i>Date</i>	<i>Grade</i>
BA 1110	The World of Business	F, S	3		
MKTG 2225	Basic Marketing Management	D	3		
ACCT 3303	Accounting Concepts	DS	3		
		Total	9		

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Experiential Skills Component (minimum of 8 credits)					
Courses selected must be different from those used to fulfill the requirements of the Outdoor Education Safety Component,					
<i>Course</i>	<i>Title</i>	<i>Offered</i>	<i>Credits</i>	<i>Date</i>	<i>Grade</i>
PEAC 1101	Adaptive Snowskiing	S	1		
PEAC 1108	Instructor Training of Adaptive Snowskiing	S	1		
PEAC 1163	Backpacking	F, S	1		
PEAC 1165	Backcountry GPS Navigation	F	1		
EAC 1166	Canoeing	Su	1		
PEAC 1167	Kayak Touring	F	1		
PEAC 1175A	Beginning Kayaking	F, S	1		
PEAC 1176A	Beginning Rock Climbing	F, S	1		
PEAC 1177A	Beginning Cross-Country Skiing	S	1		
PEAC1178A	Beginning Telemark Cross-Country Skiing	S	1		
PEAC 1178B	Intermediate Telemark Cross-Country Skiing	S	1		
PEAC 1181	Mountain Biking	F	1		
PEAC 1182C	Advanced Dutch Oven Cooking	F	1		
PEAC 1185	Basic Mountaineering	S	1		
PEAC 1186B	Intermediate Fly Fishing	D	1		
PEAC 1189	Beginning Gym Climbing	S	1		
PEAC 1191B	Intermediate Horsemanship. PREREQ	D	1		
PEAC 1194	Caving Workshop	S	1		
HPSS 2200	Team Building Leadership	F	2		
HPSS 2271	Winter Survival Skills	S	1		
HPSS 2272	Wilderness Survival Skills	F	1		
HPSS 2280	Winter Camping and Backcountry Navigation. PREREQ	S	1		
HPSS 2281	Practical Outdoor Skills	F, S	1		
HPSS 2282	Map Compass and Background Navigation	F	1		
HPSS 2284	Intermediate Kayaking and Whitewater Safety. PREREQ	F,S	1		
HPSS 2286	Avalanche and Winter Sport Safety	S	1		
HPSS 2287	Snowboard Instructor Training	F	1		
HPSS 2288	Ski Instructor Training	F	1		
HPSS 3381	River Safety and Swiftwater Rescue	Su	1		
HPSS 3383	Advanced Rock Climbing and Climbing Safety. PREREQ	S	2		
HPSS 4491	Physical Education Workshop ¹	D	1-3		
¹ When workshop relates to outdoor education, i.e., Canoe Workshop (1 credit), Whitewater Rafting Workshop (1 credit), Backpacking Workshop (1 credit), Advanced Kayaking-Summer Field Experience (1 credit), Beginning Rock Climbing-Summer Field Experience (1 credit), Advanced Rock Climbing-Summer Field Experience (1 credit).					
		Total	8		

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Electives (minimum of 6 credits)					
Courses may include those listed in the Natural History Component, and/or Business Component, and/or the following: (Other courses may be approved by the advisor.)					
<i>Course</i>	<i>Title</i>	<i>Offered</i>	<i>Credits</i>	<i>Date</i>	<i>Grade</i>
CMP 2201	Business and Professional Communication. PREREQ	F, S, Su	3		
CMP 2202	Photo, Graphic, and Video Editing	F, S	3		
CMP 2241	Introduction to Public Relations	F	3		
CMP 2251	Introduction to Photography	F, S	3		
CMP 3308	Groups and Communication	F	3		
CMP 3339	Web Design. PREREQ	F, S	3		
ENGL 2206	Creative Writing Workshop	R ₁	3		
ENGL 3307	Professional and Technical Writing. PREREQ	F, S	3		
ENGL 3308	Business Communications. PREREQ	F, S, Su	3		
HIST 4432	U.S. Environmental History	R ₂	3		
MGT 3312	Individual and Organizational Behavior. PREREQ	F, S	3		
MGT 4441	Leading in Organizations. PREREQ	D	3		
HPSS 3322	Introduction to Sport Psychology	F, S	3		
HPSS 3364	Introduction to Sport Law	F	3		
HPSS 3366	Sport Marketing	S	3		
HPSS 4493	Issues in Sport. PREREQ	S, ASu	3		
POLS 4455	Environmental Politics and Policy. PREREQ	D	3		
POLS 4457	Grant writing	D	3		
		Total	6		

PREREQ-INDICATES THIS COURSE HAS A PREREQUISITE COURSE, SEE ISU ONLINE CATALOG FOR MOST CURRENT DETAILS

GRADUATION REQUIREMENTS:

In order to graduate from the Human Performance and Sport Studies Program as a major, in addition to the course requirements listed, the following must be successfully completed:

- Minimum grade of "C" (2.0) in professional courses.
- Minimum cumulative GPA of 2.7.
- Minimum GPA of 3.00 in the major.
- Completion of student portfolio.
- Exit Interview with advisor

*****STUDENTS MUST PRESENT EVIDENCE OF CURRENT FIRST AID/CPR CERTIFICATION TO THEIR ADVISOR AT THE TIME OF GRADUATION:

Certification/Expiration Date:	Certification Agency:
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