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**HPSS 6655 INTERNSHIP REFLECTION WORKSHEET**

*This form is to be completed by the student after the conclusion of the internship*

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| --- | --- |
| Student’s Name:Enter Name Here | Bengal ID #:Enter Bengal ID # Here |
| E-mail:Enter Email Address Here | Phone #: Enter Phone # Here | Faculty AdvisorEnter Name of Advisor Here |

|  |  |
| --- | --- |
| Internship Name/Location: Enter Site Name Here | Internship Supervisor: Enter Supervisor's Name Here |
| Internship Supervisor’s Email:Enter Supervisor's Email Address Here | Internship Supervisor’s Phone #:Enter Supervisor's Phone # Here |

**Please answer the following questions as they pertain to your professional goals and objectives related to your internship experience:**

1. **Please describe how this internship helped you apply core content from the athletic administration curricular program into hands-on practice.**

Enter Response Here

1. **In what ways were you able to enhance your understanding, ability and knowledge of the sports industry?**

Enter Response Here

1. **Now that you have completed your internship, what do you identify as your biggest professional strengths?**

Enter Response Here

1. **Now that you have completed your internship, what do you identify as your biggest professional weaknesses?**

Enter Response Here

1. **In what ways were you able to address and/or strengthen your skills in networking, negotiating and/or team building?**

Enter Response Here

1. **Describe at least one situation you experienced in your internship that forced you to either think outside the box or adapt to an uncomfortable situation.**

Enter Response Here

1. **Describe at least one situation you experienced in your internship in which you failed as a professional. What did you learn from the experience, and how did it help you grow as a professional?**

Enter Response Here

1. **How did this internship experience strengthen your understanding and resolve of your career goals?**

Enter Response Here

1. **If you had the opportunity to do it again, what would you change about your internship experience, if anything?**

Enter Response Here