

Human Performance and Sport Studies

## HPSS 4490 PRACTICUM REFLECTION WORKSHEET

This form is to be completed by the student after the conclusion of the practicum

| Student's Name: <br> Enter Name Here |  | Bengal ID \#: <br> Enter Bengal ID \# Here |
| :--- | :--- | :--- | :--- |
| E-mail: <br> Enter Email Address Here | Phone \#: <br> Enter Phone \# Here | Faculty Advisor <br> Enter Name of Advisor Here |


| Internship Name/Location: | Internship Supervisor: |
| :--- | :--- |
| Enter Site Name Here | Enter Supervisor's Name Here |
| Internship Supervisor's Email: | Internship Supervisor's Phone \#: |
| Enter Supervisor's Email Address Here | Enter Supervisor's Phone \# Here |

Please answer the following questions as they pertain to your professional goals and objectives related to your internship experience:

1. Please describe how you applied sport management core content and theory to hands-on practice.
Enter Response Here
2. Please describe the type of professional, trained supervision and guidance you received during your practicum. Provide details about the mentorship you received from your site supervisor.
Enter Response Here
3. Please describe how this practicum experience enhanced your understanding, ability and knowledge of the sport industry in a way that will assist you in your future goal to secure a career in sport.
Enter Response Here
4. Now that you have completed your practicum, please describe your career goals.

Enter Response Here
5. In what ways were you able to network with sport industry professionals as a result of your practicum?
Enter Response Here
6. Please describe what you feel are your greatest professional strengths related to a career in sport.
Enter Response Here
7. Please describe what you feel are your greatest professional weaknesses related to a career in sport.
Enter Response Here
8. In what ways do you feel you could improve those weaknesses to make them strengths?

Enter Response Here
9. If you had the opportunity to do it again, what would you change about your practicum experience, if anything?
Enter Response Here

