Heart!: Fully Forming Your Professional Life As a Teacher and Leader (Cultivate Mindfulness and Foster Productive, Heart-Centered Classrooms and Schools)

By: Timothy Kanold

Description:
This inspiring resource presents the concept of a heartprint (the distinctive impression that an educator's heart leaves on students and colleagues during his or her professional career). The author writes in a conversational, humorous manner as he offers his own anecdotes and reflections to help readers uncover their professional impact and foster productive, heart-centered classrooms and schools.

* Part 1 addresses Happiness: having passion, purpose, and a positive impact in education.

* Part 2 engagements, readers explore the engagement teachers must have in their work to put forth the needed energy and effort.

* Part 3 alliances, asks readers to be open to forming alliances with their fellow educators so they can collaborate effectively.

* Part 4 Risk Taking, demonstrates for readers why teachers should engage in vision-focused risk taking to create sustainable change in their schools.

* Part 5 Thought, focuses on the knowledge capacity educators should have to fulfill the heart of the teaching profession.