



Idaho State University

2026

03/30/26 - 04/03/26

Employee Appreciation Week

**MONDAY MARCH 30**

**Wall of Thank You Kick Off**  
All Campuses

**ISU Highlight:**  
**Benny's Pantry Volunteer**  
Sign Up Required  
8:15am - 10:00am  
Benny's Pantry, PSUB 3rd Level  
Pocatello Campus

**Color-A-Bengal**  
Registration Open Mon., March 30  
Submissions Due Thurs., April 2 at Noon  
Winner Announced Fri., April 3pm  
All Campuses

**ISU Highlight:**  
**Zumba**  
12:00 - 12:45pm  
Pocatello Recreation & Wellness Center  
Pocatello Campus

**Years of Service**  
All Faculty and Staff Invited  
3:00 - 5:00pm  
Pocatello: PSUB Ballroom  
Meridian Rm 681/682  
Idaho Falls: BSUB 109  
Twin Falls:  
Alaska:

**20% ISU Bookstore**  
ISU Faculty and Staff Only  
Please bring Bengal ID  
3:00-5:00pm  
Pond Student Union Building, 1st Floor  
Pocatello Campus

**ISU Highlight:**  
**Cycle and Tone**  
5:30pm - 6:15pm  
Pocatello Recreation & Wellness Center  
Pocatello Campus

**TUESDAY MARCH 31**

**Craft Activity: Bengal Keychain**  
10:00 a.m. - 11:00 a.m.  
Pocatello: PSUB, Level 2 Lobby  
Idaho Falls: BSUB Lobby  
Meridian: Main Lobby  
Twin Falls:  
Alaska:

**Be A Bengal Award Ceremony**  
**Sponsored by Lookout Credit Union**  
By Invitation Only  
12:00pm - 2:00pm  
All Campuses

**ISU Highlight: Yoga Core**  
12:00pm - 12:45pm  
Pocatello Recreation & Wellness Center  
Pocatello Campus

**ISU Highlight: Meditation**  
12:05pm - 12:35pm  
Meridian Wellness Center  
Meridian Campus

**The Great Bengal Race**  
3:00pm - 4:00pm  
Pocatello Campus

**Scavenger Hunt**  
3:00pm - 4:00pm  
Meridian, Idaho Falls, Twin Falls, Alaska  
Campuses

**Ambassador Walk**  
3:00pm - 4:00pm  
Pocatello Campus

**ISU Highlight:**  
**Upbeat Pilates (Pocatello)**  
5:30pm - 6:15pm  
Pocatello Recreation & Wellness Center  
Pocatello Campus

**WEDNESDAY APRIL 1**

**Staff Council Lunch**  
11:00am - 1:00pm  
Pocatello: Turner Hall  
Meridian: Room 681/682  
Idaho Falls: BSUB Multi-Purpose  
Twin Falls and Alaska  
All Campuses

# Employee Appreciation Week 2026

## WEDNESDAY APRIL 1

### **ISU Highlight: Cycle and Tone**

Time: 12:00pm - 12:45pm  
Pocatello Rec/Wellness Center  
Pocatello Campus

### **ISU Highlight: Meditation**

Time: 12:05pm - 12:35pm  
Meridian Wellness Center  
Meridian Campus

### **State of the University**

Time: 3:30pm  
Pocatello: Frazier Hall, Donuts at 3pm  
Zoom Link

### **ISU Highlight: Yoga (Pocatello)**

Time: 7:00pm - 7:45pm  
Pocatello Recreation & Wellness Center  
Pocatello

## THURSDAY APRIL 2

### **Dessert Social**

11:00pm  
Alaska and Twin Falls Campuses

### **Bowling & Dessert Social**

Hosted by Staff Council  
12:00pm - 1:00pm  
All Campuses

### **9-Square & Dessert Social**

12:00 - 2:00pm  
Idaho Falls Campus

### **ISU Highlight: Yoga Core**

Time: 12:00pm - 12:45pm  
Pocatello Recreation & Wellness Center  
Pocatello Campus

### **Color-A-Bengals Submissions Due**

Noon

### **Bowling/Ping Pong & Dessert Social**

1:00 - 2:30pm  
Main Hallway  
Meridian Campus

### **Change Leadership**

w/ Patience Ternus  
**Zoom Workshop**  
3:00 - 4:00pm  
Zoom - All Campuses

## THURSDAY APRIL 2

### **ISU Highlight: UpBeat Pilates**

Time: 5:30pm - 6:15pm  
Pocatello Recreation & Wellness Center  
Pocatello Campus

### **ISU Highlight: Powwow**

Time: 7:00pm  
Pond Student Union Building  
Pocatello Campus

### **Free Movie: Anaconda**

7:00pm  
Bengal Movie Theater  
Pocatello Campus

## FRIDAY APRIL 3

**Nature**  
w/ Rick Pongratz  
**Zoom Workshop**  
10:00 - 11:00am  
Zoom - All Campuses

### **ISU Highlight: Meditation**

Time: 11:00am - 11:45am  
Gravelly Hall  
Pocatello Campus

### **Jeopardy**

Hosted by Staff Council  
12:00pm - 1:00pm  
All Campuses

### **Food Bank Service Project**

12:00 - 2:00pm  
Meridian Campus

### **Hygiene Kits Service Project**

TBD  
Location  
Pocatello Campus

### **Free Movie: Anaconda**

7:00pm  
Bengal Movie Theater  
Pocatello Campus

## SATURDAY APRIL 4

### **Free Movie: Anaconda**

4:00pm & 7:00pm  
Bengal Movie Theater  
Pocatello Campus