

Safety and You at ISU

(courtesy of ISU Public Safety & the ISU Safety Committee)

September 2011

Emergency Preparedness—On and Off Campus

Here at Idaho State University, the safety and security of our students, faculty and staff - as well as the university's campus in general - is our mission.

The Public Safety Department has the primary responsibility for maintaining a safe and secure environment at Idaho State University.

The Department seeks to promote mutual cooperation and conflict resolution by establishing a positive social atmosphere where effective learning can take place.

However, we must also help individuals in our community learn how to make responsible decisions that will prepare them for the hazards they may face in our world today and tomorrow.

With that in mind, we encourage you to learn about and utilize the additional resources and services mentioned below, that will help you be aware, informed and prepared.

Be Alert:

Be aware of what is going on around you and report any unusual activity to ISU Public Safety.

Be Informed:

Know what hazards can occur in your area and know what you should do if they occur, and where to go.

Attend safety and security information sessions & classes.

Update your contact information with Registration & Records and/or Housing.

Program a family member or close friend into your cell phone using ICE (In Case of Emergency) in the name field. Emergency responders could use this to contact someone you designate if you are incapacitated.

Be Prepared:

⇒ Develop an emergency communication plan with family & friends

⇒ Know where to get official information:

ISU's website at http://www.isu.edu/pubsafe/emergency_announce.shtml

ISU Public Safety emergency line at 208-282-3936

⇒ Learn CPR and first aid. It might just save a life, including your own.

⇒ Develop an emergency supply kit.



ISU's Emergency Procedures Poster—An Emergency Procedures Poster has been created for all faculty, staff and student and can be found at this link: <http://www.isu.edu/pubsafe/errp/EmergencyProceduresPoster.pdf>

An Emergency can be man-made (bomb threats, biological/chemical/radiological threats, active shooter threats, etc.) or natural (floods, severe winter storms, thunder/lightning storms, earthquakes, etc.) - You Should Know What to do In a Crisis—

⇒ Stay calm. Quick, clear headed thinking can make all the difference.

⇒ Know where emergency blue light phones are located (see Public Safety's website for a list of locations).

⇒ Know Public Safety's phone number so you can call at a moment's notice (282-2515).

⇒ If living in University Housing, know when RAs are on duty and how to contact them.

⇒ Know where fire alarm pull stations and extinguishers are and where your exits are.

⇒ Know who your Building Coordinator is and how to contact them during an emergency situation.

⇒ ISU's Pocatello and Idaho Falls campuses now have exterior notification systems and most buildings on the Pocatello, Idaho Falls and Meridian campuses now have or will have interior notifications systems. Make sure you follow the instructions given over these systems.

Practice Fire Safety



As you move into on-campus housing or an off-campus apartment/home, unpack, and purchase text books, there is one more item to consider for your to-do list—Practice Fire Safety!

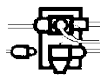
When you first move in:

- ⇒ Make sure the smoke alarms in the room, apartment, floor or home are in place and working. If not contact housing maintenance or your landlord to have them installed or fixed.
- ⇒ Arrange furniture and decorations to ensure all automatic fire sprinkler heads are clear.
- ⇒ Do not hang anything from or cover fire sprinklers or smoke detectors.
- ⇒ Keep furniture clear of windows and doors for quick exiting.
- ⇒ Never prop stairway doors open. Keep hallways clear.
- ⇒ Identify all emergency exits on your floor and in your building.
- ⇒ Never overload electrical outlets. Do not staple, tape, or nail extension cords or run them under carpeting.

Throughout the School Year:

- ⇒ Cook only in housing units where it's permitted.
- ⇒ Keep your cooking area uncluttered and clean.
- ⇒ Never leave cooking unattended.
- ⇒ If a fire starts in a microwave, keep the door closed and unplug the unit.
- ⇒ If you have to escape through smoke, get low and go under the smoke to your exit.
- ⇒ Before opening a door, feel the door. If it is hot, use your second way out.
- ⇒ Use the stairs; never use an elevator during a fire.
- ⇒ If you are trapped call the fire department and Public Safety and tell them where you are. Seal your door with rags and signal from a window.
- ⇒ If you have a disability alert others of the type of assistance you need to leave the building.
- ⇒ Always heed a fire alarm, even when it's only a drill. If you assume it's a drill or false alarm you could be putting your life in danger, as well as first responders who would have to come in to rescue you.
- ⇒ Smoking is prohibited in all buildings leased, owned, or controlled by the University, except in designated areas.
- ⇒ Candles, incense and other such items that have an open flame are not allowed in any University housing units and/or University offices on campus.
- ⇒ If you work at ISU or live in any ISU Housing Units make sure you read the ISU Fire Safety Policies at the following link: <http://www.isu.edu/pubsafe/policies/firesafety.pdf>
- ⇒ In addition, for more information check out ISU's Annual Security & Fire Safety Report at this link:

http://www.isu.edu/pubsafe/security/2010_Jeanne_Clery_Annual_Security_and_Fire_Safety_Report.pdf



Be Prepared for An Evacuation

Know your building's floor plan. Know where the stairs and fire extinguishers are located.

Determine in advance the nearest exit from your work or class location and the route you will follow to reach the exit in an emergency. Know the locations of alternate exits from your area.

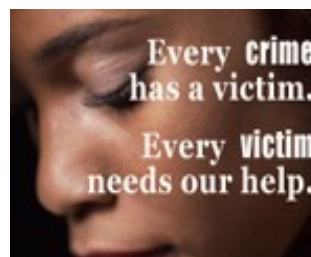
Know exactly how many doors you will pass along your evacuation route before you reach the nearest exit door. In heavy smoke, you can count the number of doors as you pass, so you will know when you reach the exit door.

Emergency evacuation signage is posted in buildings so that occupants can become familiar with the evacuation routes and assembly points for their area. Get to know who your Building Coordinator is and learn the buildings evacuation plan.

If Told To Evacuate!

- ⇒ Move calmly to exits. DO NOT run or push.
- ⇒ Follow instructions of emergency personnel or your Building Coordinator.
- ⇒ Alert personnel if someone needs help evacuating.
- ⇒ Bring your Emergency Kit, cell phone, keys, identification and special medication you may need.
- ⇒ Seek further information on the ISU website.

For a complete copy of ISU's Emergency Response Plan go to: http://www.isu.edu/pubsafe/emergency_menu.shtml



Domestic Violence

Don't Make Excuses, Make it Stop.

Where to go for help

ISU J.C. Anderson Gender Resource Center—282-2805
ISU Public Safety—282-2515
Family Services Alliance—251-4357
Pocatello Police Department—234-6100
Bannock County Sheriff—236-7114
Bannock County Court Services-236-7083
Bannock County Victim/Witness Coordinator - 236-7284