

## **Suggested Equipment List for Overnight Ski or Snowshoe Trips**

The following equipment list is a guide to help you prepare for overnight winter trips. More items are listed than you will actually need to give you an idea of some of the equipment possibilities.

Dressing in layers is the best choice for outdoor activities. As you get warm you can take off layers, and as you cool down during breaks, you can put them back on. The term synthetics on the clothing lists, below, refers to materials such as pile, capilene, synchilla, lycra or polypropylene.

Note also that some of the items can be shared. The tent and stove can be split up among the party. Repair and first aid kits can also be shared. Feel free to make copies of this list and pass it out to the members in your party.

Adapted from [Ski Camping: A Guide to the delights of Backcountry Skiing](#).

### **Clothing - Inner Layer**

- Long john top and bottoms (wool or synthetic)
- Inner socks (wool or synthetic)
- Liner gloves (wool or synthetic)
- Vapor barrier (plastic socks or bags, etc.)

### **Clothing - Insulating Layer**

- Pile shirts or jackets
- Down or synthetic fill jackets
- Down or synthetic fill vest
- Wool shirt
- Wool sweater
- Turtleneck
- Wool pants or knickers
- Pile pants
- Wool or pile socks (regular or knicker) (2 pairs)
- Wool stocking hat or balaclava
- Hood of jacket
- Mittens (wool or pile) (2 pairs)

### **Clothing - Protective Layer**

- Windshirt or parka with hood
- Rain jacket
- Wind pants
- Overmittens

### **Other Clothing Items**

- Suspenders, belt or webbing
- Bandana
- Face mask
- Gaiters

### **Pants Pockets**

- Matches (in waterproof container). Be sure to use “strike anywhere” matches.
- Knife
- Fire starter

## **Feet**

- Ski boots
- Insoles
- Extra socks
- Boot wax
- Down or synthetic fill booties
- Overboots

## **Skis/Snowshoes and Accessories**

- Skis & bindings or Snowshoes & bindings
- Poles (screw together type for avalanche terrain)
- Skins

## **Haulage**

- Pack
- Stuff bags with toggles

## **Bedroom**

- Sleeping bag
- Sleeping pad
- Bivouac bag
- Vapor barrier inner bag
- Tent (poles, snow stakes, fly, guy lines)
- Candle or candle lantern

## **Kitchen**

- |   |  |
|---|--|
| <input type="checkbox"/> Stove            | <input type="checkbox"/> 12"x12" ensolite pad for insulation under stove |
| <input type="checkbox"/> Matches in stove | <input type="checkbox"/> Fuel bottle (with gas)                          |
| <input type="checkbox"/> Funnel           | <input type="checkbox"/> Pots  |
| <input type="checkbox"/> Pot gripper      | <input type="checkbox"/> Cup   |
| <input type="checkbox"/> Spoon            | <input type="checkbox"/> Corkscrew (optional)                            |
| <input type="checkbox"/> Food             | <input type="checkbox"/> Water bottle & water                            |

## **Repair Kit**

- Sewing needle
- Nylon thread or dental floss
- Duct tape
- Sheet metal (5"x2") -for pole repair
- Epoxy
- Screwdriver which fits your binding screws
- Vice grips (5" size)
- Extra screws to fit bindings
- Ski tip
- Clevis pins (for external frame packs)
- Bailing wire
- Cables for cable binding users (skiers)
- Extra bail for pin binding users (skiers)
- Extra basket
- Extra stove parts (gasket for stove or fuel cap, etc.)

### **Emergency Kit**

- Matches (and striker in waterproof container)
- Fire starter (solid fuel pellets, candle, pitch wood, etc.)
- Compass
- Map
- Knife
- Whistle
- Nylon cord

### **First Aid Kit**

- Two gauze rolls (2" wide)
- Lip Balm
- Two triangular bandages
- Anti-acid tablets
- Band-aids-assorted sizes
- Safety pins
- Two-inch first aid tape
- Personal medications
- Moleskin for blisters
- Sun Screen
- Six sterile pads (4"x4")
- Ace bandage
- Butterfly closures
- Aspirin
- First aid book

### **Wax Kit (for those with waxable skis)**

- Waxes (two-wax system or assorted waxes)
- Cork
- Scraper
- Wax remover (often overnight skiers will use white gas which is normally carried for stoves)
- Hand cleaner
- Rag

### **Avalanche Safety**

- Pocket hand lens
- Avalanche transceiver
- Shovel

### **Personals**

- Lotion
- Toothbrush/paste
- Glasses or contacts
- Comb
- Mirror

### **Miscellaneous**

- Snow saw
- Sunglasses
- Sun block
- Goggles
- Headlamp or flashlight (spare batteries and bulb)
- Extra candles
- Watch
- Notebook/pencil
- Book
- Wire saw
- Thermometer
- Toilet paper