

Idaho State University School of Nursing is an approved provider of continuing nursing education by the Washington State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.



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Supported by the Division of Nursing, Bureau of Health Professions, Health Resources and Services Administration (HRSA) under D11HP11127-04, Rural Nurse Residency. The Information or content and conclusions are those of the author and should not be construed as the official position or policy, nor should any official endorsement be inferred by the organizations or the government.

**Idaho State
UNIVERSITY**

Northwest Rural Nurse Residency
School of Nursing
Idaho State University
921 S. 8th Avenue, Stop 8101
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RNUR04

**Idaho State
UNIVERSITY**
School of Nursing

**Rural Nurse
Leadership
Capacity Building
Initiative**

for
**Managers,
Executives
and Coaches**

Ability
Guidance
Foresight
Influence
Trust
Management
Harmony
Courage
Education
Knowledge
Skill
Priority
Guidance
Ability
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NEW RURAL NURSE MANAGERS AND EXECUTIVES WORK WITH COACHES TO EARN CONTINUING-EDUCATION CREDIT THROUGH WEBINARS, SELF ASSESSMENT AND PROJECTS BUILDING LEADERSHIP CAPACITY IN A YEAR-LONG PROGRAM.

LEADERS

Certificate Requirements

- Rural Employment
- Personal Coach
- All Component Completion

Curriculum

- Competent Self-Assessment
- Workshop
- Webinars
- Coach
- Two Work Projects
- Reflective Journal

Two Work-Related Projects

- One Small, One Large
- Demonstrate Competencies
- Written and Oral Presentations

One-Day Workshop (6 hours)

- Communication
- Relationship Building
- Health Care Trends
- Leadership Skills
- Professionalism
- Teamwork Development
- Patient-Centered Care

Monthly Webinars (3rd Wednesday)

- Interprofessional Relationships
- Conflict Management
- Quality Improvement Metrics
- Patient Care Delivery Models
- Change Management
- Systems Thinking
- Accountability
- Evidence and Ethics
- Strategic Management



COACHES

Coach Requirements

- 3 Years Management Experience
- Foster Leadership
- Workshop Completion
- Monthly Contacts

Two-Day Workshop (10 hours)

- Definitions and Models
- Skill Assessment
- Competence Validation
- Emotional Intelligence
- Strength Affirmation Strategies
- Appreciative Inquiry Methods
- Change and Other Myths
- Communication Strategies

Coaching Responsibilities

- Meet Monthly
- Provide Goal Setting Assistance
- Review Leadership Issues
- Discuss Leadership Development
- Facilitate Two Work Projects
- Share Evidential Resources
- Share Personal Experiences
- Encourage and Motivate
- Support Transitions to Practice

Program Highlights

- Initiative Participants are Free
- Continuing Education Credits
- Expert Speakers
- Competency Validation
- No Travel Required
- Support Materials

