

Better Today's. Better Tomorrow's. *For Children's Mental Health &* **Idaho Youth Suicide Prevention Project**

Institute of Rural Health
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YOU'RE INVITED TO A FREE CHILDREN'S MENTAL HEALTH TRAINING

Better Today's. and the Idaho Youth Suicide Prevention and Intervention Project (YSP) offer 1-1/2 day trainings across the state in 2008. The sessions are designed to train adult gatekeepers on the signs and symptoms of mental illness in children and youth, suicide risk assessment and intervention, the latest scientific information on childhood mental disorders and the impacts of trauma. Gatekeepers include parents and families, professionals, school faculty and staff, and others who care for or about Idaho's children. If you already received this flyer, please pass this copy on to someone you know.

January 23-24: Nampa, Idaho

Jan 23 9 a.m.-4 p.m.
Jan 24 8 a.m.-noon

Location: Hispanic Cultural Center of Idaho

315 Stampede Drive
Nampa, Idaho 83687

February 27-28: Twin Falls, Idaho

Feb 27 9 a.m.-4 p.m.
Feb 28 8 a.m.-noon

Location: College of Southern Idaho

Taylor Administration Building, 315 Falls Ave.
Twin Falls, Idaho 83301

March 12 & 13: Blackfoot, Idaho

March 12 9 a.m.-4 p.m.
March 13 8 a.m.-Noon

Location: Shilling House

81 N. Shilling Avenue
Blackfoot, Idaho 83221

April 8 & 9: Post Falls, Idaho

April 8 9 a.m.-4 p.m.
April 9 8 a.m.-Noon

Location: Real Life Ministries

1866 Cecil Road
Post Falls, Idaho 83854

Free Continuing Education Credit is offered to social workers, nurses, and licensed counselors as well as certificates of completion are provided to those who attend the entire 1 ½ days of training. **Parents, teachers, school counselors, leaders of community groups, foster parents and religious leaders are also encouraged to attend.**

How will you benefit from Better Today's training? Many of the warning signs psychiatrists and psychologists have identified for depression, anxiety, trauma, other disorders and suicide risk factors are discussed in this program. Early and appropriate treatment for children can address Idaho's high suicide rate among young people. Untreated, these illnesses can result in behavioral problems at school, difficulty learning, low self-esteem, poor school attendance and grades, impaired social development, difficulties with law enforcement, and even death.

PRE-REGISTRATION IS REQUIRED

CONTACT MARSHA TRACY AT IDAHO STATE UNIVERSITY, INSTITUTE OF RURAL HEALTH

208-373-1799 or email today@isu.edu

Lunch & snacks on your own. Beverage provided.