

**Health Education Minor
Teaching Track**

Name: _____ Bengal ID: _____ Email: _____

Catalog Year: _____ GPA: _____ Transfer: _____ Advisor: _____

1. The following criteria must be met for an applicant to be eligible for consideration for admission to the Teaching minor in health education:
 - Admission to the College of Education Teacher Education Program
 - Completion of Health Education Application Form
2. Students with a Health Education minor must pay careful attention to the prerequisite courses required as well as other specific courses required to fulfill the University general education requirements.
3. Students should meet with their advisor at least once every semester to ensure correct scheduling of coursework.
4. Health Education Minor: **(21 Credits)**

Teaching Minor Track

H E 200	Promoting Wellness	3 cr
H E 221	Introduction to Health Education	3 cr
H E 340, 340L	Fitness/Wellness Programs and Lab	3 cr
H E 342	Stress and Emotional Health	3 cr
H E 430	Curriculum and Methods in Health Education	3 cr
Two of the following three courses:		
H E 442	Environmental Health and Health Education	3 cr
H E 443	Substance Abuse and Health Education	3 cr
H E 445	Human Sexuality and Health Education	3 cr

5. Credits earned in a health education course with a grade of lower than a "C-" will not be counted towards the health education minor requirement, but will be calculated in the total credit calculation toward graduation.
6. **Teaching Minor ONLY** - Please meet with the College of Education Advising Center for more specific information and coursework requirements for the Teacher Education Program.
7. **Suggested Sequence of Courses for Health Education Minor**
 - a. **HE 200** and **HE 221** must be taken prior to enrollment of all HE 300-400 level courses unless approved by your advisor and/or by the instructor.