

Health Education Major Emphasis in Community/Worksite Health

Name: _____ Bengal ID: _____ Email: _____
 Catalog Year: _____ GPA: _____ Transfer: _____ Advisor: _____

1. Students electing the Health Education major with Emphasis in Community/Worksite Health must fulfill the University general education requirements for a BS or BA degree and the required coursework and additional electives to total a minimum of 128 credits.
2. Students majoring in Health Education must pay careful attention to the prerequisite courses required as well as other specific courses required to fulfill the University general education requirements.
3. Students should meet with their advisor at least once every semester to ensure correct scheduling of coursework.
4. A **minimum of 128** semester credit hours to include:

- Completion of the University general education requirements (see Academic Information and Graduate Requirements). Courses which fulfill both general education goals and major requirements:

Goal 1: ENGL 102 - Critical Reading and Writing	3 cr
Goal 2: COMM 101 - Principles of Speech	3 cr
Goal 3: MATH 253 – Introduction to Statistics	3 cr
Goal 4: BIOL 101,101L - Biology I, and Lab*	4 cr
Goal 11: ECON 202 - Principles of Microeconomics	3 cr
Goal 12: PSYC 101 - Introduction to General Psychology	3 cr

*Students pursuing the Bachelor of Science may substitute 12 hours in physical or biological sciences for Goals 4 and 5.

- Completion of the following required courses:

BIOL 301,301L Anatomy and Physiology, and Lab	4 cr
BIOL 302,302L Anatomy and Physiology, and Lab	4 cr
CIS 101, 101L Introduction to Computer Systems, and Lab	3 cr
ENGL 307 Technical Writing	3 cr
NTD 139 Consumer Nutrition	3 cr
OR	
NTD 239 Nutrition	3 cr

- Completion of the Health Education Major Core Requirements: **(21 credits)**

H E 200 Promoting Wellness	3 cr
H E 221 Introduction to Health Education	3 cr
H E 340,340L Fitness and Wellness Programs and Lab	3 cr
H E 342 Stress and Emotional Health	3 cr
H E 410 Behavior Change Theory and Application	3 cr
H E 420 Health Program Planning and Implementation	3 cr
H E 435 Health Program Evaluation and Research	3 cr

- Completion of the Community/Worksite Health Emphasis (**minimum of 40 credits**)

In addition to the Health Education Major Core, the following courses are required in the Community/Worksite Health emphasis:

H E 210 or HCA 210 Medical Terminology	2 cr
H E 383 Epidemiology	3 cr
H E 432 Community and Public Health	3 cr
H E 442 Environmental Health and Health Education	3 cr
H E 443 Substance Abuse and Health Education	3 cr
H E 445 Human Sexuality and Health Education	3 cr
H E 473 or HCA 473 Health Care Marketing	3 cr
H E 490 Practicum	8, 12, or 16 cr
HCA 350 Organizational Behavior and Health Care	3 cr
HCA 384 Human Resource Management in Health Care Organizations	3 cr
H E electives	6 cr

- Completion of elective courses.

Elective courses should be selected according to the student's interests and career needs, in conjunction with a faculty advisor. The total number of elective credit hours may include course prerequisites for general education requirements and is dependent on the health education major emphasis area selected.

5. Credits earned in a health education course with a grade of lower than a "C-" will not be counted towards the health education major requirement, but will be calculated in the total credit calculation toward graduation.
6. The student must present a current first aid and CPR card to her/his advisor.
7. **Sequencing of specific HE Courses**
 - a. **HE 200** and **HE 221** must be taken prior to enrollment of all HE 300-400 level courses unless approved by your advisor and/or by the instructor.
 - b. **HE 410** is a pre-requisite/co-requisite for **HE 420** and **HE 432**
 - c. **HE 420** is a pre-requisite/co-requisite for **HE 435** and **HE 473**
 - d. **HE 432** is a pre-requisite/co-requisite for **HE 473**