

MAJOR OR MINOR IN HEALTH EDUCATION

The field of health education is indeed an exciting and growing one. With the rapid changes in health care today, a prevention focus is of ever-increasing importance. For students interested in a major in health education, there are two degree emphases and a degree option. A teaching or non-teaching minor is also available. Thank you for considering a major/minor in health education. We hope the information provided will assist you with your decision on a degree program.

HEALTH EDUCATION MAJOR

EMPHASIS ONE: SCHOOL HEALTH

Students with a school health emphasis are training to teach health in public or private junior high or senior high schools. Students choosing the school health emphasis must also be admitted to the teacher education program and complete all requirements for teaching certification through the College of Education. Completion of at least one minor area of study is recommended. A list of possible minors and College of Education requirements may be found in the ISU catalog. It is recommended that the student have an advisor in both the College of Education and the Department of Health and Nutrition Sciences (HNS).

EMPHASIS TWO: COMMUNITY OR WORKSITE HEALTH

Student with a community/worksite emphasis are training to plan, implement, and evaluate health education and promotion activities in various settings such as health departments, hospitals, volunteer community health agencies (Red Cross, Cancer Society, Heart Association, Lung Association, etc.), health maintenance organizations, corporations, fitness facilities, wellness centers, or university settings. As with many occupations today, some of the sites listed above prefer to hire individuals with a graduate degree in health.

OPTION: ADDICTIONS STUDIES

This option provides the student with a broad understanding of substance abuse issues as well as specific strategies to prevent/intervene with individuals in a variety of settings. Possible Certified Alcohol and Drug Counselor (CADC) certification with additional course work is possible.

HEALTH EDUCATION MINOR

Students can elect to earn a **Teaching Minor** or a **Non-Teaching Minor** in health education. Students interested in the **Teaching Minor** must be accepted to the College of Education Teacher Education Program.

APPLICATION PROCEDURES

A formal application for admission in either a major or a minor is required of all students. Students interested in a health education major or minor should review and complete the respective major or minor application criteria. For assistance with your program application, please call 282-2729 or visit the HNS office in Reed Gym #105 to schedule a meeting with a faculty member/advisor.

APPLICATION CRITERIA

MAJORS ONLY

Current Idaho State University students who have met the prerequisites listed on the application form may apply for program admission during the first semester of their sophomore year. The following criteria must be met for an applicant to be eligible for consideration for admission to the MAJOR in health education:

1. A minimum of a 2.75 cumulative GPA at the time of application.
2. Completion of or concurrent enrollment in the following courses with a “C-” grade or better:
 - ENGL 102 - Critical Reading and Writing
 - COMM 101 - Principles of Speech
 - MATH 253 – Introduction to Statistics
 - BIOL 101, 101L - Biology I, and Lab
 - BIOL 301, 301L - Anatomy and Physiology, and Lab
 - BIOL 302, 302L - Anatomy and Physiology, and Lab
 - CIS 101, 101L - Introduction to Computer Systems, and Lab
 - NTD 139 - Consumer Nutrition

OR

 - NTD 239 - Nutrition
 - H E 200 - Promoting Wellness
 - H E 221 - Introduction to Health Education
3. A 150-word statement of your philosophy concerning health education.
4. A statement describing an occupational goal that includes the use of health education.
5. The student must present a current first aid and CPR card to her/his advisor.

MINORS ONLY

The following criteria must be met for an applicant to be eligible for consideration for admission to the MINOR in health education:

Teaching Minor

1. Admission to the College of Education Teacher Education Program
2. Completion of Health Education Application Form

Non-Teaching Minor

1. A minimum of a 2.75 cumulative GPA at the time of application.
2. Completion of Health Education Application Form
3. Completion of the following courses with a C- or better
 - a. HE 200 – Promoting Wellness
 - b. HE 221 – Introduction to Health Education

*******TRANSFER STUDENTS ONLY*******

1. Students transferring in with an associate's degree may make immediate application for admission.
2. Transfer students must have their transcripts evaluated for transfer credits by the Office of Admissions prior to application for program admission.
3. Transfer students who have satisfied the Idaho State University general education requirements, have at least a 2.75 GPA, and have completed the equivalent of the courses listed above will be considered for admission.

All students accepted into the health education program must maintain at least a 2.75 GPA during their undergraduate studies.

SUBMIT THE HEALTH EDUCATION APPLICATION FORM AND ANY SUPPORTING DOCUMENTS TO:

BY MAIL:

Undergraduate Health Education Program
Department of Health and Nutrition Sciences
Idaho State University
921 S. 8th Ave; STOP 8109
Pocatello, ID 83209-8109
(208) 282-2729
(208) 282-4903 FAX

BY HAND DELIVERY:

Reed Gymnasium Room #105

HEALTH EDUCATION APPLICATION FORM

Date: _____ Gender: _____ Male _____ Female Bengal ID #: _____

Name: _____ Email Address: _____

Local Address: _____ Local Phone: _____

Transfer Student: _____ NO _____ YES If YES, list school: _____

Cumulative Grade Point Average: _____

MAJORS ONLY

Indicate which major emphasis or option:

_____ School Health _____ Community/Worksite _____ Addictions Studies

For the following courses, indicate the grade received and the semester completed.

Course	Grade	Semester		Course	Grade	Semester
ENGL 102				BIOL 101/101L		
COMM 101				BIOL 301/301L		
MATH 253				BIOL 302/302L		
CIS 101/101L				NTD 139 or 239		
HE 200				HE 221		

In addition, attach the following to this application form:

- (1) A 150-word statement of your philosophy concerning health education
- (2) A statement describing an occupational goal that includes the use of health education.
- (3) A copy of all transcripts of completed college courses (photocopies are acceptable).
- (4) A photocopy of current first aid and CPR card.

NOTE: School Health emphasis must also be admitted to the College of Education Teacher Education Program

MINORS ONLY

Indicate which minor:

_____ Teaching Minor _____ Non-teaching Minor

1. TEACHING MINORS: Attach copy of the Teacher Education Program admission letter.
2. NON-TEACHING MINORS: indicate the grade/semester for HE 200 and HE 221
 - a. HE 200 – GRADE _____ SEMESTER _____
 - b. HE 221 – GRADE _____ SEMESTER _____

Your application will be reviewed, and you will be notified of your application status. Thank you for your interest in Health Education at ISU.

Student Signature _____ Date _____

Advisor's Signature _____ Date _____

Department Review By _____ Date _____

For office use only: ACCEPT: _____ If ACCEPTED, indicate date of ACCEPTANCE: _____
 DENY: _____ If DENY, indicate reason(s) for denial: _____

Semester to Begin HE Program _____