

IDAHO STATE UNIVERSITY COLLEGE OF TECHNOLOGY

PROGRAM TITLE: MASSAGE THERAPY

Information included in this handout may change at anytime without notice and should not be considered as a binding contract between Idaho State University and students.

Program Options & Length:

Massage Therapy, Technical Certificate	3 ½ Semesters
Massage Therapy, Associate of Applied Science	4 ½ Semesters

**Entry dates
for this program:**
August

**Approximate cost
for books, tools,
& supplies:**
\$ 1,894.00
(See below for registration fees.)

**For more information,
Contact:**
Idaho State University
College of Technology
Student Services Office
921 S 8th Ave. STOP 8380
Pocatello, ID 83209-8380
208-282-2622
e-mail: ctech@isu.edu
www.isu.edu/ctech/

The Massage Therapy program provides classroom, laboratory, and student practicum instruction which prepares graduates to sit for the National Certification for Therapeutic Massage and Bodywork (NCBTMB) exam.

Prerequisite courses: The following courses (or equivalents) must be completed prior to acceptance into the program:

HO 105	Intro to Allied Health Careers	2 credits
HO 106	Medical Terminology	2 credits
BIOL 101/101L	Biology I and Lab	4 credits
HO 111	Intro to Anatomy & Physiology	4 credits
MSTH 100	Intro to Massage Therapy	2 credits

ACT scores are not required for acceptance to the College of Technology; **however they are required to qualify for some scholarships.**

TUITION AND FEES

Fees apply to the current Idaho State University fee schedule located at <http://www.isu.edu/finserv/costinfo.shtml>.

Fees include **mandatory** student health insurance, any student with existing health insurance coverage may be exempt and waivers are available at <http://www.isu.edu/stuhlth/insurance/pp.html>.

ADMISSION STEPS

- Complete and return an Application for Admission along with a check or money order for \$40 (non-refundable), payable to Idaho State University. You may also apply online via the Idaho State University home page: www.isu.edu . Click on Prospective Students.
- Submit official college transcripts, if applicable, from each accredited institution of higher education that you have attended.
- Submit an official copy of your high school transcript or GED scores (Not required if you have completed and submitted proof of 14 or more academic credits from an accredited institution of higher education.)
- Meet with a College of Technology counselor, if desired, to obtain more in-depth information. To make an appointment, call (208)282-2622.
- Either:
 1. Complete the COMPASS Placement test. This test enables us to place you in the appropriate classes to enhance your success in college.
 2. Submit ACT/SAT scores, valid for seven (7) years from the date of testing. ACT scores are not required for acceptance to the College of Technology, however they are required to qualify for some scholarships
- Apply for financial aid if needed. Questions, call (208) 282-2756.
- Former College of Technology students who have been out of school one semester or more must complete the necessary forms in the Student Services office before returning to the program. Re-entering student must meet the requirements as outlined in the catalog effective at the date of their re-enrollment.

Idaho State University subscribes to the principles and laws of the State of Idaho and the federal government, including applicable executive orders pertaining to civil rights. All rights, privileges, and activities of the University are made available without regard to race, creed, color, sex, age, disability, national origin or veteran status. The University is an Equal Opportunity and Affirmative Action employer. Evidence of practices that are not consistent with such a policy should be reported to: Leonard E. "Buddy" Frazier, Affirmative Action Director; Museum Building, Room 422 Box 8315.E-mail frazleon@isu.edu, (208) 282-3964.

Idaho State University is committed to equal opportunity in education for all students, including those with documented disabilities. If you have a diagnosed disability or if you believe that you have a disability that might require reasonable accommodations, please contact: Dennis J. Toney, ADA Disabilities and Resource Center Director; Gravely Hall, Room 123 Box 8121.E-mail tonedenn@isu.edu, (208)282-3599.

Licensure, certification, and/or employment applications related to some degree programs require students to disclose any history of criminal prosecution which may include the student's driving record. Students who have a criminal history are strongly encouraged to contact the licensing agency or meet with the coordinator of the program they are interested in, prior to beginning classes, to discuss potential impediments to licensure, certification, or employment.

IDAHO STATE UNIVERSITY COLLEGE OF TECHNOLOGY
PROGRAM TITLE: MASSAGE THERAPY

COURSE SEQUENCE

Recommended Prerequisites

Course #	Course Title	Credits
HO 105	Introduction to Allied Health Careers	2
HO 106	Medical Terminology	2
HO 111	Introduction to Anatomy & Physiology	4
BIOL 101/101L	Biology I and Lab	4
MSTH 100	Introduction to Massage Therapy	2

Fall Semester

Course #	Course Title	Credits
MSTH 105	Principles of Therapeutic Massage	2
MSTH 107/107L	Professional Massage Techniques and Lab	4
MSTH 121	Massage Therapy Practicum II	1 2 nd 8 weeks
MSTH 104	Introduction to Kinesiology	2
MSTH 200	Special Issues in Massage	3

Spring Semester

Course #	Course Title	Credits
MSTH 150/150L	Therapeutic Procedure and Assessment/ and Lab	3 1 st 8 weeks
MSTH 160/160L	Advanced Therapeutic Massage Techniques and Lab	4
MSTH 121	Massage Therapy Practicum	1
HO 208	Introduction to Pathology	3
MSTH 203/203L	Energetic and Asian Bodywork Theory and Techniques/ and Lab	3 2 nd 8 weeks
MSTH 240/240L	Clinical and Sports Massage Techniques and Lab	2

Summer Session

Course #	Course Title	Credits
MSTH 170	Hydrotherapy and Spa Techniques	2
MSTH 121	Massage Therapy practicum	AAS 3, TC 2
MSTH 210	Business Skills for Massage	2
MSTH 221	Massage Therapy Internship	2

Students will also need to schedule the following classes if they are seeking the Associate of Applied Science degree: ENGL 101, ENGL 102, 3 credits from Goal 3, and PSYC 101.

IDAHO STATE UNIVERSITY COLLEGE OF TECHNOLOGY

PROGRAM TITLE: MASSAGE THERAPY

BOOK AND TOOL LIST

Textbooks may be purchased at the University Bookstore located at the Pond Student Union - Building #14. Textbooks may also be purchased or reserved on-line through www.efollett.com or the bookstore's website at www.isu.edu/bookstor. Payments may be made with cash, check, VISA, Mastercard, American Express, or Discover. A shipping charge will be added for mail orders. See the bookstore's website for more information on purchasing or reserving books or for refund policy information. **Save Your Receipts!**

Approximate total book and tool costs for this program's options are listed below. Additional book costs will vary depending on the courses taken to fulfill general education requirements for the AAS degree. For a breakdown of books by individual class requirements, you must check your course curriculum.

NOTE: PRICES ARE SUBJECT TO CHANGE AT ANYTIME WITHOUT PRIOR NOTIFICATION

I. BOOKS

DESCRIPTION	APPROXIMATE PRICE	
HO 105 INTRO TO ALLIED HEALTH CAREERS		
INTRO TO HEALTH PROFESSIONS	0763758233	80.00
HO 106 MEDICAL TERMINOLOGY		
EXPLORING MEDICAL LANGUAGE	0323051835	76.00
HO 111 INTRO ANATOMY & PHYSIOLOGY		
ESSEN. OF ANATOMY & PHYSIOLOGY	0073228051	139.00
ANATOMY & PHYSIOLOGY COLORING WORKBOOK	0805347784	53.00
HO 208 INTRO TO PATHOLOGY		
HUMAN DISEASES (W/CD)	1401870881	89.00
HANDBOOK OF PATHOPHYSIOLOGY	1582553023	45.00
MSTH 100 INTRO TO MASSAGE THERAPY		
MASSAGE THERAPY CAREER GUIDE FOR HANDS-ON SUCCESS	1418010515	42.00
Choose one of the following: THE VITAL TOUCH MASSAGE THERAPY RESEARCH	0805053549 0443102011	
MSTH 105 THERAPEUTIC MASSAGE		
THEORY & PRACTICE OF THERAPEUTIC MASSAGE	1401880293	102.00
MSTH 150 THERAPEUTIC PROCEDURE & ASSESSMENT		
MANAGING PHYSICAL STRESS W/ THERAPEUTIC MASSAGE	1418014896	45.00
MSTH 210 BUSINESS SKILLS FOR MASSAGE		

MARKETING MASSAGE	148032142	42.00
MSTH 240 CLINICAL & SPORT MASSAGE TECHNIQUES		
BASIC CLINICAL MASSAGE THERAPY	0781756778	60.00
APPROXIMATE TOTAL BOOKS	\$ 773.00	

II. CLASS FEES

DESCRIPTION	APPROXIMATE PRICE
MSTH 107 – Apron, badge, linen usage fee, lubricants	\$70.00
MSTH 121 – Lubricants, linen usage fee (Fall and Spring semesters)	\$76.00 (\$38.00 per semester)
MSTH 160 – Lubricants, linen usage fee	\$30.00
MSTH 170 – Spa products and lubricants	\$40.00
APPROXIMATE TOTAL OTHER EXPENSES	\$216.00

III. TOOLS

DESCRIPTION	APPROXIMATE PRICE
Table, Face Cradle, storage bag	\$650.00
Set of twin sheets	\$30.00
Bolster – 6 inch	\$30.00
APPROXIMATE TOTAL OTHER EXPENSES	\$710.00

IV. OTHER EXPENSES

DESCRIPTION	APPROXIMATE PRICE
ISU Public Safety Criminal Background Check (Required for acceptance into the program)	\$50.00
Medical History Form filled out and immunization records completed by end of Fall Semester (approximate cost)	\$125.00
Graduation application fee for first certificate/degree	\$20.00
Optional fee for any additional Certificate/Degree	(10.00)
APPROXIMATE TOTAL OTHER EXPENSES	\$195.00

APPROXIMATE TOTAL BOOKS, TOOLS, ETC-MASSAGE THERAPY	\$1,894.00
--	-------------------

TUITION AND FEES ARE SUBJECT TO CHANGE WITHOUT PRIOR NOTIFICATION. ANTICIPATE ADDITIONAL EXPENSES ASSOCIATED WITH THIS PROGRAM:

**TEXTBOOKS ASSOCIATED WITH ACADEMIC COURSES,
TRANSPORTATION, PARKING, CHILD CARE, HOUSING.**

YOU MUST CHECK YOUR CLASS SCHEDULE TO DETERMINE TEXTBOOKS REQUIRED BY INSTRUCTOR.