

IDAHO STATE UNIVERSITY COLLEGE OF TECHNOLOGY
PROGRAM TITLE: MASSAGE THERAPY

COURSE SEQUENCE

Recommended Prerequisites

Course #	Course Title	Credits
HO 105	Introduction to Allied Health Careers	2
HO 106	Medical Terminology	2
HO 111	Introduction to Anatomy & Physiology	4
BIOL 101/101L	Biology I and Lab	4
MSTH 100	Introduction to Massage Therapy	2

Fall Semester

Course #	Course Title	Credits
MSTH 105	Principles of Therapeutic Massage	2
MSTH 107/107L	Professional Massage Techniques and Lab	4
MSTH 121	Massage Therapy Practicum II	1 2 nd 8 weeks
MSTH 104	Introduction to Kinesiology	2
MSTH 200	Special Issues in Massage	3

Spring Semester

Course #	Course Title	Credits
MSTH 150/150L	Therapeutic Procedure and Assessment/ and Lab	3 1 st 8 weeks
MSTH 160/160L	Advanced Therapeutic Massage Techniques and Lab	4
MSTH 121	Massage Therapy Practicum	1
HO 208	Introduction to Pathology	3
MSTH 203/203L	Energetic and Asian Bodywork Theory and Techniques/ and Lab	3 2 nd 8 weeks
MSTH 240/240L	Clinical and Sports Massage Techniques and Lab	2

Summer Session

Course #	Course Title	Credits
MSTH 170	Hydrotherapy and Spa Techniques	2
MSTH 121	Massage Therapy practicum	AAS 3, TC 2
MSTH 210	Business Skills for Massage	2
MSTH 221	Massage Therapy Internship	2

Students will also need to schedule the following classes if they are seeking the Associate of Applied Science degree: ENGL 101, ENGL 102, 3 credits from Goal 3, and PSYC 101.